



Regional K-12 Student Mental Health Initiative

California County Superintendents
Educational Services Association (CCSESA)

Regional K-12 SMHI is 1 of 5 SMH Projects

- CCSESA
- California Department of Education
- University of California Office of the President
- California State University Office of the Chancellor
- California Community College Office of the Chancellor

Regional K-12 SMHI: Structure

- 11 CCSESA regions covering all 58 California counties
- 11 Regional Lead County Offices of Education
- Sacramento County Office of Education coordinates regional activities
- Common goals and focus areas for all 11 regions
- Regional/county level activities to meet local needs

Eleven Service Regions

California County Superintendents Educational Service Association (CCSESA)



1. North Coast
2. Northeastern
3. Capital
4. Bay
5. South Bay
6. Delta Sierra
7. Central Valley
8. Costa Del Sur
9. Southern
10. RIMS
11. Los Angeles

Regional K-12 SMHI: Goals

- Build capacity of schools to implement prevention and early identification strategies that promote student mental health, with emphasis on grades K-8
- Build relationships among local agencies for effective use of resources and improved communication and information sharing
- Build capacity of county offices of education and school districts to educate and train school staffs and families
- Share resources and best practices through demonstration programs and online clearinghouse

Regional K-12 SMHI: Focus Areas

- Cross-system collaboration
- School-based demonstration programs
- Education and training
- Technical assistance to districts/schools

Regional K-12 SMHI: Key Activities

- Develop regional plans
- Facilitate protocol changes across systems for prevention and early identification
- Build capacity to provide education and training district/school staffs, families/caregivers and community partners
- Implement school-based demonstration programs
- Create online statewide clearinghouse of resources and best practices

Regional K-12 SMHI: Program Examples

- Northern CA: Community Transition Teams, Positive Parenting Program, Conscious Discipline Program
- Bay Area: Bullying Prevention, Positive Parenting Program, Aggression Replacement Training, Positive Behavioral and Intervention Strategies (PBIS), Project Cornerstone
- Central CA: Positive Behavior Support Teams, PBIS, Mental Health First Aid, Coping and Support Training, Reconnecting Youth, Center for Social Emotional Foundations in Early Learning (CSEFEL)
- Southern CA: Insight and Peer Resource Leadership, Coordinated School Health, Youth Suicide Prevention Program, Bullying Prevention, Resiliency Training

Regional K-12 SMHI: Collaborations

- CA Department of Education: Members of SMH Policy Work Group
- Didi Hirsch: Suicide Prevention Regional Advisory Committees
- AdEase: Regional Competition for Student Public Service Announcements for Suicide Prevention, Your Voice Counts Online Forum
- Runyon Saltzman & Einhorn: Middle School Programs, ReachOut Forums
- Nami: Regional Connections
- Disability Rights: Awareness of Anti-Bullying Legislation (AB 9 and AB 1156)

Regional K-12 SMHI: Making Connections

- Contact regional leads
- Visit a demonstration program (beginning fall 2012)
- Visit the online Clearing House web site (to be launched by early September 2012)

Regional K-12 SMHI: Contact Information

- Gaye Smoot, Assistant Director, CCSESA at gsmoot@ccsesa.org
- Joyce Wright, Assistant Superintendent, Sacramento County Office of Education at jwright@scoe.net
- Regional Leads (See Attached List)