CalMHSA Express Week of November 18, 2013

Extra! Extra!
CalMHSA Express

Week In Review:

- *The Second Annual Tools for Change Conference is Looking for Proposals*
- *Generation Next Invites College Students to Tell Stories About Mental Health*
- *UC Irvine's Interactive Screening Program Touted as Exemplar Suicide Prevention Effort*
- *"There is Hope" Publication Reaches Placer County Residents*
- *Register for MY3 Suicide Prevention Mobile App Webinar*
- *November Program Partner Spotlight Highlights the Center for Dignity, Recovery and Stigma Elimination*

Hot News (funded by CalMHSA and Proposition 63)

The Second Annual Tools for Change Conference is Looking for Proposals*: The Center for Dignity, Recovery and Stigma Elimination is proud to announce the Second Annual Tools for Change Conference, March 6th-8th, 2014, in downtown San Francisco. The goal of the conference is to share tools for freeing communities from stigma associated with mental health conditions and suicidality. For more information, and to submit a presentation proposal, click here. Contact: Rachel Del Rossi at rachel@mentalhealthsf.org.*

Generation Next Invites College Students to Tell Stories About Mental Health*: The Entertainment Industries Council, Inc. (EIC)'s Generation Next, a program of TEAM Up (Tools for Entertainment And Media), launched its film/television, journalism, and social media competition and its faculty curricular support program this month. The competition gives students in the CSU, UC, and California Community College systems, as well as private colleges and universities across California, the opportunity to practice meaningful and socially-conscious storytelling while exploring an essential topic: mental health. View a video for more information, and visit Generation Next's website to apply*

no later than November 30th, 2013. Contact: Sabine Sighicelli at ssighicelli@eiconline.org.

***UC Irvine's Interactive Screening Program Touted as Exemplar Suicide Prevention Effort**: UCI's successful student mental health initiatives were featured at the Orange County "Out of Darkness Community Walk," the American Foundation for Suicide Prevention's signature fundraising campaign for suicide prevention. Dr. Negar Shekarabi, staff psychologist & CalMHSA grant coordinator at UCI, delivered the event's keynote speech to over 700 community members, highlighting UCI's Interactive Screening Program as a successful partnership between the campus and CalMHSA to address student mental health. Contact: Negar Shekarabi at nshekara@uci.edu.*

***"There is Hope" Publication Reaches Placer County Residents**: The Campaign for Community Wellness published "There is Hope," a newspaper insert included in the Sacramento Bee and other publications received by Placer County residents. The publication included personal stories as well as CalMHSA messages and resources, such as Each Mind Matters, ReachOut, the Friendship Line, WellSpace Health and Know the Signs. Contact: Maureen Bauman, LCSW at mbauman@placer.ca.gov.*

***Register for MY3 Suicide Prevention Mobile App Webinar**: On November 19th, 2013 from 1:00-2:00pm, the Know the Signs Campaign will officially introduce the MY3 suicide prevention mobile app to California. MY3 features a customizable safety plan and resources page, and connects users to their primary support networks when they have thoughts of suicide. Join the webinar to learn about MY3's unique features, its website, and how you can spread word about MY3. Register for the MY3 Suicide Prevention Mobile App Webinar here. Contact: Theresa Ly at tly@edc.org.*

***November Program Partner Spotlight Highlights the Center for Dignity, Recovery and Stigma Elimination**: November's Program Partner Spotlight highlights the Mental Health Association of San Francisco's (MHASF) effort to enhance the effectiveness of community-driven stigma change programs. Through the Center for Dignity, Recovery and Stigma Elimination, MHASF has developed a resource hub of best practices and emerging strategies that represent California's cultural diversity. Previous issues of the Spotlight can be found here.*

Down the Pipeline

***New Opportunities to Become a Bay Area TXT Supporter**: Inspire USA, the non-profit behind ReachOut.com, is launching the next phase of ReachOut TXT, a peer-to-peer support and informational text service for teens and young adults going through tough times. ReachOut TXT is seeking additional volunteers for a planned expansion of services to two nights per week in 2014. Interested, caring young people, ages 16-24 years old interested in volunteering at the ReachOut San Francisco office bi-weekly from 4-8pm can apply here by January 10th, 2014. Volunteers must attend a three-day training in San Francisco on January 24th–26th, 2014. Contact: Emily O'Brien at emily@inspire.org.*

Do you have news to share? Send submissions to Jenna Thompson at Jenna@paschalroth.com.