



*"A George Hills Company Administered JPA"*

**CalMHSA Executive Committee  
Meeting Minutes from August 15, 2013**

***COMMITTEE MEMBERS PRESENT***

Wayne Clark, PhD, CalMHSA President, Monterey County  
CaSonya Thomas, MPA, CHC, CalMHSA Secretary, San Bernardino County  
Scott Gruendl, MPA, CalMHSA Treasurer, Glenn County  
Brad Luz, PhD, Central Region Representative, Sutter/Yuba County  
Rita Austin, LCSW, Central Region Representative, Tuolumne County  
William Arroyo, MD, Los Angeles Region Representative, Los Angeles County  
Alfredo Aguirre, Southern Region Representative, San Diego County  
Karen Stockton, PhD, MSW, Superior Region Representative, Modoc County  
Anne Robin, MFT, Superior Region Representative, Butte County

***BOARD MEMBERS PRESENT***

Warren Hays, Contra Costa County (alternate)  
Dawan Utecht, Fresno County  
Andrea Kuhlen, MPA, Imperial County (alternate)  
Kristy Kelly, MFT, Lake County  
Suzanne Tavano, PHN, PhD, Marin County  
Jaye Vanderhurst, LCSW, Napa County  
Jenny Qian, MA, Orange County (alternate)  
Jerry Wengerd, LCSW, Riverside County  
Jane Ann LaBlanc, Sacramento County (alternate)  
Donnell Ewert, MPH, Shasta County  
Halsey Simmons, MFT, Solano County  
Noel J. O'Neill, MFT, Trinity County  
Kim Suderman, Yolo County

***MEMBERS/ALTERNATES LISTENING IN***

Jean Anderson, MFT, San Joaquin County (alternate)

***BOARD MEMBERS ABSENT***

Maureen F. Baumann, LCSW, CalMHSA Vice President, Placer County  
Michael Kennedy, MFT, Sonoma County  
Jo Robinson, Bay Area Region Representative, San Francisco City and County  
Karyn Tribble, PsyD, LCSW, City of Berkeley  
Terence M. Rooney, PhD, Colusa County

Don Ashton, El Dorado County  
Gary R. Blatnick, Del Norte County  
Barbara LaHaie, Humboldt County  
Gail Zwier, PhD, Inyo County  
Jim Waterman, PhD, Kern County  
Mary Ann Ford Sherman, MA, Kings County  
Barbara Pierson, Lassen County  
Van Do-Reynoso, MPH, Madera County  
Jim Rydingsword, Mariposa County  
Stacey Cryer, Mendocino County  
Robin Roberts, MFT, Mono County  
Michael Heggarty, MFT, Nevada County  
Alan Yamamoto, LCSW, San Benito County  
Frank Warren, San Luis Obispo County  
Stephen Kaplan, San Mateo County  
Nancy Pena, PhD, Santa Clara County  
Rama Khalsa, PhD, Santa Cruz County  
Terry Barber, Siskiyou County  
Jesse Duff, Tri-City Mental Health Center  
Madelyn Schlaepfer, PhD, Stanislaus County  
Timothy Durick, PsyD, Tulare County  
Meloney Roy, LCSW, Ventura County

***STAFF PRESENT***

John Chaquica, CPA, MBA, ARM, CalMHSA Executive Director  
Doug Alliston, Legal Counsel, Murphy Campbell Alliston & Quinn  
Kim Santin, CPA, CalMHSA Finance and Administration Director  
Ann Collentine, MPPA, CalMHSA Program Director  
Allan Rawland, Associate Administrator – Government Relations  
Stephanie Welch, MSW, CalMHSA Senior Program Manager  
Sarah Brichler, MEd, CalMHSA Program Manager  
Laura Li, CalMHSA JPA Administrative Manager  
Jamie Sepulveda, MSW, CalMHSA Program Associate  
Maya Maas, CalMHSA Executive Assistant  
Michelle Yang, CalMHSA Executive Assistant  
Bianca Vidales, CalMHSA Executive Assistant

***MEMBERS OF THE PUBLIC PRESENT***

Evan Oliva, Stigma and Discrimination Reduction Consortium  
Eduardo Vega, Mental Health Association of San Francisco (MHA-SF)  
Pat Ryan, California Mental Health Directors Association (CMHDA)

Daniel Esparza, Mental Health Association of San Francisco (MHA-SF)  
Luba Butcheva, Mental Health Association of San Francisco (MHA-SF)  
Jackie Miller, San Luis Obispo County  
Judy Vick, San Luis Obispo County  
Linda Molina, Orange County  
Stacie Hiramoto, Racial and Ethnic Mental Health Disparities Coalition (REMHDCO)

**1. CALL TO ORDER**

The regular meeting of the Board of Directors of the California Mental Health Services Authority (CalMHSA) was called to order by President Wayne Clark, PhD, Monterey County, at 2:52 p.m. on August 15, 2013, at the Doubletree Hotel Sacramento, located at 2001 Point West Way, Sacramento, California. President Clark welcomed those in attendance as well as those listening in on the phone.

President Clark asked Laura Li, CalMHSA JPA Administrative Manager, to call roll in order to confirm a quorum of the Board.

**2. ROLL CALL AND INTRODUCTIONS**

Ms. Li called roll and informed President Clark a quorum had not been established. President Clark then asked for roll to be taken of the Executive Committee members present. Ms. Li called roll and established a quorum of the Executive Committee. President Clark then asked for members of the public to introduce themselves.

**3. INSTRUCTIONS FOR PUBLIC COMMENT AND STAKEHOLDER INPUT**

President Clark called on Doug Alliston, Legal Counsel, Murphy Campbell Alliston & Quinn, to review the instructions for public comment, including the process of public comment cards, and noted items not on the agenda would be reserved for public comment at the end of the agenda.

**4. CMHDA STANDING REPORT**

President Clark invited Pat Ryan, CMHDA Executive Director, to provide a report on CMHDA. Ms. Ryan gave a brief update on negotiating with the state on the purchasing of state hospital beds and finalizing the MOU. CMHDA and CalMHSA staff are also working on setting up a meeting the Department of Finance as it relates to state hospital beds and reimbursements. Discussions have been had regarding sustainability, a process for identifying those programs that should be sustained, and finding the funding for those programs.

President Clark presented Ms. Ryan with a plaque recognizing her tireless commitment to achieving equity for individuals and families living with mental health challenges through good public policy and advocacy. He expressed his gratitude for having the opportunity to work with Ms. Ryan over the years and noted that CalMHSA would not exist without her. Ms. Ryan thanked the board and said a few words about what motivates and inspires her.

**Action:**            ***None, information only.***

**5. STATEWIDE PEI PROGRAMS**

**A. Program Partner Presentation – Mental Health Association – San Francisco  
SDR Program Two: Values, Practices and Policies Program, Component 1: Resources  
Development; and SDR Program 3: Promising Practices Program**

Stephanie Welch, CalMHSA, introduced Eduardo Vega, Executive Director of the Mental Health Association of San Francisco (MHA-SF). Mr. Vega reviewed the two programs being implemented by MHA-SF—SDR Program Two: Values, Practices and Policies Program, Component 1: Resources Development; and SDR Program 3: Promising Practices Program.

MHA-SF has developed the Center for Dignity, Recovery & Stigma Elimination. The Center is the framework through which the two SDR programs are run providing direct training and technical assistance. The Center’s Resource Development Program represents a unique effort to identify and support community-based, mental health SDR programs across the state through a process of engagement, assessment, and the provision of training and technical assistance. The primary objective of the CalMHSA Promising Practices Program (PPP) project is to identify SDR activities and/or practices that have a particular promise to reduce mental illness stigma within the context of their specific cultural, ethnic, and racial community programs, in hopes of creating recognition and exposure for existing practices, as well as to offer collaborative, effective, and culturally responsive training and technical assistance. PPP engages directly with California communities to identify culturally, ethnically and racially specific attitudes towards mental health; examine cultural, ethnic and racial strengths and resources; and support approaches that reduce stigma within culturally, ethnically, and racially diverse communities.

Mr. Vega provided a brief overview of the Center’s SDR program registry located on their Website. William Arroyo, Los Angeles County, asked if MHA-SF was tracking hits on the various pages and options. Mr. Vega responded they have done some analytics but could certainly increase the data being collected.

**Action:** *None, information only.*

*Public comment was heard from the following individual(s):*

*None*

**6. APPROVAL OF AGENDA AS POSTED (OR AMENDED)**

President Clark called for approval of the agenda as posted and asked for comment from committee members. Hearing none, President Clark entertained a motion to approve the agenda as posted.

**Action:** *A motion was made to approve the agenda as posted.*

**Motion:** *Anne Robin, Butte County*

**Second:** *Karen Stockton, Modoc County*

**Motion carried by unanimous consent.**

*Public comment was heard from the following individual(s):*

*None*

**7. CONSENT CALENDAR**

President Clark acknowledged the consent calendar and asked for comment from committee members. Hearing none, President Clark entertained a motion to approve the consent calendar.

**Action:**            ***A motion was made to approve the consent calendar.***

**Motion:**           ***Alfredo Aguirre, San Diego County***

**Second:**           ***Karen Stockton, Modoc County***

***Motion carried unanimously.***

*Public comment was heard from the following individual(s):*

*None*

**8. MEMBERSHIP**

**A. County Outreach Report**

Allan Rawland, CalMHSAs Associate Administrator – Government Relations, provided an update on outreach efforts. Eight counties have yet to become members. Four of those counties have already assigned funds. Three of those counties are actively pursuing membership—Santa Barbara, Plumas and Sierra counties.

**Action:**            ***None, information only.***

*Public comment was heard from the following individual(s):*

*None*

**9. PROGRAM MATTERS**

**A. Report from CalMHSAs Program Director – Ann Collentine**

President Clark called on Ann Collentine, CalMHSAs Program Director, for a review of program activities. Ms. Collentine provided information on the Statewide Coordination Workgroup Meeting being held on September 18<sup>th</sup> and 19<sup>th</sup> in Los Angeles. County Liaisons, and directors, are encouraged to participate. The TTACB project is still going on with RAND so counties were asked to contact Sarah Brichler if interested in participating. The Student Mental Health (SMH) Policy Workgroup has made a recommendation to the Teacher Credentialing Commission regarding incorporating Mental Health components into the teaching and administration credentials.

Ms. Welch gave an update on the “Walk in Our Shoes” campaign ([www.walkinourshoes.org](http://www.walkinourshoes.org)), which launches on Monday, August 19<sup>th</sup>. The campaign targets children age 9–13 years of age in both English and Spanish. School-based theater productions launch on Monday, August 26<sup>th</sup> wrapping up in the end of November. Focus groups will be conducted to determine effectiveness.

Ms. Collentine informed the members of the My3 app, which will provide Suicide Prevention resources and will launch in November.

Dr. Arroyo asked what will be done to fill the two positions to be vacant on the SMH Policy Workgroup. Ms. Collentine asked the board members to consider participating and to let her know if interested. Kim Suderman, Yolo County, clarified the Workgroup meets quarterly in Sacramento and, as needed, members are asked to provide feedback on various documents.

**Action:**            **None, information only.**

*Public comment was heard from the following individual(s):*

*None*

**B. Report from the CalMHSa Advisory Committee – Maureen Bauman**

As Advisory Committee Co-Chair Maureen Bauman, Placer County, was not in attendance, President Clark called on Ms. Collentine to provide an update on the committee. Ms. Collentine, in view of the full agenda and time remaining, directed the committee to the staff report provided in the agenda packet.

**Action:**            **None, information only.**

*Public comment was heard from the following individual(s):*

*None*

**C. Suicide Prevention Program 3 and the 2014 Directing Change Project**

Ms. Welch outlined the background of the Directing Change Project. The recommendation being considered was to work with existing programs partners to support a 2014 Directing Change Program and create a sustainability plan with NAMI California, in which CalMHSa continues to be identified as the founder of the event but not as a continued funder. NAMI CA provides the Ending the Silence program, are eager to build relationships with high school campuses, and would be able to provide follow-up to students and parents. The Eliminating Stigma category would be reframed as a Mental Health Promotion/Wellness category. Elements of the 2013 event were provided by donation, so efforts will be made to expand leveraging for 2014.

Anne Robin, Butte County, asked how much NAMI CA has done to add Transition Age Youth to their staffing and projects. Ms. Welch responded this could be made a condition addressed during negotiations. Ms. Robin encouraged the addition of this condition to assure the efforts were reaching the target audience.

Donnell Ewert, Shasta County, asked if the PSAs got any air time and how many people were exposed. Ms. Welch responded that CalMHSa has not made an effort to purchase or pursue air time, although some local efforts have been made in that regard. Mr. Ewert asked if the impact envisioned was specifically on those students participating in the PSA contest. Ms. Welch replied that initially that was the intention; however, the quality of the PSAs received opened up the possibility of extending the reach of the program.

Jane Anne LeBlanc, Sacramento County, said she would like to see the level of response received given NAMI's participation and national reach.

Dr. Arroyo encouraged staff to distribute the PSAs to the counties for use as they deem appropriate. Ms. Welch informed the members their county liaisons have been provided a copy of all 24 PSAs along with a tip sheet about how to use them as a local tool. Dr. Arroyo then encouraged the directors to share with their local stakeholder groups as an example of how their money is being used. Suzanne Tavano, Marin County, let the members know Marin County is opening their community forum with one or two of the PSAs.

**Action:** *Approval of board authority to work with existing programs partners to expend up to \$175,000 in currently approved but uncommitted program funds to support a 2014 Directing Change Program and additionally create a sustainability plan in which CalMHSA continues to be identified as the founder of the event but not as a continued funder.*

**Motion:** *Karen Stockton, Modoc County*

**Second:** *William Arroyo, Los Angeles County*

**Motion carried unanimously.**

*Public comment was heard from the following individual(s):*

*None*

#### **D. DHCS Feasibility Study – Short-Doyle 3**

Sarah Brichler, CalMHSA, outlined the background and history of the project, the estimated costs, and the MHSA allocation option (includes factors of poverty and prevalence in addition to population) recommended by the Executive Committee at their July 25, 2013 teleconference. The six to nine month study is intended to explore the options in creating a HIPAA compliant county-based data system. An MOU is being drafted by Department of Health Care Services (DHCS), but staff is recommending some actions in the interim, which Ms. Brichler reviewed. Ms. Brichler noted the allocations presented assume full participation by counties.

Jaye Vanderhurst asked if the state would be contributing to the costs of the study. President Clark clarified that they would not be contributing. The counties want to be the architects of the study to provide more control over the direction of procurement.

Following discussion regarding individual county approval, Ms. Brichler assured they have informed DHCS time would need to be built in to allow for approval by boards of supervisors.

Ms. Suderman requested a non-binding vote of those members in the room, prior to the Executive Committee's vote. President Clark asked for a show of hands of those members present who would approve of the recommendations presented. A show of hands showed unanimous support of the recommendations.

**Action 1:** *Approve an allocation method for determining county share of cost for the DHCS Feasibility Study for Short-Doyle 3, as recommended by the Executive Committee.*

**Motion:** *William Arroyo, Los Angeles County*

**Second:** *Anne Robin, Butte County*

*Motion carried unanimously.*

**Action 2:** *Approve Presidential appointment of CalMHSA members to participate in the governance and steering committees created for this project.*

**Motion:** *Karen Stockton, Modoc County*

**Second:** *William Arroyo, Los Angeles County*

*Motion carried unanimously.*

*Public comment was heard from the following individual(s):*

*None*

## **10. ADMINISTRATIVE MATTERS**

### **A. Strategic Planning Session Follow-up – Future Project Planning and Development**

Mr. Chaquica reviewed the options recommended by the Executive Committee and the officers. He then asked Mr. Gruendl to provide a brief background on the item. Discussion followed regarding the two options presented. Mr. Ewert requested a non-binding vote of those members in the room, prior to the Executive Committee's vote. President Clark asked for a show of hands of those members present who would approve of the motion to approve of using the distribution methodology of Option 1, with the funding methodology of Option 2. A show of hands revealed unanimous support of the motion.

**Recommendation:** *Review and approve an option from the CalMHSA Options for Future Project Planning and Development, as recommended by the Executive Committee.*

**Action:** *Approval of Option 1 with modification that the members may elect to have the funds held in reserve.*

**Motion:** *Anne Robin, Butte County*

**Second:** *CaSonya Thomas, San Bernardino County*

*Motion carried unanimously.*

*Public comment was heard from the following individual(s):*

*None*



**B. Strategic Planning Session Project List**

Mr. Chaquica noted this item was ambitiously included on the agenda in the event members wanted to discuss projects once a planning and development option was selected. Scott Gruendl, Glenn County, requested the item be tabled.

**Recommendation:** *Discussion and/or action as deemed appropriate.*

**Action:** *Tabling of Item 10.B Strategic Planning Session Project List.*

**Motion:** *Scott Gruendl, Glenn County*

**Second:** *Anne Robin, Butte County*

**Motion carried unanimously.**

*Public comment was heard from the following individual(s):*

*None*

**C. Statewide PEI Sustainability Task Force**

Ms. Collentine reviewed the recommendations being presented and the criteria being presented by the Task Force. Dr. Arroyo provided his support to the recommendations and noted the process used to determine the criteria. Ms. Vanderhurst asked why best practices were not used and recommended adding criteria of evidence based or best practices. Ms. Collentine explained some of the projects are innovative. Dr. Arroyo added requiring best practices could certainly be added as the criteria are flexible and simply are to provide some general guidance to assess the worthiness of a project. Following discussion, criteria for both current and future projects are to made consistent as well as adding evidence based or best practices.

**Action 1:** *Approve taskforce recommendation of criteria for priority rating for sustaining current PEI Statewide Projects.*

**Motion:** *William Arroyo, Los Angeles County*

**Second:** *Scott Gruendl, Glenn County*

**Motion carried unanimously.**

**Action 2:** *Approve criteria for rating projects for implementation of future projects.*

**Motion:** *Karen Stockton, Modoc County*

**Second:** *Anne Robin, Butte County*

**Motion carried unanimously.**

*Public comment was heard from the following individual(s):*

*None*

#### **D. State Hospital Beds**

Mr. Chaquica gave an update on the state hospital beds. The next meeting with the Department of State Hospitals will take place on September 4, 2013. Staff anticipates the joint MOU to be finalized by October. The election is still a viable option. Trailer bill language will be proposed in early 2014. Napa State Hospital is experiencing a partial closure due to retrofits, thus no additional beds are available. It appears DSH is moving towards actual use.

**Recommendation:** *None, information only.*

*Public comment was heard from the following individual(s):*

*None*

#### **E. Southern Regional Representative**

Ms. CaSonya noted she had spoken with Mary Hale, Orange County, who has agreed to serve on the Executive Committee as a representative of the Southern Region. President Clark appointed Ms. Hale as the second Southern Regional Representative.

*Public comment was heard from the following individual(s):*

*None*

#### **F. Department of Health Care Services Contract**

President Clark provided an update on the extension being negotiated with DHCS. CalMHSA Legal Counsel has written a letter to DHCS outlining CalMHSA's intention to move forward in anticipation of that extension. This will be helpful for the evaluation piece and for those contractors who got a late start. Mr. Chaquica clarified, while there is no anticipation of extending contracts beyond June 30, 2014, that those discussions may take place. Staff is looking for board direction as it relates to the no-cost extensions of contracts. Mr. Donnell expressed his support of slowing things down to allow for more sensible expenditures of project funds. Mr. Gruendl noted in the eyes of the state the money has already been spent so CalMHSA should be doing this regardless. Noel O'Neill, Trinity County, added his support and requested staff report back to the board in future Program Director reports accordingly.

*Public comment was heard from the following individual(s):*

*None*

### **11. GENERAL DISCUSSION**

#### **A. Report from CalMHSA President – Wayne Clark**

President Clark let the members know staff and officers have been working with CiMH and CMHDA on assuring activities are coordinated. A meeting was held with Diane Van Maren and several counties regarding prevention. The RAND report is coming out shortly and should show the capacity built, the reach of projects and some short term outcomes. CalMHSA is also working with CMHDA on sustainability.

Mr. Ewert expressed his concern with the important political problem of reporting suicide rates without noting the economic situation. He suggested using a control state that is not implementing PEI-type projects to show California's rates didn't go up as

much during the same period, and possibly show impact. President Clark agreed and let the members know he believes RAND will include some of these considerations in the report.

**Recommendation:** *Discussion and/or action as deemed appropriate.*

*Public comment was heard from the following individual(s):*

*None*

**B. Report from CalMHSA Executive Director – John Chaquica**

Mr. Chaquica let the members know 31 of the amended Joint Powers Authority agreements have been received. At the next meeting, staff will present—with blessing by the officers—some quorum options.

**Recommendation:** *None, information only.*

*Public comment was heard from the following individual(s):*

*None*

**12. PUBLIC COMMENTS**

**A. Public Comments – Non-Agenda Items**

President Clark invited members of the public to make comments on non-agenda items.

*Public comment was heard from the following individual(s):*

*None*

**13. NEW BUSINESS AND CLOSING COMMENTS**

President Clark asked the Board if there was any new business or closing comments. Ms. Suderman announced this would be her last board meeting as she would be retiring. She expressed her appreciation to the board noting she felt honored to serve with them. President Clark thanked her for her participation with both CalMHSA and CMHDA. With no further closing comments, President Clark entertained a motion to adjourn.

**14. ADJOURNMENT**

There being no further comments, the meeting was adjourned at 5:31 p.m.

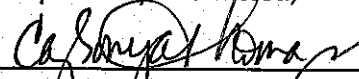
**Action:** *To adjourn meeting.*

**Motion:** *Karen Stockton, Modoc County*

**Second:** *Anne Robin, Butte County*

**Motion carried unanimously.**

Respectfully submitted,

  
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CaSonya Thomas, MPA, CHC  
Secretary, CalMHSA

*10/29/13*  
\_\_\_\_\_  
Date