

CalMHSA Express Week of August 12, 2013

Extra! Extra!
CalMHSA Express



WELLNESS • RECOVERY • RESILIENCE

Week In Review:

- *San Francisco Suicide Prevention Increases Visibility in LGBTQ Community*
- *UC Santa Cruz Distributes Red Folders to Campus Community*
- *San Diego Colleges Take the Plunge for Suicide Prevention*
- *August Program Partner Spotlight Highlights EIC's Partnership with the Media and the Entertainment Industry*

Hot News (funded by CalMHSA and Proposition 63)

Rural Communities to Begin Hosting Community Dialogue Events: Through CalMHSA's Stigma and Discrimination Reduction contract, 14 organizations were recently awarded grants to host a series of Community Dialogue events in rural communities across the state as early as this fall. Each event will be centered on the documentary "A New State of Mind: Ending the Stigma of Mental Illness," and complementary video stories. These events will bring together opinion leaders, business owners, health care professionals, law enforcement officials, educators, family members, and consumers to discuss how to overcome the effects of stigma and discrimination associated with mental health challenges in their communities. Contact Nicole Jarred at NJarred@rs-e.com for more information and a list of grantees.

San Francisco Suicide Prevention (SFSP) Increases Visibility in LGBTQ Community: With CalMHSA's support, SFSP has been able to significantly increase its LGBTQ community outreach. Recently, SFSP staff and volunteers marched and exhibited at San Francisco Pride, reached out directly to the San Francisco leather community, exhibited at "Up Your Alley," an LGBTQ street fair, and offered information and resources at South of Market bars and nightlife venues – all with the goal of expanding awareness of suicide prevention hotline and other community services. SFSP also hosted a suicide prevention workshop at a local LGBT Community Center that educated 30 people and provided a welcoming space for heartfelt dialogue, as suicide attempters themselves were able to

describe to caregivers their feelings in a safe atmosphere. Contact David Paisley davidp@sfsuicide.org for more information.

UC Santa Cruz Distributes Red Folders to Campus Community: UCSC has distributed over 6,790 Red Folders – a valuable informational resource for recognizing and intervening with students in distress – to faculty and staff. A strategic partnership has also been established with UCSC’s Human Resources to include the Red Folder as part of new employee orientation materials. Contact Dr. Emilie Cate at eecate@UCSC.edu for more information.

San Diego Colleges Take the Plunge for Suicide Prevention: Higher Education partners of San Diego County came together on July 16, 2013 to share best practices and collaborate for upcoming trainings and peer events. Members of the San Diego Higher Education Committee, including UC San Diego, Cal State San Diego and San Marcos, San Diego City College, Mira Costa College, National University, and the Suicide Prevention Council’s Project Manager, Yeni Palomino, convened at the first ever Higher Education Campus Plunge to discuss how to sustain collaborations and partnerships throughout the next academic year, and meet monthly to continue these dialogues. Contact Monique Mendoza Crandal, Ph.D. at mmendoza@ucsd.edu or (858) 822-2614 for more information.

August Program Partner Spotlight Highlights EIC’s Partnership with the Media and the Entertainment Industry: August’s [Program Partner Spotlight](#) highlights how the Entertainment Industries Council engages with the professionals who create entertainment and report the news to develop accurate and balanced portrayals of mental illness. EIC’s collaborative partnerships help journalists and creative professionals do their jobs to produce realistic, compelling, accurate stories while harnessing the power of these industries to change social norms for the better. Previous issues of the Spotlight can be found [here](#).

Down the Pipeline

The Los Angeles County Suicide Prevention Network Commemorates National Suicide Prevention Day: On September 10th, this year’s 3rd Annual Suicide Prevention Summit will be presented at the California Endowment Center in Los Angeles and be sponsored by the Network’s CalMHSAs partners: the Los Angeles County Department of Mental Health Partners in Suicide Prevention, Didi Hirsch Mental Health/Suicide Prevention Center, Region 11 K-12 Student Mental Health Initiative, AdEase, the Entertainment Industries Council and United Advocates for Children and Families. The Summit will feature keynote addresses by Columbia University’s Kelly Posner, PhD on the Columbia Suicide Severity Rating Scale and Barbara Stanley, PhD on Safety Planning. If you are interested in attending, please [click here](#) to download and complete the pre-registration survey. Email the completed survey to suicideprevention@dmh.lacounty.gov or fax it to (213) 351-2015 with attention to Yvette Fierro by August 15th. Contact Richard Lieberman at lieberman_richard@lacoed.edu or (562) 922-6733 for more information.

NAMI CA Seeks Sacramento Area Teachers for Provider Education Training: NAMI CA is looking for teachers who are a family member of an individual with mental illness; an individual living with mental illness who is in recovery; or a mental health professional who has experience working with individuals with mental illness. The Provider Education Program is a 5-week course that presents a penetrating, subjective view of family and consumer experiences with serious mental illness to teachers and other providers who work directly with people experiencing severe and persistent mental illnesses. The Sacramento Regional Teacher Training is scheduled for September 21st-22nd in Citrus Heights. [Click here](#) or contact Nereida Castillo at Nereida.Castillo@namicalifornia.org to complete an application by August 30th.

Do you have news to share? Send submissions to Jenna Thompson at Jenna@paschalroth.com.