

CalMHSA Express Week of June 10, 2013

Extra! Extra!
CalMHSA Express



WELLNESS • RECOVERY • RESILIENCE

Week In Review:

- *Los Angeles County Department of Mental Health Releases Emmy Award Winning “Profiles of Hope”*
- *Disability Rights California Conducts Housing Rights Training*
- *Orange County Dept. of Education Presents Student Mental Health Research at National Conference*
- *Mental Health Advocate Honored for Student Mental Health Efforts*
- *Reminder! NAMI California is Looking for Ending the Silence Presenters*

Hot News (funded by CalMHSA and Proposition 63)

Los Angeles County Department of Mental Health (LACDMH) Releases Emmy Award Winning “Profiles of Hope”: *The series of inspirational stories highlights high-profile individuals who share how they overcame stigma and found hope, wellness, and recovery. Featured in the series are: singer, actor and writer Rick Springfield; actor Mariel Hemingway; and director and producer Paris Barclay of F/X’s “Sons of Anarchy.” “Profiles of Hope” can be used as a teaching tool and to erase stigma. The series is available on the [LACDMH website](#) as well as on [Youtube](#). For more information contact Kathleen Piche at KPiche@dmh.lacounty.gov.*

Disability Rights California Conducts Housing Rights Training: *The “Know Your Rights in Housing” training was presented at the 2nd Annual Innovations in Recovery Conference in Los Angeles on June 3rd. The training discussed the stigma people with mental health challenges face in housing, and basic fair housing rights, including the right to reasonable accommodations. Contact Margaret Jakobson-Johnson at Margaret.Jakobson@disabilityrightsca.org for more information.*

Orange County Dept. of Education Presents Student Mental Health Research at National Conference: *The results of a CalMHSA K-12 Student Mental Health Initiative*

demonstration project were presented at the April 2013 Annual Meeting of the American Educational Research Association. The pilot project surveyed students on school climate and student mental health issues and found that school climate factors of social, emotional and physical security were negatively associated with mental health concerns of depression, anxiety, and stress. For more information contact Dr. Lucy Vezzuto at lvezzuto@ocde.us or 714.327.1081.

Mental Health Advocate Honored for Student Mental Health Efforts: Kelsey Kehoe, who has developed and expanded mental health services on the Cuesta College Campus funded by CalMHSAs and local Proposition 63 funds, was recognized by the San Luis Obispo Community Foundation for her work to create a barrier-free community for people with disabilities. Kelsey's receipt of the Paul Wolff Accessibility Advocacy Award recognized her work to develop mental health awareness programs on campus, including starting an online suicide prevention training and implementing Mental Health First Aid training. Kelsey has also brought Active Minds, a student run club that works to increase mental health awareness and eliminate stigma, to the campus. Contact Barry Johnson at 805.540.6540 for more information.

Reminder! NAMI California is looking for Ending the Silence Presenters: NAMI California is seeking presenters to participate in an educational program designed for high school audiences. Through a PowerPoint, short videos, and personal testimony, students learn symptoms and indicators of mental illness, as well as how to help themselves or others who may be in need of support. Young adults (18-29) with lived experience are particularly encouraged to apply. Upcoming two-hour webinar trainings will be offered on June 12th and June 27th. If you are interested, please complete the application [here](#) and email/fax to Beth Larkins at beth.larkins@namicalifornia.org or 916.567.1757 (fax).

Prop. 63 in the News

Patrick Arbore, director and founder of the Center for Elderly Suicide Prevention at San Francisco's Institute on Aging, a CalMHSAs program partner, was featured as a suicide prevention expert in the [Washington Post's](#) examination of suicide rates among the "Baby Boomer" population.

In "[Seeking Serenity in a Patch of California Land](#)," the New York Times highlights Fresno County's MHSAs-funded community gardens that demonstrate a culturally-relevant approach to Prevention and Early Intervention aimed at fostering resiliency among Hmong, Latino and other community members experiencing depression and post-traumatic stress.

Do you have news to share? Send submissions to Jenna Thompson at Jenna@paschalroth.com.