

CalMHSA Express Week of January 6, 2014

Extra! Extra!
CalMHSA Express



WELLNESS • RECOVERY • RESILIENCE

Week In Review:

- *Deadline Extended for Generation Next Competition*
- *Kings County Behavioral Health Launches New Truancy Prevention Effort*
- *UC Riverside Event Puts Mental Health Resources at Students' and Families' Fingertips*
- *January Program Partner Spotlight Highlights LivingWorks Education's Innovative Suicide Prevention Trainings*

Hot News (funded by CalMHSA and Proposition 63)

Deadline Extended for Generation Next Competition: The Entertainment Industries Council, Inc. (EIC)'s Generation Next film/television, journalism, and social media competition has extended its deadline for entries to February 14th, 2014. The competition gives students in the CSU, UC, and California Community College systems, as well as private colleges and universities across California, the opportunity to practice meaningful and socially-conscious storytelling while exploring an essential topic: mental health. View a [video](#) for more information, and visit Generation Next's [website](#) to apply. Contact: Sabine Sighicelli at ssighicelli@eiconline.org

Kings County Behavioral Health Launches New Truancy Prevention Effort: As part of the Regional Student Mental Health Initiative, Kings County Behavioral Health in collaboration with the Tulare County Office of Education, the Kings County Office of Education, and the Kings County District Attorney's Office, recently launched a new collaborative truancy prevention and education effort. The collaboration focuses on educating parents and the public that school attendance is the law, that there are other benefits in addition to the education that children receive when they are in school, the services available to overcome causes of truancy, and the potential consequences of truancy or chronic absenteeism. 24,000 copies of [Tackling Truancy](#) will be included in area newspapers, and another 26,000 copies will be provided to schools, probation

departments, and local Student Attendance Review Boards to be shared with parents. Contact: Ahmadreza Bahrami at Ahmadreza.Bahrami@co.kings.ca.us.

UC Riverside Event Puts Mental Health Resources at Students' and Families' Fingertips: UCR recently hosted a Family Fun Day for graduate students, where all students were welcomed to attend with their significant others and children, to ensure that students were aware of campus resources. The participating students completed depression and anxiety mood screenings at the event, and each participant was encouraged to download the "Just in Case" mobile app to gain quick access to both on and off campus resources. Contact: Natalie Rios at natalie.rios@ucr.edu.

January Program Partner Spotlight Highlights LivingWorks Education's Innovative Suicide Prevention Trainings: January's [Program Partner Spotlight](#) highlights the research and development, experience, and beliefs that make LivingWorks Education a premier suicide intervention training organization, and how their work helps people become empowered about suicide intervention. Previous issues of the Spotlight can be found [here](#).

Prop. 63 in the News

The [Santa Barbara Independent](#) highlights UC Santa Barbara's new suicide prevention outreach effort designed to encourage everyone in the campus community — students, staff and faculty alike — to "say something" when they are concerned about suicide risk. The campaign includes a mobile device app offering educational information and relevant resources and a speakers series that engages the community in raising suicide prevention awareness.

Down the Pipeline

Jewish Family Service of San Diego Hosts a Community Conversation on Mental Illness: On January 29th, 2014, the Behavioral Health Committee of Jewish Family Service of San Diego will host "A Community Conversation on Mental Illness: Living with Love, Despair and Hope." The event will feature Liza Long, who drew national attention to her struggle in finding mental health support for her son in the blogpost, "I Am Adam Lanza's Mother," and Alfredo Aguirre, LCSW, MSW, Director of Behavioral Health Services, County of San Diego, who will discuss San Diego County's available programs, services and policies. Register online at www.ifssd.org/community. Contact: Carole Yellen at caroley@ifssd.org.

NAMI CA Seeks Participants in Parents and Teachers as Allies Training: On Saturday, March 8th, 2014, NAMI CA will host Parents and Teachers as Allies in Sacramento. The two-hour in-service program will focus on helping school professionals and families within the school community better understand the early warning signs of mental illness and how to best intervene. If you are interested in being part of a trained team and want to participate, please email Kelly Boyles at Kelly.boyles@namicalifornia.org for an application and additional information.

Do you have news to share? Send submissions to Jenna Thompson at Jenna@paschalroth.com.