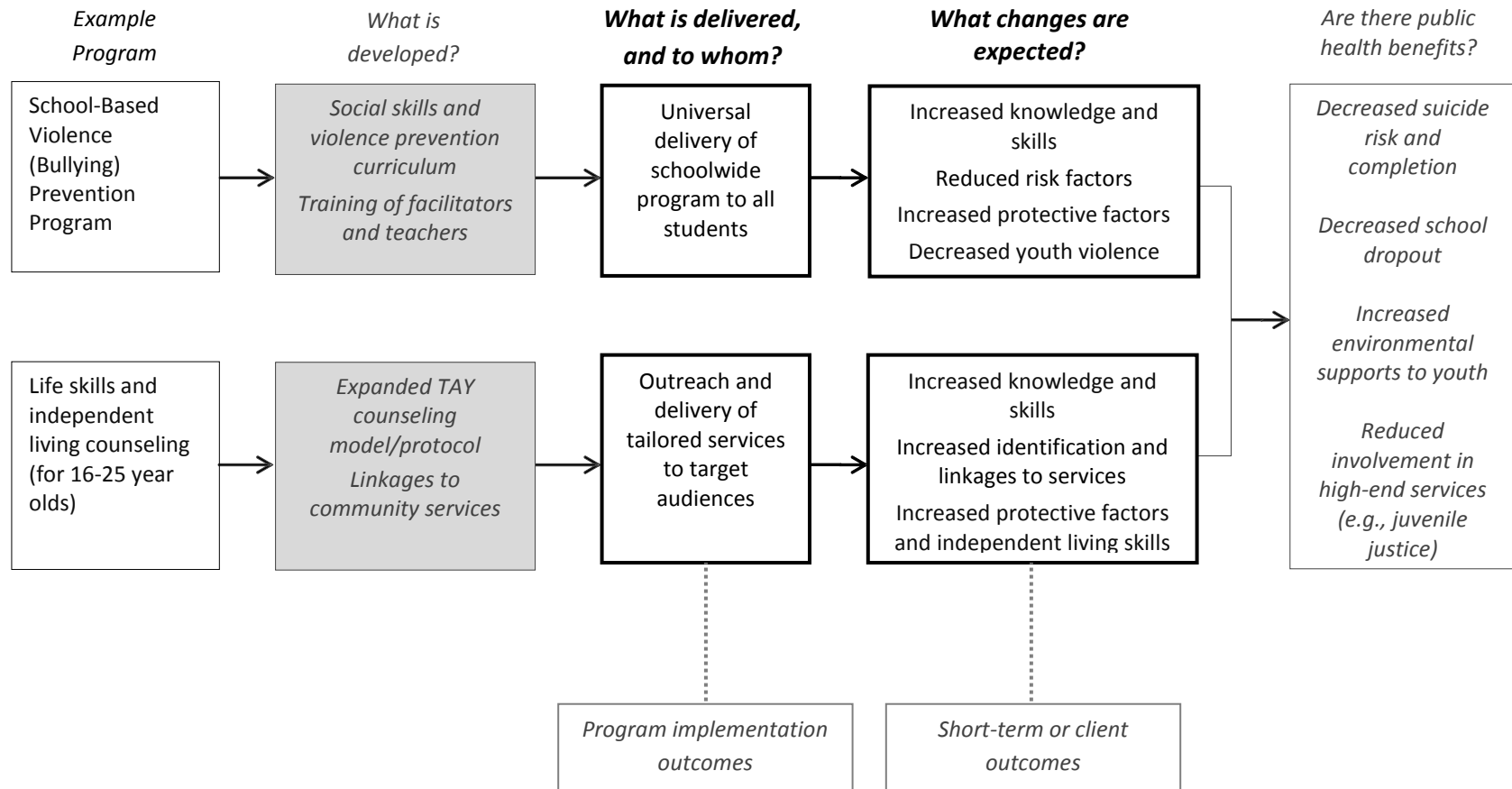
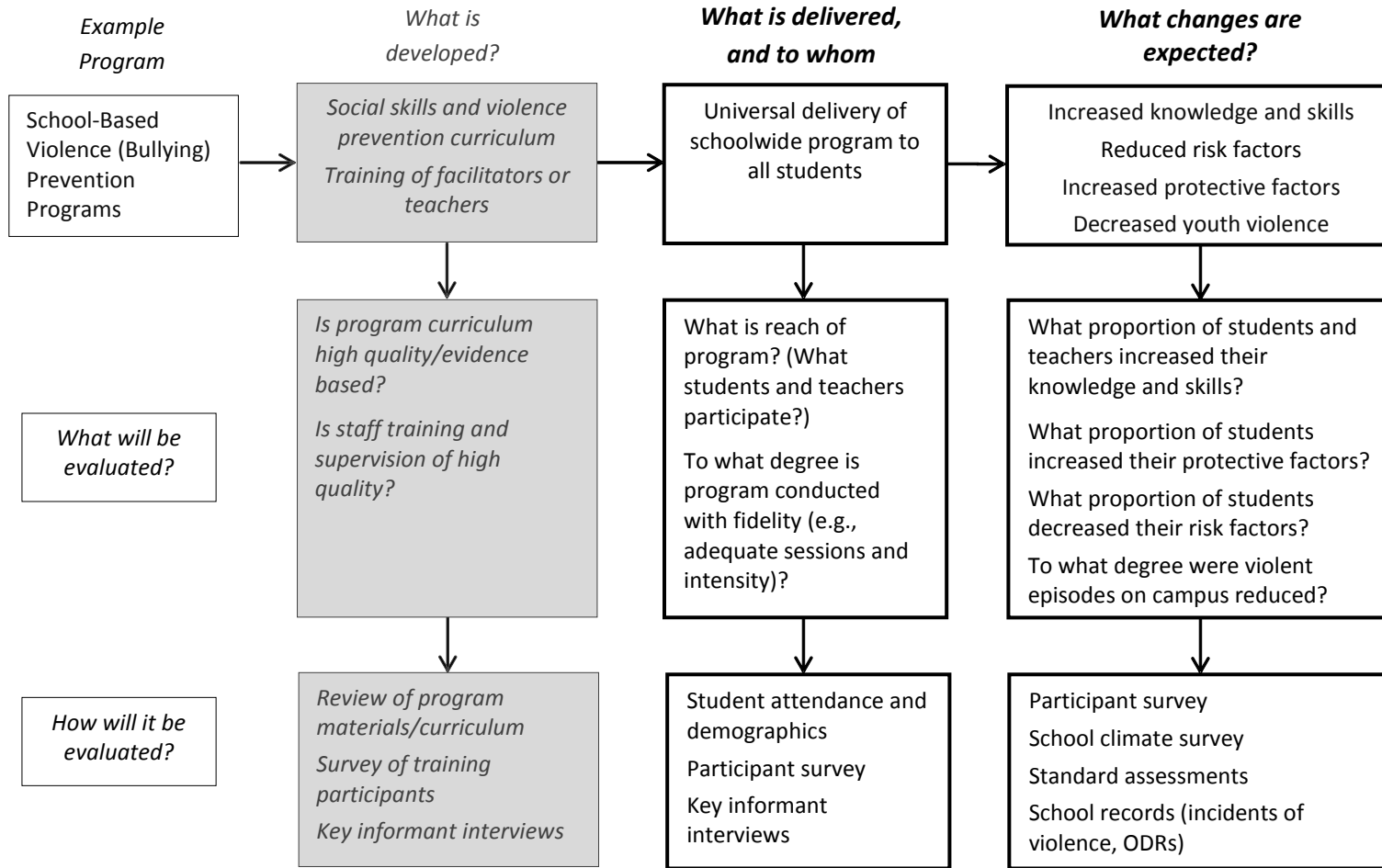


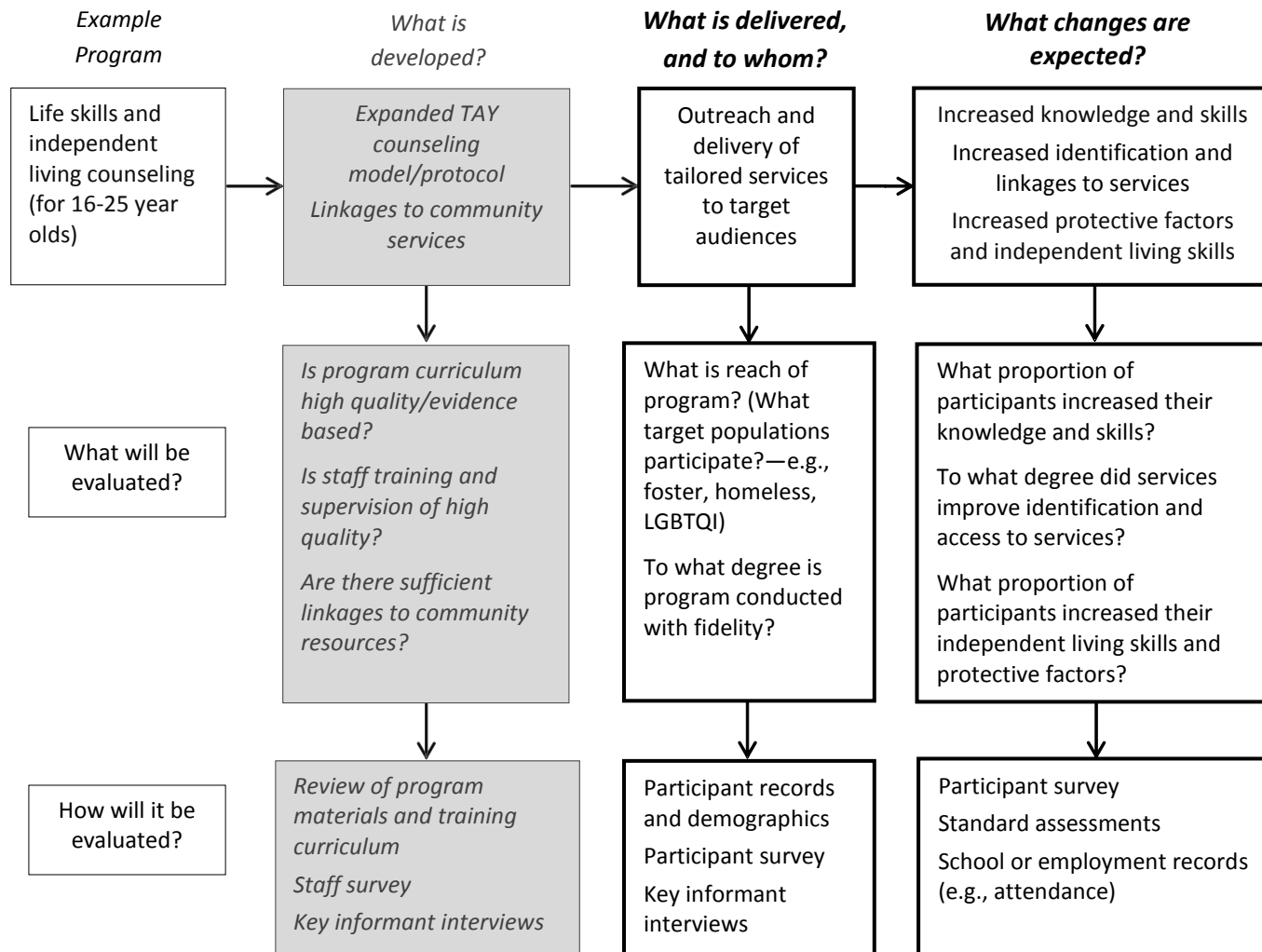
## Counseling Services and Evaluation Components (Sample)



## Evaluation of School-Based Violence Prevention Programs



## Evaluation of Life Skills and Independent Living Counseling



## Sample Program Descriptions

### **School-Based Violence Prevention Program**

The School-Based Violence Prevention program works in schools in high-risk, high-need areas with students ages 13 to 18 years old. Programs are universal, school-based strategies that reduce or prevent violent and aggressive behavior among students. These programs teach all students across secondary school grade levels about the problem of violence, its prevention, and skills to reduce aggression or violent behavior, including: emotional self-awareness, emotional control, self-esteem, positive social skills, social problem solving, conflict resolution, and team work. This program will be delivered by trained facilitators who will conduct 60 social skills groups per year.

### **Specific Services**

- Social Skills Groups spanning 8-12 sessions and providing opportunities for students to discuss, practice, and reinforce skills during the academic school year.
- Age-appropriate activities and lessons that include:
  - Information about the problem of violence
  - Social skills building
  - Problem solving and conflict resolution skills
  - Role playing, modeling, skill practice, feedback and reinforcement.
  - Peer mediation and mentoring
  - Youth-developed antiviolence campaign

### **Life Skills and Independent Living Counseling**

The Life Skills and Independent Living Counseling Program offers services to teens and TAY to provide universal screenings for risk factors; skill building workshops to address skills needed for independence; and brief case management services to link to community services. The program targets outreach efforts to high-risk teens and TAY including: LGBTQI youth; teens and TAY with substance use concerns; youth in the foster care system; underserved racial, cultural and ethnic populations; and homeless teens and TAY.

### **Specific Services**

- Linkages to primary healthcare provider, crisis prevention, intervention services, and community resources
- Education and support for building and maintaining healthy relationships
- Conflict resolution, anger management, and communication skills training
- Adult life skills training and mentoring
- Educational assistance, vocational training, and employment linkage