



BEHIND
closed doors
I'M FALLING
APART

On the surface, a friend experiencing emotional pain or suicidal thoughts may seem OK. The warning signs — like isolation, depression or hopelessness — aren't always obvious. Knowing the signs is the first step toward being there for a friend in need. Visit suicideispreventable.org to recognize the signs, find the words and reach out. You have the power to make a difference. The power to save a life.

Learn the signs at suicideispreventable.org

Pain Isn't Always Obvious

KNOW
THE SIGNS

Suicide Is Preventable



In crisis call the National
Suicide Prevention Lifeline
1.800.273.8255