

CalMHSA Express Week of April 15, 2013

Extra! Extra!  
CalMHSA Express



WELLNESS • RECOVERY • RESILIENCE

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**Week In Review:**

- *Student Filmmakers Selected for Next Round of “Directing Change” Competition*
- *Student Mental Health Policy Workgroup’s Curriculum Recommendation Endorsed by CalMHSA*
- *New esuicideTALK tool available to Counties*
- *UC Systemwide Summit Brings Mental Health Partners Together*

**Hot News (funded by CalMHSA and Proposition 63)**

***Student Filmmakers Selected for Next Round of “Directing Change” Competition:*** A total of 371 Public Service Announcement submissions to prevent suicide and change minds about mental illness were received, representing 922 students from 35 counties. Regional winners of the statewide “Directing Change” student video contest have been selected to move onto the second, statewide round of judging. Entries were judged by volunteer experts in mental health and suicide prevention, members of the media and professionals in filmmaking and video production. Regional contest winners come from Butte, Contra Costa, El Dorado, Fresno, Inyo, Los Angeles, Marin, Monterey, Napa, Orange, Placer, Riverside, Sacramento, San Diego, San Luis Obispo, Santa Clara, Solano, Sonoma, Tulare, and Yolo counties. Statewide contest winners will be announced in an award ceremony May 23rd, 2013 at the Crest Theater in Sacramento featuring director Bradley Buecker and actor Max Adler, who plays “Dave Karofsky” from Fox’s hit TV series Glee. View the full list of regional winners and their winning videos [here](#). For more information, contact Jana Sczersputowski at [jana@adease.com](mailto:jana@adease.com).

***Student Mental Health Policy Workgroup’s Curriculum Recommendation Endorsed by CalMHSA:*** At their April 12, 2013 meeting, CalMHSA’s Board of Directors endorsed the Student Mental Health Policy Workgroup’s recommendation that “the State Superintendent of Public Instruction request that appropriate credentialing

*programs(starting with multiple/single-subject and administrative services credentials) include mental health and wellness curricula with information about mental health conditions and how they manifest at school.” Policy recommendations made by the Workgroup are intended to help educators identify, reach, and teach students affected by mental health conditions and promote school environments and strategies that improve the learning environment. The Workgroup’s full recommendation can be viewed [here](#). For more information, contact Ann Collentine, CalMHSa Program Director, at [ann.collentine@calmhsa.org](mailto:ann.collentine@calmhsa.org).*

***New esuicideTALK tool available to Counties:*** *As part of the CalMHSa Suicide Prevention Training Workforce Enhancement Program, a new online suicide awareness tool is available to counties from LivingWorks Education. The esuicideTALK program aims to build awareness of suicide and introduces activities that can make an individual or someone they care about safer. esuicideTALK is available for anyone within a community ages 15 and up. Up to 16,100 individual user licenses for esuicideTALK will be distributed primarily by the three CalMHSa Suicide Prevention Training Coordinators. For more information, including preview licenses for County Liaisons, please contact your assigned trainer coordinator or e-mail [usa@livingworks.net](mailto:usa@livingworks.net). Visit <http://www.esuicidetalk.net/>, or contact Jerry Swanner at [jerry.swanner@livingworks.net](mailto:jerry.swanner@livingworks.net) for more information.*

***UC Systemwide Summit Brings Mental Health Partners Together:*** *On March 28, 2013, the University of California convened a Systemwide Mental Health Summit at UC Irvine. The Summit included almost 100 representatives from the UC Office of the President, ten UC campuses, the California State University and California Community College systems, California Mental Health Services Authority, and County Departments of Mental Health. The Summit provided the opportunity for participants to discuss emerging mental health issues, share promising practices, and increase collaboration between higher education systems. Contact Taisha Caldwell at [Taisha.Caldwell@ucop.edu](mailto:Taisha.Caldwell@ucop.edu), for more information.*

*Do you have news to share? Send submissions to Jenna Thompson at [Jenna@paschalroth.com](mailto:Jenna@paschalroth.com).*