

## Early Intervention Clinical Services

<b>Examples of programs</b>	<ul style="list-style-type: none"> <li>• Early intervention clinical services for depression, anxiety, trauma, early onset psychosis, etc.</li> <li>• Early childhood mental health consultation (to provide services for serious emotional/behavioral problems)</li> </ul>
<b>Sample short-term outcomes and benchmarks</b>	<ul style="list-style-type: none"> <li>• Improved functioning (home/family, school, and work)</li> <li>• Increased well-being, resiliency</li> <li>• Decreased distress/symptoms; improved recovery (prevention of relapse)</li> <li>• Reduced crisis escalation</li> </ul>
<b>Key evaluation questions</b>	<p><b>Program implementation questions:</b></p> <ul style="list-style-type: none"> <li>• Who is being reached by the program?</li> <li>• How closely do participants match the intended audience?</li> <li>• How many sessions are being delivered and how frequently?</li> <li>• What is program retention and/or completion rate?</li> <li>• How satisfied are participants with the program?</li> </ul> <p><b>Outcome evaluation questions:</b></p> <ul style="list-style-type: none"> <li>• What proportion of clients experience reduced symptoms and distress?</li> <li>• What proportion of clients increases their well-being and resiliency?</li> <li>• For what proportion of clients is functioning improving?</li> <li>• To what degree has there been a reduction in the number of crisis events?</li> <li>• Do improvements in outcomes meet your county benchmark goals?</li> </ul>
<b>Potential data sources</b>	<ul style="list-style-type: none"> <li>• Participant attendance and demographic records</li> <li>• Referral and service engagement rates</li> <li>• School records (behavioral incidences, attendance)</li> <li>• Focus group or key informant interviews</li> <li>• Participant surveys</li> <li>• Standardized assessments</li> </ul>
<b>Sample measures and tools</b>	<ul style="list-style-type: none"> <li>• <b>Screening measures (for clinical treatment/services):</b> Global Appraisal of Individual Needs (GAIN), Healthy Living Questionnaire</li> <li>• <b>Global assessment of functioning:</b> Global Assessment of Functioning (GAF), Children’s Global Assessment Scale (CGAS)</li> <li>• <b>Comprehensive assessment (i.e., functioning, strengths, needs, risks):</b> Adult Needs and Strengths (ANS), Child and Adolescent Needs and Strengths (CANS), Strengths and Difficulties Questionnaire (SDQ), Youth Outcome Questionnaire (YOQ)</li> <li>• <b>Psychological distress:</b> Kessler 6 or 10</li> <li>• <b>Well-being:</b> Mental Health Continuum-Short Form (MHC-SF)</li> <li>• <b>Anxiety:</b> Beck Anxiety Inventory, General Anxiety Disorder Scale (GAD-7)</li> <li>• <b>Depression:</b> PHQ-9, Center for Epidemiological Studies Depression Scale (CES-D)</li> <li>• <b>Trauma:</b> Trauma Symptom Checklist</li> </ul>
<b>Relevant analysis methods</b>	<ul style="list-style-type: none"> <li>• Basic descriptive statistics, including frequencies, means, and standard deviations</li> <li>• Inferential statistics: comparison of outcomes across different groups (participants vs. non-participants) or across points in time for the same individuals (pre-post)</li> <li>• Examination of level and direction of changes scores in comparison to benchmarks</li> <li>• Examination of implementation fidelity (e.g., sufficiency of dosage, proportion of clients retained in program)</li> </ul>