

CalMHSA Express Week of September 23, 2013

Extra! Extra!
CalMHSA Express



WELLNESS • RECOVERY • RESILIENCE

Week In Review:

- *PRISM Awards and Each Mind Matters Featured on TV and at National Event*
- *Community Dialogue Events Engage Small County Audiences*
- *“Walk in Our Shoes” School Performances Reach Students Across California*
- *Mental Health Friendly Communities Launches in Solano County*

Hot News (funded by CalMHSA and Proposition 63)

PRISM Awards and Each Mind Matters Featured on TV and at National Event: *The 17th Annual PRISM Showcase, aired on national TV beginning September 14th, 2013 on FX and mtvU and can currently be viewed on MTV.com. The show recognizes accurate depictions of mental health and substance abuse prevention, treatment and recovery. Connecting the event to California's Each Mind Matters campaign, honorees and hosts wore green ribbons and host Dr. Drew pointed viewers to Each Mind Matters resources. Presented by CalMHSA's Stigma and Discrimination Reduction Partner, the Entertainment Industries Council, Inc., the show will continue airing on various outlets nationally and locally through March 31st, 2014; check your local listings. On September 4th, 2013, EIC also took California's Each Mind Matters movement to a national stage at the Substance Abuse and Mental Health Services Administration's National Recovery Month Luncheon. The event recognizes the role the recovery community plays in overall health, and spreads the message that prevention works, treatment is effective and people can and do recover from substance abuse and mental health challenges. Participants wore green ribbons and recognized PRISM awards honorees. For more information, contact Nedra Weinreich at nweinreich@eiconline.org.*

Community Dialogue Events Engage Small County Audiences: *Whole Person Learning hosted the first of four Placer County events in Foresthill on September 16th, 2013. Co-hosted by the Placer County Youth Commission and the Auburn Hip Hop Congress, the Stigma and Discrimination Reduction program event engaged the audience with clips*

from "A New State of Mind," live music and a personal story about suicide, and introduced attendees to local mental health resources. Contact Ashley Bradley at abradley@rs-e.com for more information.

"Walk in Our Shoes" School Performances Reach Students Across California: Since its launch on August 26th, 2013, the "Walk In Our Shoes" school tour has reached over 5,500 students in Sacramento, Butte, Calaveras, Alpine, Placer and El Dorado counties. The play, which is part of a multi-faceted statewide media campaign targeted to adolescents and uses the power of storytelling to block stigmatizing beliefs before they set in, has been well received by teachers and students alike. For kid-friendly information, real life stories about mental health, and resources for students, parents and teachers to learn more about how to deal with mental health challenges, visit www.WalkInOurShoes.org, or PonteEnMisZapatos.org. Contact Kayla Hansen at khansen@rs-e.com with questions.

Mental Health Friendly Communities (MHFC) Launches in Solano County: Offering an innovative opportunity for faith leaders, mental health service providers and consumers to work together to address the needs of the local community, the faith-based initiative MHFC launched with a kick-off event in Solano County on August 24th, 2013. MHFC will be introduced in Solano, Sacramento, San Bernardino/Riverside and Kern Counties to reduce stigma and discrimination related to mental health challenges among African Americans through an inclusive faith-based initiative that creates "mental health-friendly communities" and identifies local resources to sustain them. For more information, contact Minister Monique Tarver at (510) 552-5284 or moniquetarver@yahoo.com.

Down the Pipeline

Kern County Superintendent Presents "Building Effective Schools Together Through Positive Behavior": This Training of Trainers for school district teams is offered through the Kern County Superintendent of Schools. The trainings will be held on September 23rd-25th, 2013; September 26th-30th, 2013; and October 1st-3rd, 2013. The three days of training will be followed by two additional training days during the 2013-2014 school year in order to design strategies for improving consistency and effectiveness of whole school discipline systems. Contact Greg Rhoten at grrhoten@kern.org or (661) 636-4801.

People with Disabilities Foundation Seminar/Webinar Breaks Down Barriers to Health Access: "Overcoming Barriers to Physical Health Care Access - People with Mental Disabilities Have Shorter Life Spans" will be held on Monday, September 30th, 2013 from 1:00-4:00 pm at the Koret Auditorium, San Francisco Public Library, 100 Larkin Street, San Francisco, CA 94102. This free seminar/webinar will address methods to overcome barriers to health care access. The general public, people with disabilities, their doctors, families and friends, the legal community, and mental and social service providers are welcome. RSVP to April Banerjee at abanerjee@pwwdf.org or (415) 931-3070. Three hours of continuing education credit for MFTs and/or LCSWs is available. Three hours of MCLE

from the State Bar of California is pending. Contact Margaret Jakobson-Johnson at margaret.jakobson@disabilityrightsca.org for more information.

Candle Light Event Makes a Statement of Caring, Remembering, Supporting: On October 1st, 2013, from 5:00-8:00pm, join thousands of students across California and light a candle for people who are, or have been, impacted by suicide, trauma, and mental health challenges. The events are free, and open to all. The following campuses are participating: October 1st, 2013: CSU Bakersfield; CSU Channel Islands; CSU Dominguez Hills; CSU East Bay; CSU Fullerton; CSU Long Beach; CSU Monterey Bay; CSU San Bernardino; CSU San Bernardino Palm Desert campus; CSU San Marcos; CSU Stanislaus; Cal Poly San Luis Obispo; Cal Poly Pomona; Fresno State University; San Diego State University; San Jose State University; UCLA. On October 9th, 2013: UC Santa Cruz. Contact Wei-Chien Lee at wei-chien.lee@sjsu.edu for more information.

RAND Corporation Training and Technical Assistance Webinar Offered This Week: Please save the date for [“Describing County PEI Programs”](#), a webinar on using standardized data collection and analysis tools to collect and present data across programs. The webinar will be held Thursday, September 26th, 2013 and Wednesday, October 2nd, 2013 from 9:00-10:30am. Please contact Sarah Brichler at Sarah.brichler@calmhsa.org for more information about the resources.

Do you have news to share? Send submissions to Jenna Thompson at Jenna@paschalroth.com.