

CalMHSA Express Week of November 4, 2013

Extra! Extra!  
CalMHSA Express



WELLNESS • RECOVERY • RESILIENCE

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**Week In Review:**

- *Congressmembers Briefed on Preventing Suicide Among Veterans*
- *UC Davis Holds Each Aggie Matters Depression Screening*
- *Updated Link: The Orange County Department of Education Launches New Positive School Climate Website*

**Hot News (funded by CalMHSA and Proposition 63)**

***Congressmembers Briefed on Preventing Suicide Among Veterans:*** Representatives Grace F. Napolitano (CA-32) and Tim Ryan (OH-13), in conjunction with the National Action Alliance for Suicide Prevention and the American Foundation for Suicide Prevention, hosted a briefing to educate members of Congress and their staffs on how to take an active role in preventing suicide among military service members and veterans. Speakers presented techniques and resources to promote resilience and successful transitions and demonstrated how individuals can help reduce stigma through self-advocacy and education. The Entertainment Industries Council, Inc.'s TeamUP materials were featured resources at the briefing. View a video of the event [here](#). Contact: Stephanie Welch at [Stephanie.Welch@calmhsa.org](mailto:Stephanie.Welch@calmhsa.org).

***UC Davis Holds Each Aggie Matters Depression Screening:*** In the spirit of National Depression Screening Day on October 10<sup>th</sup>, 2013, UCD's mental health staff at Student Health and Counseling Services (SHCS) hosted a depression screening event for students on campus. Those who would benefit from immediate support were scheduled into same-day appointments at SHCS. In all, 221 students were screened for symptoms of depression and given resources on mental health services available on campus. Contact: Zach Ward at [zward@shcs.ucdavis.edu](mailto:zward@shcs.ucdavis.edu).

***Updated Link: The Orange County Department of Education Launches New Positive School Climate Website:*** The Orange County, Region 9 CCSESA K-12 Student Mental

*Health Initiative is reaching out to educators to build awareness and connect them to resources online. The new website exhibits why a positive school climate matters, and promotes the inclusion of behavioral health as a consideration in a positive school climate. View the site [here](#). Contact: Daria Waetjen at [dwaetjen@ocde.us](mailto:dwaetjen@ocde.us) or (714) 327-1050.*

### **Prop. 63 in the News**

*The [Sacramento Bee](#) highlighted NAMI CA's community discussion in Merced that brought together social service groups, mental health professionals, and business and community leaders to discuss overcoming mental health challenges. The program is a recipient of one of CalMHSA's small county community dialogue grants.*

### **Down the Pipeline**

***Save the Date for New, Advanced "Getting to Outcomes" Webinar:** On Thursday, November 14<sup>th</sup>, 2013, Tuesday, November 19<sup>th</sup>, 2013 and Thursday, December 12<sup>th</sup>, 2013 from 9:00-10:30 am, RAND will host a new "Getting to Outcomes Webinar – Program Quality Improvement." The webinar will help counties and program partners focus on how to assess the quality of program data and use information on process and outcomes for continuous quality improvement (CQI). Tools for synthesizing program evaluation data will be provided to registrants in advance of the webinar along with CQI action planning worksheets. The webinar will be recorded and made available on the CalMHSA website at a later date. Contact: Kerry Newsome at [knewsome@rand.org](mailto:knewsome@rand.org).*

*The CalMHSA Express will not be published on Monday, November 11<sup>th</sup>, 2013 for Veterans Day. Look forward to the next edition on November 18<sup>th</sup>, 2013.*

*Do you have news to share? Send submissions to Jenna Thompson at [Jenna@paschalroth.com](mailto:Jenna@paschalroth.com).*