

# Extra! Extra! CalMHSA Express



WELLNESS • RECOVERY • RESILIENCE

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## **Week In Review:**

- *Study shows negative bias in media reporting on mental health issues*
- *UC Davis trains peer counselors to identify distress among underrepresented students*
- *Program Partner Spotlight illustrates how Disability Rights California and Community Clinics Initiative work together to combat mental health discrimination*

## **Hotshots (funded by CalMHSA and Proposition 63)**

### ***EIC Releases Analysis of Mental Health Coverage by California Media:***

*The Entertainment Industries Council's TEAM Up project has released the results of its analysis of mental health coverage by California English and Spanish language newspapers. Findings show that, while there are some bright spots, negative portrayals and language far outweigh positive stories, especially in Spanish language media.*

*Spanish language papers were identified as being receptive to resources, offering an opportunity for further outreach and education. The report includes recommendations for best practices when reporting stories that include a mental health angle. The report is available here: <http://bit.ly/MHNewsAnalysis>*

*For more information, contact: Nedra Weinreich [TEAMUp@eiconline.org](mailto:TEAMUp@eiconline.org) 866-284-9767*

***UC Davis Conducts Training on Recognizing and Responding to Students in Distress:*** *On November 27, staff psychologists at UC Davis' Counseling and Psychological Services provided a presentation to 15 student peer counselors from the Educational Opportunity Program (EOP).*

*The EOP program focuses its efforts on improving the access, retention, and graduation of students who have been historically disadvantaged in social and/or economic domains. This presentation equipped peer counselors with the tools to identify signs of distress among members of their campus community. The presentation also provided specific strategies on how to encourage these individuals to seek assistance from the appropriate campus services. For more information, contact: Sharon Cooper [sharon.cooper@ucop.edu](mailto:sharon.cooper@ucop.edu) 510-987-9877*

***Program Partner Spotlight Features Disability Rights California and the Community***

***Clinics Initiative:*** *The Third CalMHSA Program Partner Spotlight illustrates how program partners collaborate to combat mental health discrimination. The spotlight is available here: <http://calmhsa.org/wp-content/uploads/2012/12/DRC-CCI-final-12-6-12.pdf>*

*Previous issues of the Program Partner Spotlight are available on the CalMHSA website: <http://calmhsa.org/documents/newsletters-reports/>*

**Prop. 63 In the News**

*Redding newspaper, Record Redding Searchlight highlights Shasta County's local Mental Health Services Act PEI programs and suicide prevention resources.*

- [\*Suicide leaves legacy of anger and pain\*](#): *Two families share their stories of healing by helping others through local MHSA anti-stigma programs, Brave Faces Portrait Gallery and NAMI Shasta County Speakers' Bureau.*
- [\*Three steps to help those with suicidal intentions\*](#): *Local mental health experts advise prevention, intervention and treatment to help friends and family at risk.*

**Down the Pipeline**

*Note: Due to the upcoming holidays, there will be no CalMHSA Express on Monday, December 24 and 31.*