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Week In Review:

- *New Grants Available to Foster Community Dialogue on Mental Health Issues*
- *UCLA's Interactive Depression Screening Reaching Underserved Students*
- *CSU Stanislaus PEER Project Reaches Campus Community with Resources Event*
- *Disability Rights California Releases New Stigma Reduction Project Fact Sheet*
- *Kern County Mental Health Crisis Hotline Provides Suicide Prevention Training and Resource Education*

Hot News (funded by CalMHSa and Proposition 63)

New Grants Available to Foster Community Dialogue on Mental Health Issues: Through CalMHSa's Stigma and Discrimination Reduction Initiative, **grants are available to small or rural counties or community-based organizations in small or rural counties** to foster understanding of mental health issues through "Community Dialogue" events. The events will bring together opinion leaders, business owners, health care professionals, law enforcement officials, educators, family members, and people who have experienced the devastating effects of stigma and discrimination because of mental health challenges. As a starting point for community discussion, groups will view an upcoming documentary produced by KVIE set to air on PBS stations statewide this May. Grant applications outlining collaborative efforts, hosting of multiple events, conducting of events reaching multiple small counties, and/or direct and focused contact with community decision-makers will be eligible for grants of up to \$30,000. Grants of up to \$10,000 may be awarded for applications that outline a single event. Intent to apply and questions are due Friday, March 29th. Final applications should be submitted by 5:00 pm Friday May 3. Applications are available online [here](#). Direct any questions and correspondence to grants@rs-e.com.

UCLA's Interactive Depression Screening Reaching Underserved Students: Since the

launch of the online Interactive Depression Screening Program (ISP) in August of 2012, UCLA has invited 4,400 graduate and professional school students to complete an anonymous mental health assessment. Many of the identified students are international and first generation college students who are historically underserved in the area of mental health. UCLA is excited about the reach of this program and plans to roll out the ISP to undergraduates in the upcoming academic year. Contact: Taisha Caldwell, taisha.caldwell@ucop.edu.

CSU Stanislaus PEER Project Reaches Campus Community with Resources Event: On March 13, 2013, over 400 members of the CSU Stanislaus campus community attended the "Community Resources Event" sponsored by the university's Prevention, Education, Empowerment, Relief (PEER) Project. The event brought together campus and community organizations to offer resources for students. More than 25 organizations offering peer support, veterans' services, behavioral health and recovery services, LGBTQ and other support services had tables at a daytime resource fair. Evening events included performances and education aimed at de-stigmatizing mental health issues and services. Contact: Daniel Berkow at dberkow@csustan.edu.

Disability Rights California Releases New Stigma Reduction Project Fact Sheet: Disability Rights California just released a new publication, "[Preventing Employment Discrimination Against People with Mental Health Disabilities](#)." The 6-page fact sheet contains important information aimed at reducing employment discrimination against people with mental health disabilities, including: who is protected under the law, what types of discrimination are prohibited, and what employers' duties are in preventing discrimination and making reasonable accommodations. The fact sheet is one in a series of educational pieces produced by Disability Rights California's partnership with CalMHSA to reduce stigma and discrimination through education. Other informative publications can be found [here](#). Contact: Margaret.Jakobson@disabilityrightsca.org.

Kern County Mental Health Crisis Hotline Partners with Campuses on Suicide Prevention: Transitions-Mental Health Association collaborates with the Kern County Mental Health Crisis Hotline, which is partnering with Bakersfield College and California State University, Bakersfield to provide on-campus education about mental health and suicide prevention resources and to engage students in suicide prevention. Ten Hotline volunteers were recruited from the campuses in the month of February and 60 Cal State peer mentors were trained in Question, Persuade, Refer (QPR) suicide prevention strategies last month. This successful partnership has demonstrated that community education and hotline volunteer recruitment efforts complement each other, enabling Kern to increase the community's knowledge about suicide, prevention, and local resources. Contact: Barry Johnson, bjohnson@t-mha.org.

Down the Pipeline

Disability Rights California Provides an Inside View of Living in an Institution: On March 23, 2013, at the UCLA Law School Symposium on Disability on the UCLA campus,

Disability Rights California will participate on a panel regarding legal issues related to stigma and discrimination and discuss the experiences of people with mental health disabilities who live in institutions. Contact: Margaret.Jakobson@disabilityrightsca.org.

Do you have news to share? Send submissions to Nikki Paschal at nikki@paschalroth.com.