# MINUTES CALIFORNIA MENTAL HEALTH SERVICE AUTHORITY STRATEGIC PLANNING MEETING

Napa Valley Marriott, Napa, CA 94558 Wednesday, September 9, 2009

#### MEMBERS PRESENT

Allan Rawland, MSW, CMHSA President, San Bernardino County Mike Oprendek, LCSW, CMHSA Vice President, Solano County Dr. Wayne Clark, PhD, CMHSA Secretary, Monterey County Denise Hunt, MFT, CMHSA Central area Rep., Stanislaus County Curtis Boewer, MPA, MFT, CMHSA Treasurer, Colusa County Dr. Mark Montgomery, CMHSA Board Member, Shasta County Dr. Karen Baylor, PhD, MFT, CMHSA Southern Area Rep., San Luis Obispo

#### **MEMBERS ABSENT**

Tom Sherry, MFT, CMHSA Board Member, Sutter/Yuba County

#### OTHERS PRESENT

Meliah Bird, George Hills Company, Inc.
Alice Washington, California Institute for Mental Health
Pat Ryan, CMHDA
Bruce Gogenas, Marin County
Anne Marillo, Planning Council
Michael Laffert, Colusa County
Dr. Sandra Naylor-Goodwin, California Institute for Mental Health
Karolyn Stein, Humboldt County
Ed Walker, Butte County
Dr. Steve Mayberg, DMH
Dr. Larry Polster, OAC Vice Chair

#### 1. CALL TO ORDER

The meeting was called to order at 1:09 p.m. by President, Allan Rawland.

#### 2. INTRODUCTIONS

Everyone present introduced him/herself. Allan Rawland, President, San Bernardino County; Mike Oprendek, Vice President, Solano County, Dr. Wayne Clark, Secretary, Monterey County; Curtis Boewer, Treasurer, Colusa County; Denise Hunt, Central Area Representative, Stanislaus County; Dr. Mark Montgomery, Board Member, Shasta County.

#### 3. PUBLIC COMMENT

Dr. Mark Montgomery of Shasta County stated that there have been some concerns from his County Counsel with his involvement with the JPA. He is allowed to participate as a member but not allowed to vote. Shasta is currently working with Humboldt and the wording issues. He has forward the questions and concerns to Ms. Santin at George Hills Company.

Karolyn from Humboldt County stated that her County as well as three others at this point was in the process of putting together a letter to the JPA that addresses their questions and concerns. Karolyn stated the following questions from these Counties. One question was that the counties want to know if each Board of Supervisors is receiving the same JPA Agreement version and if each Board member is allowed to sign the "changing version" of the agreement. Suggestion was that a copy of the JPA Agreement being attached to the Resolution at the time of signing. Another question was in regards to the validity of the agreement and the original "40" Counties that was originally mentioned. Another question was that the JPA Agreement mentions the limits or cap detailing the MHSA Funding and the amount each county gets. Another question or recommendation that the JPA Agreement mention insurance against tort claims for the individual counties. They are requesting more time to look into the Govt. Code 6503 and the JPA Powers. The final question was in reference to the voting and the proportions and allotment per County.

Mr. Boewer stated that his County Counsel approved the current JPA Agreement and Bylaws knowing that as Counties added the changes or additions would be made and at the final version when all counties are in then the County Counsel would then look over again at that point.

### 4. <u>APPROVAL OF AGENDA AS POSTED (OR AMMENDED)</u>

The Board considered approval of the agenda as posted or amended.

Mr. Oprendek motioned to approve the agenda. Seconded by Mr. Boewer. Motion passed unanimously.

#### 5. NEW MEMBER OUTREACH/DEVELOPMENT

### 5.A. Approval of New applicants for Membership

No Counties were presented for membership. It was stated that Marin County and LA County are in process with their Board of Supervisors.

## 6. CONSENT CALENDAR

- 6.A. Minutes from August 13, 2009 Board Meeting.
- 6.B. Minutes from August 28, 2009 Teleconference Board Meeting.

Dr. Clark motioned to approve the Consent Calendar which included the Minutes of August 13, 2009 and the Minutes of August 28, 2009. Seconded by Mr. Boewer. The motion carried unanimously.

#### 7. STRATEGIC PLANNING

#### 7.A. CMHSA Strategic Plan

As a group all CMHSA Board members participated in a Strategic Planning Session. Please see attached document.

Dr. Steve Mayberg, from Department of Mental Health (DMH) presented at 1:57 p.m. Dr. Mayberg stated he sees many opportunities with the JPA. He stated that there was tremendous opportunity with statewide, local, regional, and special projects. The JPA is a mechanism that can allow the individual counties to get there funds from the state. The focus should remain on doing the projects right, efficiently, and with accountability. There is opportunity at the state, regional, and local levels. Dr. Mayberg stated that DMH would like to contract with the JPA to establish accountability and get projects done. He is excited to do future business with the JPA and would like to see more than eight (8) counties. He feels that we are all on the same page and trying to achieve the same goals and objectives. Dr. Mayberg mentioned that the JPA must be compatible with the Oversight Accountability Committee (OAC) guidelines and that the strategic direction needs to be executed. Currently there is a three (3) County anomaly that has gone to the OAC Board and been approved to move forward. The JPA can submit a plan, with a reasonable approach; get the OAC to review, and then implement the plan.

Dr. Larry Polster, the Vice Chair from the OAC stated it was very gratifying to see where the JPA was and its growth. He stated for the OAC front and center is the idea to implement strategic direction of the projects. He stated the OAC is looking forward to working with the JPA and there are many opportunities to make important things happen. Currently the OAC is working on guidelines and on the fast track to adopt in November. He stated that there is a huge commitment from the OAC to these statewide projects. Any resources the OAC can provide they will to assist the JPA. The JPA will need to construct plans that are along the lines of the guidelines of the OAC to further the statewide projects. Workforce, Education, and Training (WET). was mentioned by the audience, and it was noted by Dr. Mayberg that the funding was not assigned back, a standard was presented and the funds were sent directly versus the reassigning funds from the state. The guest speakers concluded at 2:44 p.m.

Mr. Boewer motioned to create a Workgroup with three (3) Board Members. Mr. Oprendek Seconded. Motion carried unanimously. Allan Rawland, Mike Oprendek, and Dr. Wayne Clark will be the Workgroup.

Meeting Break at 2:45 p.m. for five minutes.

Meeting called to order at 2:50 p.m.

### 8. <u>ADMINISTRATIVE MATTERS</u>

# 8.A. Memorandum of Understanding (MOU) CMHSA PEI Capacity Building Project

Dr. Clark presented Exhibit A: Description of Services. The document was developed collaboratively with his staff and Dr. Sandra Naylor-Goodwin, Executive Director of California Institute for Mental Health (CiMH). The document was presented to the board. Dr. Clark stated that this could be used as a Scope of Work and then clarification be put into the Bylaws regarding the projects and the language that is needed. After the Scope of Work is approved then the Request for Proposal (RFP) and contracting can be done. Ms. Hunt stated she would like the document modified to say under "Statewide Projects" -Statewide Projects but not limited to...Ms. Hunt also asked that a Project 6/Letter F. be added to state Other Projects as determined by the members of the JPA. Ms Hunt also suggested that in the title it is added Technical Assistance after the Capacity Building. Mr. Rawland asked how it would be then operational or put into action. Mr. Oprendek stated this document would allow an invoice to the Counties to get funding to the JPA for the projects. It was noted and the Workgroup made up of Allan Rawland, Mike Oprendek, and Dr. Wayne Clark stated that they would collaborate and make these changes as well as make the document appropriate for it to be approved by the Board next meeting to be able to take to their individual Board of Supervisors for approval.

# Mr. Oprendek motioned to move forward with the document provided with appropriate changes. Mr. Boewer Seconded. Motion passed unanimously.

The document will be worked on by the workgroup and presented again at the next Board Meeting for adoption to take to each individual County Board of Supervisors.

Mr. Boewer requested from the Board which document is accessible to sign and send to the state to rescind the funding from the state and have it sent to the JPA. It was stated by the Board that the Workgroup will also work on the document that will go to the state to rescind the funding.

# 8.B. CMHSA Agreement for Administrative and Financial Services with Optimum Risk Advisors (ORA) a division of George Hills Company

Mr. Rawland presented the Contract for Administrative and Financial Services that was looked over and modified by his County Counsel. For lack of time Mr. Rawland instructed each Board member to take the Contract with him/her and review and get back to him within two weeks regarding any changes or modifications. Mr. Rawland wants to have the Contract ready for signature at the next meeting.

# 8.C. Governing Document: Review and discuss Draft CMHSA Bylaws.

Mr. Rawland noted that the Bylaws are still in draft form. There was no conversation or presentation regarding the Bylaws.

# 8.D. Consideration/Appointment of CMHSA Legal Counsel-Murphy, Campbell, Guthrie, Alliston.

The Board had requested a recommendation from George Hills Company in regards to legal counsel. Mr. Rawland noted that John Chaquica of George Hills Company provided a proposal from Legal Counsel Murphy, Campbell, Guthrie, and Alliston. Due to time constraints Mr. Rawland asked the Board Members to look over the proposal and next meeting present any question or concern. Mr. Rawland also noted that he, Mr. Boewer, and members of George Hills Company would need to collaborate regarding funding and getting more to the JPA because at this time the legal council could not be afforded.

# 9. ADJOURNMENT

Meeting was adjourned at 3:56 p.m. by President, Allan Rawland.

Respectfully submitted,

Dr. Wayne Clark, PhD Secretary, CMHSA Date

# California Mental Health Services Authority (CMHSA) Strategic Planning Workshop – Draft Notes

September 9, 2009Note: all of the following is subject to confirmation by CMHSA members and reflects a synthesis of discussion.

#### Vision:

The California Mental Health Services Authority (CMHSA) provides an intergovernmental structure for counties to jointly develop, fund and implement mental health services and educational programs at the state, regional, and local levels. CMHSA promotes systems and services arising from a commitment to community mental health and the values of the California Mental Health Services Act:

- Community Collaboration
- Cultural Competence
- Client/family-driven mental health system for older adults, adults and transition age youth and family-driven system of care for children and youth
- Wellness focus, which includes the concepts of recovery and resilience
- Integrated service experiences for clients and their families throughout their interactions with the mental health system

**Mission Statement** (A mission statement typically describes how an organization operates in order to meet its vision.):

The CMHSA provides an administrative structure with flexibility for member counties to develop collaborative partnerships and pool efforts to: 1) effectively and efficiently develop and implement common strategies and programs; 2) provide fiscal integrity, protections and manage collective risk; and 3) provide accountability at the state, regional and local levels.

Stakeholders (This area requires further discussion)

The following reflects discussion of a list of stakeholders related to CMHSA and definition of the relationship:

Stakeholder	Role related	Business	Customer	Friend	Need to
	to JPA	Partner			discuss
MHSAOC	X				
DMH	X				
Planning		X	<u> </u>		
Council			_		
Family			X		
(NAMI)					
Consumer			X		
Network					<u> </u>

Board of	X				
Supervisors					
Member			X		
Counties					
CMHDA				X	
CiMH		X			
Stakeholder					X
Agencies					
CCCMHA	-	X			
MHSA State					X
Level					
Partners					
CSAC		X			
Legislature	X				

There was also consideration given to the notion that CMHSA has a single group of customers/stakeholders consisting of member counties and their Boards of Supervisors. This point of view acknowledges that member counties may have stakeholder relationships with all of the above, but that CMHSA is specifically focused on serving its members' interests.

#### Goals & Objectives:

There was not adequate time to develop the goals and objectives. The following are a general list of areas to address in the next strategic planning session:

- 1. Figure out the mechanism to move funds from state to county to JPA
- 2. Retain Legal Counsel
- 3. Explore statewide administration funds to support administering the projects
- 4. Create and Implement Specific Projects
- 5. Research/Analyze effectiveness of those projects
- 6. Distribute findings and conclusions of projects

### Goals/Objectives

Purpose: How you know you are addressing your mission.

Plan to get other counties on board

- Outreach to stakeholders
- Figure out how to get money
  - o Mechanism from state (step-by-step)
    - From counties to JPA
    - Unstuck group
- Retain legal counsel
  - o Strategize funding
- Explore MHSA administrative money (5%)
- Evaluate O/C and effectiveness
  - o Distribute funding
- Operationalize authorities
- Operationalize program work
- Survey member counties to determine interest for Training, TA & Capacity Building
  - o +other counties