

## MINUTES

### CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CalMHSA)

#### BOARD OF DIRECTORS MEETING – REGULAR MEETING

Sacramento, California  
December 9, 2010

Meeting Start at 2:45pm

#### MEMBERS PRESENT

Allan Rawland, MSW, ACSW, CalMHSA President, San Bernardino County

Wayne Clark, PhD, CalMHSA Vice-President, Monterey County

Karen Baylor, PhD, MFT, CalMHSA Treasurer, San Luis Obispo County

Tom Pinizzotto, Mendocino County (Approved as member under Agenda Item 6)

Lynn Tarrant, LCSW, Placer County (alternate)

William Arroyo, MD, Los Angeles County (alternate)

Scott Gruendl, MPA, Glenn County

Karen Stockton, PhD, MSW, Modoc County

Anne Robin, MFT, Butte County

Noel J. O'Neill, MFT, Trinity County

Mary Ann Bennett, Sacramento County

Jayleen Richards, MPA, HSA, Solano County (alternate)

Michael Kennedy, MFT, Sonoma County

William Cornelius, PhD, Colusa County

Brad Luz, PhD, Sutter/Yuba County

Bruce Gurganus, MFT, Marin County

Jerry Wengerd, LCSW, Riverside County

Bill Walker, Kern County (alternate)

Kristy Kelly, MFT, Lake County

Kim Suderman, LCSW, Yolo County

Karen Markland, Fresno County (alternate)

**NON-VOTING ALTERNATE**

None

**MEMBERS ABSENT**

Denise Hunt, MFT, Stanislaus County

Mark Refowitz, MSW, Orange County

Donna M. Wigand, LCSW, Contra Costa County

Meloney Roy, LCSW, Ventura County

Michael Noda, Siskiyou County

Nancy Pena, PhD, Santa Clara County

Michael W. Horn, MFT, Imperial County

Leslie Tremaine, EdD, Santa Cruz County

Janice Melton, LCSW, Madera County

**STAFF PRESENT**

John Chaquica, CPA, MBA, ARM, CalMHSA Executive Director

Edward Walker, LCSW, CalMHSA Program Director

Kim Santin, CPA, CalMHSA Finance and Administration Director

Laura Li, CalMHSA Program Executive Assistant

Doug Alliston, Legal Counsel, Murphy Campbell Guthrie & Alliston

**MEMBERS OF THE PUBLIC**

Stacie Hiramoto, Racial and Ethnic Mental Health Disparities Coalition (REMHDCO)

Amber Burkan, CA Youth Empowerment Network (CAYEN)

Stephanie Welch, California Mental Health Directors Association (CMHDA)

Rusty Selix, Mental Health Association of California

Sandra Naylor Goodwin, California Institute of Mental Health (CiMH)

Doretha Williams-Flournoy, California Institute for Mental Health (CiMH)

Betsy Sheldon, California Community Colleges

Enrica Bertoldo, Mental Health Services Oversight and Accountability Commission  
(MHSOAC)

Lin Benjamin, California Department of Aging

Sharon Kuehn, CA Network of Mental Health Clients

CaSonya Thomas, San Bernardino

Ann Arneill-Py, CA Mental Health Planning Council

Tara Shepherd, Modoc County

Ansara Lewis, Los Angeles County DMH

Bettie Reinhardt, NAMI California

Asha George, Humboldt County

Pat Ryan, CA Mental Health Directors Association

Karolyn Stein, Humboldt County

Gwen Foster, CA Social Work Education Center

**1. CALL TO ORDER**

2:47 p.m. The CalMHSA Board Meeting was called to order.

**2. ROLL CALL AND INTRODUCTIONS**

President Rawland asked the clerk to call the roll.

Laura Li, CalMHSA staff, called roll of the board and confirmed a quorum.

**3. INSTRUCTIONS FOR PUBLIC COMMENT AND STAKEHOLDER INPUT**

Ms. Li was asked to review the instructions for public comment to include the process of public comment cards. It was also mentioned public comment and stakeholder input on non-agenda items would be taking place at the end of the meeting.

**4. APPROVAL OF AGENDA AS POSTED**

President Rawland asked if there were amendments to the agenda; none were made.

***Action: A motion was made to approve the agenda as posted.***

***Motion – Scott Gruendl, MPA, Glenn County***

*Second – William Arroyo, MD, Los Angeles County*

*Motion passed unanimously.*

**5. CONSENT CALENDAR**

President Rawland acknowledged the consent calendar and asked for comment from Board members.

*Action: A motion was made to accept the consent calendar as presented.*

*Motion – Scott Gruendl, MPA, Glenn County*

*Second – William Arroyo, MD, Los Angeles County*

*Motion passed unanimously.*

Public comment was heard from the following individual(s):

None

**6. NEW COUNTY MEMBERSHIP**

John Chaquica, CalMHSA Executive Director, indicated one county (Mendocino) was before them seeking membership approval.

*Action: A motion was made to approve Mendocino County membership to CalMHSA.*

*Motion – Kristy Kelly, MFT, Lake County*

*Second – James A. Waterman, PhD, Kern County*

*Motion passed unanimously.*

Karen Baylor, PhD, LMFT, San Luis Obispo officially pinned Mr. Tom Pinizzotto of Mendocino County. Welcome packet to be sent by CalMHSA staff.

**7. FINANCIAL MATTERS**

**A. CalMHSA Finance Ad Hoc Committee Update- Draft Travel and Expense Policy**

Kim Santin, CalMHSA Finance Director stated the Finance Committee had met in between Board meetings to discuss the draft Travel Policy Guidelines and Travel Reimbursement Expense form. Discussions continue and the committee will provide more information at the next Board meeting.

Public comment was heard from the following individuals:

Sharon Kuehn, CA Network of Mental Health Clients

**Action: No action, information only.**

**8. PROGRAM MATTERS**

**A. Report from Implementation Ad Hoc Committee Chair – *Dr. Wayne Clark***

President Rawland acknowledged and thanked all who worked on the Work Plan and turned it over to Dr. Clark to present.

Wayne Clark, PhD, Monterey County informed everyone the first Information Gathering Session had taken place on Dec. 1, 2010 to include Suicide Prevention and Stigma and Discrimination Reduction. Dr. Clark indicated all had gone well with a lot of great input from public and stakeholders. Also mentioned the second Information Gathering session would be taking place on Dec. 15, 2010 to include Student Mental Health Initiative Higher Ed and K-12 which would be available via webinar, teleconference and in person.

Dr. Clark continued by stating updates had been made to the Implementation Ad Hoc Committee's Scope of Responsibilities and proposed Timeline. He explained the following updates to the timeline were a reflection of current activity through the end June 2011:

- January 27 – MHSOAC meeting reviews for approval
- January 28 – Phase One SP RFP due in 45 days
- March 17 – Review Panel convenes
- April 7 – Board agenda posted
- April 14 – Present select for Board approval
- May 5 – Contract Negotiations conclude
- Feb. 14 – Phase Two SDR RFP due in 45 days
- March 31 – Review Panel convenes
- April 7 – Board agenda posted
- April 14 – Present select for Board approval
- May 5 – Contract negotiations conclude
- Feb. 28 – Phase Three SMHI due in 45 days
- April 18 – Review Panel convenes
- April 28 – Board agenda posted
- May 5 – Selection for Board approval
- May 26 – Contract negotiations conclude

Additionally, Dr. Clark explained the they (IAHC) will review and oversee the request for proposal process, methods for selecting proposals, process for the establishment of contractual relationships, and the process for monitoring of contracts that fully implement statewide PEI. It was established in June 2011 first annual review of scope and purpose of the IAHC would take place.

Dr. Clark asked the Board's approval on the updates mentioned.

There was comment relating to having a transcription of verbal input given at the Information Gathering sessions be made available.

Dr. Clark agreed it would be a good idea to include stakeholder input.

Scott Gruendl, MPA, Glenn County added maybe a transcription and audio link could be added to the CalMHSA website.

William Arroyo, MD, Los Angeles County asked staff to look into what other government entities do and follow those procedures.

***Action: A motion was made to approve the revised IAHC Scope of Responsibilities.***

***Motion – Scott Gruendl, MPA, Glenn County***

***Second – Karen Baylor, PhD, MFT, San Luis Obispo County***

***Motion passed unanimously.***

Public comment was heard from the following individuals:

Sharon Kuehn, CA Network of Mental Health Clients

Lin Benjamin, CA Department of Aging

Stacie Hiramoto, Racial and Ethnic Mental Health Disparities Coalition  
(REMHDCO)

**B. California Institute for Mental Health (CIMH) – Evaluation Capacity Building**

Sandra Naylor Goodwin, PhD, CIMH gave a brief update on Evaluation Capacity Building to include county participation in the Cohort One counties learning collaborative meeting of November 10, 2010 in Sacramento. Cohort One includes the following counties: Placer, Colusa, Sutter/Yuba and Butte.

Dr. Goodwin added numerous opportunities were given for discussion, questions and shared learning across counties. Discussions demonstrated a commitment to improving outcomes through evaluation.

Cohert Two counties learning collaborative meeting is scheduled for December 16, 2010 in Salinas. This includes the following counties: Monterey, San Bernardino, San Luis Obispo, Stanislaus and Solano.

Mr. Chaquica added there had been a more formal survey sent out to counties regarding their interest in a second phase of Technical Assistance & Capacity Building or other new programs and had received very little responses.

Noel O'Neill, MFT, Trinity County asked for clarification on counties assigning their funds to CalMHSA.

William Arroyo, MD, Los Angeles County commented he felt some counties did not understand the survey as clearly as others and stressed the importance of revisiting counties interests.

Mary Ann Bennett, Sacramento County indicated they had not sent in their responses to the survey but had notified staff and agreed with Dr. Arroyo the survey was not clear and would like to revisit the issue.

Kristy Kelly, MFT, Lake County agreed in revisiting the issue as some counties may have a lot going on and haven't had the chance to complete the survey.

Mr. Chaquica asked members what they felt was the right methodology for obtaining responses.

Ann Robin, MFT, Butte County suggested staff could arrange for follow-up phone calls.

Karen Stockton, PhD, MSW, Modoc County felt there was confusion in what CiMH is already doing.

President Rawland asked Edward Walker and Mr. Chaquica to set-up some follow-up conference calls to clarify the survey and get responses.

***Action: No action, information only.***

Public Comment was heard from the following individual(s):

Stacie Hiramoto, Racial and Ethnic Mental Health Disparities Coalition  
(REMHDCO)  
Stephanie Welch, CA Mental Health Directors Association

**9. ADMINISTRATIVE MATTERS**

**A. Effective Date of Amendments to Joint Exercise of Powers Agreement**

Doug Alliston, Legal Counsel, Murphy Campbell Guthrie & Alliston reminded everyone the original Joint Exercise of Power Agreement had been adopted in July 2009 and later amended on June 10, 2010. Amendments require a two thirds vote of membership which was obtained and over two thirds of the members (as of June 10, 2010) have now approved the amended version of the agreement. In addition, the governing bodies of all counties that have joined since June have approved the amended agreement.

As such, the agreement states amendments become effective on the date specified by the Board. Specifications of an effective date will complete the amendment process, which is being asked of the board today.

Action: Approve a resolution confirming the 2010 Amendments to the JPA are effective as of the date of this meeting, December 9, 2010.

Motion – William Arroyo, MD, Los Angeles County  
Second – William Cornelius, PhD, Colusa County

Motion carried unanimously.

Public comment was made by the following individual(s):  
Karolyn Rim Stein, Humboldt County

**B. CalMHSA iPad Pilot Program**

Mr. Chaquica stated due to the Thanksgiving holiday and ordering process of the iPads there was not sufficient time to do thorough testing and asked they defer until the next Board meeting.

Ms. Kelly confirmed deferral was a good idea.

Dr. Arroyo informed everyone a new iPad would be coming out in January.

Mr. O'Neill asked questions relating to web access and any possible overload.



Mr. Wengerd asked if members would be given the option to use hard copies vs. iPad to which staff confirmed they would.

Ms. Bennett asked if the use of the iPad would save money to which the answer was yes, in the long run.

Ms. Kelly stated their City Council had just approved use of the iPad technology for their meetings.

***Action: No action, deferred until next Board meeting.***

**10. CalMHSA – GENERAL DISCUSSION**

Mr. Chaquica presented President Rawland with a plaque containing the first funding assignment checks as a token of CalMHSA's first milestones.

Mr. Chaquica continued by stating the JPA Agreement had been signed by members with the exception of recently approved members. He also mentioned five of the nineteen original counties who previously assigned to DMH had not yet re-assigned.

President Rawland stated he had reached out to those counties and would continue to do so.

Mr. Chaquica asked members to mark their calendars for a Strategic Planning meeting/CalMHSA Board meeting scheduled for March 11, 2011. Adding it would be a full day of strategic planning. In addition, a facilitator was selected and would be hired for this meeting to which he provided a resume, background and costs.

Dr. Baylor asked if goals had been identified for the Strategic Planning meeting. Mr. Chaquica stated it was, along with other subject matter.

President Rawland asked members to think of topics for the strategic planning meeting so they could create a business plan.

Mr. Chaquica continued by announcing George Hills was currently working with CiMH to add support and expertise to the CalMHSA team as we move forward with the Work Plan development. This will also allow CalMHSA to keep staffing small and professional.

An update on the CSAC Annual conference was given by both Mr. Chaquica and President Rawland.

It was asked if the Board wished to hold a Board meeting in January, if so the options would be either the 13<sup>th</sup> (before MHSOAC Commission considers approval of the Work Plan) or the 28<sup>th</sup> (after MHSOAC Commission considers approval of the Work Plan) but to keep in mind a February Board meeting was already scheduled for the 10<sup>th</sup>.

***Action: A motion was made to cancel a January Board meeting and wait until February 10, 2011.***

***Motion – Wayne Clark, PhD, Monterey County  
Second – Karen Stockton, PhD, MSW, Modoc County***

***Motion passed unanimously.***

Public comment was heard from the following individual(s):  
None

**11. PUBLIC COMMENTS**

Public comment was heard from the following individual(s):  
Rusty Selix, Mental Health Association of California  
Bettie Reinhardt, NAMI California  
Stacie Hiramoto, Racial and Ethnic Mental Health Disparities Coalition (REMHDCO)  
Lin Benjamin, Ca Department of Aging

**12. NEW BUSINESS**

Ms. Kelly, Lake County, indicated she was involved with SAMSA Listening Sessions related to Native American Indians, Suicide Prevention. She asked if they could go straight to staff should they have questions, to which Mr. Walker indicated they could.

Ms. Stockton supports CalMHSA administering specific projects for counties.

President Rawland was asked if CalMHSA would consider administering "Value Options," by Mayberg and Don Kingdon.

After ongoing discussion between members it was decided this was not the right option at this time.

Dr. Clark added staff should consider the development of a line of questions for those who seek administration by CalMHSA.

Mr. Cornelius stated this may be something that could be deferred to the Strategic Planning meeting.

**13. CLOSING COMMENTS**

President Rawland reminded everyone CalMHSA was only 18 months old and in that time had come along way. He appreciated the work done in this period of time.

Dr. Clark complemented everyone in the aggressive work with the Work Plan.

**14. ADJOURNMENT**

Hearing no further comments, a motion was made to adjourn at 4:20 p.m.

*Motion: Kim Suderman, LCSW, Yolo County*

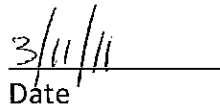
*Second: Wayne Clark, PhD, Monterey County*

*Motion passed unanimously.*

Respectfully submitted,



Ms. Maureen Bauman, LCSW, MPA  
Secretary, CalMHSA

  
Date