

September 2013 Suicide Prevention Events

The attached calendar of events demonstrates the breadth and depth of the suicide prevention activities in California – we encourage you to join a local event and spread the word through your networks. Please note that this list is not inclusive of all suicide prevention activities in the state but a compilation of activities that came to our attention. Given the large volume of events, and in order to make the calendar more user-friendly, we organized the events by General Events, Training Opportunities, Efforts to Raise Awareness, and Information Dissemination Opportunities. We made our best attempt to present and organize the activities and events accurately. Thank you to all that are working to prevent suicide in California. – CalMHSA Staff

General Suicide Prevention Activities/Events

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
9/4/2013	<i>Suicide Prevention Discussion on Paz en la Comunidad</i>	Monterey County	<i>Discuss issues related to suicide prevention and intervention on California's Central Coast</i>	<i>Latino/a community, Monterey County residents</i>	None	Rosalina Valdez, Suicide Prevention Service of the Central Coast rvaldezfsa@gmail.com , (831) 459-9373 x3 With Monterey County Behavioral Health
9/8/2013 – 9/14/2013	<i>National Suicide Prevention Week Event</i>	UCSF	<i>Viewing of AFSP film Out of the Silence: Medical Student Depression and Suicide. Followed by facilitated discussion and info session.</i>	<i>Graduate & Professional students in Health Sciences</i>	None	James Lyda, Ph.D. (415) 514-4730 James.lyda@ucsf.edu Chris Galloway, Ph.D., (415) 221-4810 x.6491, Ryan Ayres, American Foundation for Suicide Prevention, RAyers@afsp.org (707) 968-7563
9/8 – 9/14	<i>"The Truth About Suicide": Video showing, facilitated discussion and role play</i>	CSU San Marcos	<i>Provide facts about suicide and suicidal behavior; present effective suicide intervention; and improve help-seeking skills.</i>	<i>Students</i>	None	Student Health & Counseling Services Cheryl Berry cberry@csusm.edu 760-750-4946
9/9/2013 9:30 am-12 pm	<i>Suicide Prevention Education and Networking Event</i>	Silicon Valley Community Foundation 1300 S. El Camino Real, San Mateo	<i>View best practices in suicide prevention webinar, with facilitated discussion to follow.</i>	<i>Open to everyone</i>	None	Kristin Dempsey, San Mateo County kdempsey@smcgov.org
9/9/2013	<i>Survivor Support</i>	Butte County Library, Chico	<i>Remember loved ones, plant a potted plant and take it home</i>	<i>Open to everyone</i>	None	
9/9/2013 and 9/10/2013	<i>Don't Sit in Silence</i>	Butte-Glenn Community College	<i>Reduce stigma and help reduce college student suicide</i>	<i>Open to everyone</i>	None	Stephanie Jimenez, Program Coordinator Safe Place & Wellness Program, Butte-Glenn Community College jimenezSt@butte.edu , 530-879-6184

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9/9/2013- 9/14/2013	<i>Before I Die</i>	CSU Chico, Butte-Glenn Community College, Glenn County: Transition Age Youth Center and Harmony House Drop- In Center, Chico Downtown Plaza	<i>Offer students and community members an opportunity to list and embrace reasons for living</i>	<i>Open to everyone</i>	<i>None</i>	<i>Juni Banerjee-Stevens, CSU Chico Counseling and Wellness Center dbanerjee-stevens@csuchico.edu 530-898-6345</i> <i>Stephanie Jimenez, Butte-Glenn Community College jimenezSt@butte.edu 530-879-6184</i> <i>Roxann Baillergeon, Glenn County rbaillergeon@glenncountyhealth.net 530-934-6582</i>
9/10/2013	<i>A Light in the Darkness</i>	CSU San Marcos	<i>AM event: Educational outreach for suicide prevention. PM event: Speakers Panel – Hear Our Story</i>	<i>Students, Faculty & Staff</i>	<i>None</i>	<i>Student Health & Counseling Services Cheryl Berry, cberry@csusm.edu 760-750-4946 Partners: American Federation for Suicide Prevention, The Trevor Project and Veterans Health Administration (VHA) San Diego Suicide Prevention Coordinator</i>
9/10/2013	<i>Los Angeles County Suicide Prevention Network 3rd Annual Suicide Prevention Summit</i>	<i>California Endowment 1000 N. Alameda St. Los Angeles, CA 90012</i>	<i>Risk Assessment Safety Planning – Safety Plan Treatment Manual to Reduce Suicide Risk</i>	<i>Open to everyone</i>	<i>None</i>	<i>Los Angeles County Department of Mental Health James Cunningham jcunningham@dmh.lacounty.gov Richard Lieberman Lieberman_richard@lacoedu</i>
9/10/13	<i>BEST Practices in Bullying Prevention and Intervention</i>	<i>San Diego County Office of Education</i>	<i>Professional Development strategies to reduce bullying</i>	<i>Open to professionals</i>	<i>None</i>	<i>mmadriqal@sdcoe.net</i>
9/10/2013 9:00am	<i>Proclamation</i>	<i>Board of Supervisors, Humboldt County Courthouse</i>	<i>Raise awareness that suicide is a preventable community health issue</i>	<i>All community members</i>	<i>None</i>	<i>Kris Huschle (707) 441-5554 khuschle@co.humboldt.ca.us</i>
9/11/2013	<i>Suicide Prevention Speaker Kevin Hines, Author of “Cracked, Not Broken”</i>	<i>Petit Salon CI Campus, CSU Channel Islands</i>	<i>Presentation to Campus on his attempted suicide off the Golden Gate Bridge and living with Bi-Polar.</i>	<i>Faculty, staff, community from 4:30-5:30 and campus wide from 6:30- 8:00</i>	<i>Community members must RSVP</i>	<i>Kathleen J. Roach, MPH, MBA Kathleen.roach@csuci.edu</i>

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9/11/2013	<i>Medications and Mental Illness</i>	<i>Hmong Cultural Center of Butte County</i>	<i>Discuss the use of medication in the treatment of mental illness and suicide prevention</i>	<i>Open to everyone</i>	<i>None</i>	<i>Seng S. Yang Hmong Cultural Center of Butte County ssyang@hmongculturalcenter.net 530-534-7474</i>
9/11/2013	<i>How can I help? Building a suicide prevention community</i>	<i>Pleasant Valley High School Auditorium Chico, CA</i>	<i>Encourage school and community engagement in suicide prevention. A talk by Anara Guard, consultant to the CalMHSA "Know the Signs" campaign</i>	<i>Open to everyone</i>	<i>None</i>	<i>Keith Slaughter, slaughtk@pacbell.net 530-521-6445 Scott Lindstrom, Elementary Student Support Coordinator, Chico Unified School District, slindstr@chicousd.org 530-891-3000 ext. 162</i>
9/12/2013	<i>Workshop on lethal means restriction</i>	<i>Humboldt County, Humboldt Area Foundation</i>	<i>Discuss how lethal means restriction fits in a comprehensive suicide prevention strategy</i>	<i>General public, service providers, behavioral health and health providers</i>	<i>None</i>	<i>Anara Guard aguard@edc.org</i>
9/12/13	<i>Online suicide prevention activity</i>	<i>TBD</i>	<i>Provide information and resources to staff</i>	<i>SHCS Staff</i>	<i>None</i>	<i>Kristen Mar kmarr@csupomona.edu</i>
9/12/2013	<i>Don't Sit in Silence</i>	<i>CSU Chico</i>	<i>Reduce stigma and help reduce college student suicide</i>	<i>Open to everyone</i>	<i>None</i>	<i>Juni Banerjee-Stevens CSU Chico Counseling and Wellness Center dbanerjee-stevens@csuchico.edu 530-898-6345</i>
9/12/2013 10:30am-1:30pm	<i>Survivor Story and Panel Discussion</i>	<i>Library, Room 2206</i>	<i>To shed light on the experience of someone who has lost a loved one to suicide.</i>	<i>Fresno State Students, Staff & Faculty</i>	<i>None</i>	<i>Melissa Watkins melissaw@csufresno.edu (559) 278-1023</i>
9/12/2013 1:00 to 4:00pm	<i>Social marketing & media strategic planning for suicide prevention</i>	<i>DHHS Pro Building, F Street, Eureka</i>	<i>Anara Guard, Suicide Prevention Advisor, Know the Signs, CalMHSA Suicide Prevention Social Marketing Campaign</i>	<i>DHHS staff-- For DHHS to outline a media plan for suicide prevention throughout the community.</i>	<i>This is by invitation only for DHHS staff</i>	<i>Kris Huschle (707) 441-5554 khuschle@co.humboldt.ca.us</i>
9/12/2013	<i>Suicide Prevention Speaker Lisa Firestone, PhD</i>	<i>Petit Salon, CI Campus</i>	<i>Presentation by expert from the Glendon Association.</i>	<i>Pre-registration needed for community members. Students, faculty, staff and community members 2:30-4:30 p.m.</i>	<i>Requires Pre-registration by community members</i>	<i>Kathleen J. Roach, MPH, MBA Kathleen.roach@csuci.edu</i>

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9/13/2013	<i>Suicide Prevention Speaker Program</i>	<i>Community Room, Simi Valley Public Library</i>	<i>Guest speakers from suicide prevention groups speaking out</i>	<i>Open to young adults and their families</i>	<i>None</i>	<i>For additional information, please contact: Llyr Heller, Young Adult Services Librarian (805) 526-1735 x.5016</i>
9/13/2013 12:00 – 1:30 pm	<i>Safe A Life Luncheon</i>	<i>Fresno City College Reedley & Willow International Community College Center</i>	<i>Anti-stigma efforts to reduce suicide and increase help seeking behavior</i>	<i>Open to everyone</i>	<i>None</i>	<i>Brian Olowude Brian.Olowude@fresnocitycollege.edu Donna Cook Donna.cook@fresnocitycollege.edu</i>
9/13/2013 10-11:30am OR 1:30-3pm	<i>Suicide Prevention Week - NAMI “In Our Own Voice”</i>	<i>Pasadena City College Room TBD</i>	<i>Speakers share compelling personal stories about living with mental illness and achieving recovery.</i>	<i>Pasadena City College students</i>	<i>None</i>	<i>PCC Journey to Wellness wellness@pasadena.edu (626) 585-7123 x.5050</i>
9/13/2013 9:00am to noon	<i>Creating Safety Where we Live, Work, & Play: Strategies to Reduce Access to Lethal Means</i>	<i>Humboldt Area Foundation, Indianola Rd. Bayside</i>	<i>Inform & involve community about ways we can help prevent suicide. Anara Guard, from Know the Signs CalMHSA Suicide Prevention Social Marketing Campaign</i>	<i>Community members: first responders, medical & school personnel, parents, Family Resource Center staff, Alcohol & other drug program staff.</i>	<i>Free workshop. Open to all. Registration is required. CEU's available for MFT's, LCSW's, and BTN's.</i>	<i>Kris Huschle (707) 441-5554 khuschle@co.humboldt.ca.us</i>
9/16/2013 5:00pm to 7:30pm	<i>Viewing of Documentary “A New State of Mind” and panel discussion</i>	<i>Humboldt State University – Native American Forum</i>	<i>Show the film “A New State of Mind” followed by a panel discussion with local people with lived experience from the Speakers Collective</i>	<i>Humboldt State Students</i>	<i>None. Free event. Open to all.</i>	<i>Michael Weiss (707) 441-5074 mweiss@co.humboldt.ca.us Karen Diers 441-5553 or kdiers@co.humboldt.ca.us</i>
9/17/2013	<i>Media Forum</i>	<i>Nevada County Lake region</i>	<i>Share information about reporting and messaging on suicide</i>	<i>Spokespeople for suicide prevention and local media outlets</i>	<i>None</i>	<i>Theresa Ly thly@edc.org</i>
9/17/13	<i>Nurse Resource Meeting</i>	<i>Orange County Department of Education</i>	<i>On-going prevention resource sharing</i>	<i>School Nurses</i>	<i>Licensed Professionals</i>	<i>pkahn@ocde.us</i>

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Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
9/24/2013 1:00pm-3:00pm	<i>Every Life Matters: Implementing Effective Suicide Prevention Strategies in California</i>	<i>San Francisco State, Milton Marks Auditorium 455 Golden Gate Avenue, San Francisco CA 94102</i>	<i>Senate Select Committee Meeting to discuss the future of suicide prevention in California. Guest speaker, Kevin Hines</i>	<i>Open to Everyone</i>	<i>None</i>	<i>Diana Traub at 916-651-4015 Diana.Traub@sen.ca.gov</i>
9/27/2013 10:00am to 2:30pm Lunch provided	<i>Superior California Suicide Prevention Network meeting</i>	<i>HCOE, Annex Eureka</i>	<i>In partnership with CSPN, Humboldt County is hosting the quarterly regional meeting.</i>	<i>Regional partners, community.</i>	<i>Registration is required. CEU's available for MFT's, LCSW's, and BTN's.</i>	<i>DHHS_TES@co.humboldt.ca.us or call (707) 441-5520 to reserve a spot</i>
9/27/13	<i>"Strengthen Your Role in Suicide Prevention"</i> <i>Suicide Prevention Network Meeting</i>	<i>Willow Creek Center 1026 Mohr Lane, Concord, CA</i>	<i>Present current best practices in Suicide Prevention</i> <i>Increase understanding of challenges and build skills in suicide prevention</i>	<i>Gatekeepers: volunteers and staff in schools, work places, youth, ethnic and LGBT community groups, religious organizations, service providers in primary care and Mental Health, VA, military, etc</i>	<i>Register at www.bascia.org</i>	<i>Gerold Loenicker Gerold.Loenicker@hsd.cccounty.us (925) 957-5118 Hosted by BASCIA Cosponsored by Contra Costa Crisis Center and Contra Costa Behavioral Health</i>
9/30/2013	<i>The Truth about Suicide with Kevin Hines</i>	<i>Marin County</i>	<i>Lecture and Booksigning</i>	<i>High School and College Age Students, LGBTQ, Veterans, Law Enforcement</i>	<i>none</i>	<i>Family Service Agency of Marin Amy Faulstich afaulstich@fsamarin.org 415-499-1193, ext. 3004</i>
10/18/2013	<i>We All Matter: Creating a Community of Caring – Suicide Prevention Regional Conference</i>	<i>San Francisco State University</i>	<i>Share best practices for suicide prevention and mental health awareness. Education on suicide prevention, reducing stigma, and connecting students to resources and referrals.</i>	<i>Students, Faculty and Staff</i>	<i>Registration: http://sfsu.us7.list-manage.com/subs/subscribe?u=942bf3d8f06ddbde4cf4c1c4e&id=7e69f4137d</i>	<i>Gary Lamm Graduate Student Assistant Suicide Prevention Program San Francisco State University Counseling and Psychological Services Center lamm@mail.sfsu.edu</i>
TBD	<i>Postvention Planning and Discussion</i>	<i>Tuolumne County Office of Education</i>	<i>To develop a plan for our schools with regard to postvention services</i>	<i>School Administrators, teachers, staff</i>	<i>None</i>	<i>Martha Golay mgolay@ataca.org (209) 533-1397 x. 274</i>

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Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
TBD	<i>Tuolumne County Firearms Safety Coalition</i>	TBA	<i>Kick off meeting for means reduction campaign (patterned after New Hampshire efforts)</i>	<i>Members of the Oversight Committee for our Suicide Prevention Task Force and community members involved with the sale and training of firearms.</i>	<i>Interest in building bridges with suicide prevention effort and gun safety.</i>	<i>Martha Golay mgolay@atcaa.org (209) 533-1397 x. 274</i>
TBD	<i>Suicide Prevention Week</i>	<i>Siskiyou County BOS Meeting</i>	<i>Notify Board of Suicide prevention Week and request adoption of Proclamation naming</i>	<i>Public Meeting of the BOS – open to entire County</i>	<i>None</i>	<i>Siskiyou County Behavioral Health Camy Rightmier crightmier@co.siskiyou.ca.us (530) 841-4281</i>
TBD	<i>Annual Faith Community Breakfast</i>	<i>East Sonora Conference Center</i>	<i>Provide education on suicide prevention and the work plan for our community.</i>	<i>A special invitation to ministers, chaplains, parish nurses, and other faith community workers to become involved.</i>	<i>None</i>	<i>Martha Golay mgolay@atcaa.org (209) 533-1397 x. 274</i>
TBD	<i>DORA Program</i>	TBD	<i>Increase the health and well-being of college students</i>	<i>University Housing & Village RAs</i>	<i>None</i>	<i>Kristen Mar kmar@csupomona.edu</i>
TBD	<i>M.H. Practitioner CADRE</i>	<i>Orange County Department of Education</i>	<i>SAMSHA Suicide Prevention Toolkit</i>	<i>CADRE Members</i>	<i>None</i>	<i>lvezzuto@ocde.us</i>
TBD	<i>Stress Management and Self Care</i>	<i>Week of Welcome, Cal Poly</i>	<i>A personal-care workshop that also addresses stigma-reduction as part of our Week of Welcome.</i>	<i>First-year students attending Week of Welcome.</i>	<i>None</i>	<i>Hannah Roberts, Psy.D., Cal Poly Counseling Services 805.756.2511 hrobero2@calpoly.edu</i>

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September 2013 Suicide Prevention Events

Events and Campaigns to Raise Awareness of Suicide Prevention:

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
9/1/2013 - 9/30/2013	<i>Silence Hurts Us All Social Media Awareness Campaign</i>	CSUSM	<i>Utilize e-publication and social media to share information about suicide prevention and compassion for those affected by suicide</i>	Students	None	Student Health & Counseling Services Cheryl Berry, cberry@csusm.edu 760-750-4946 implemented by CSUSM Active Minds chapter
9/5/2013	<i>Presentation of Know the Signs Campaign</i>	Dominican University	<i>Present Know the Signs Campaign and brainstorm ways to market locally</i>	Dominican University students	None	Theresa Ly, thly@edc.org in partnership with Family Services Agency of Marin
9/6/2013	<i>Suicide Prevention Awareness Panel Presentation</i>	DCFS Torrance, 2325 Crenshaw Blvd, Torrance 90501	<i>Increasing awareness about suicide and suicide prevention</i>	DCFS Employees	Closed to the public and is for invited DCFS employees only	Ann Lee Los Angeles County Department of Mental Health 100 Oceangate, Suite 550 Long Beach, CA 90802
Week of 9/8/ 2013	<i>Mendocino County Mobile Story Board presentation</i>	Communities in Mendocino County TBD	<i>Suicide prevention education and awareness project</i>	Mendocino County community members	None	
9/8/2013 – 9/14/2013	<i>“Not On My Watch” Suicide Prevention Campaign</i>	Higher Education Campuses in San Diego County	<i>Bring awareness of the resources available to students and how to recognize the signs of suicide risk</i>	Students on various colleges throughout the state, including the Community Colleges, CSU, and UC campuses	None	Elizabeth Vaughan evaughan@sdcchip.org
9/8/2013 – 9/14/2013	<i>Media Awareness in Tuolumne County</i>	Print, radio, youtube	<i>Educational announcements using multiple media sources</i>	General community	None	Martha Golay, mgolay@atcaa.org (209) 533-1397 x274 provided by the YES Partnership Media Committee
9/9/13 – 9/13/13	<i>Develop suicide prevention campaigns on campus</i>	Riverside County middle and high schools	<i>Riverside County Public Health collaboration with schools to increase awareness around mental health topics</i>	Students, staff and faculty	None	Janine Moore JAMoore@rcmhd.org
9/9/2013	<i>Behind Happy Faces: Talking about Mental Health-- Ross Szabo's story</i>	CSU Sonoma, Cooperage	<i>Behind Happy Faces raises awareness of the mental health needs of college students all across the nation</i>	Students, Faculty and Staff	None	Counseling and Psychological Services (707) 664-2382 www.sonoma.edu/as/asp

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9/9/2013, 2:30 – 3:30 pm	National Suicide Prevention Week Event	CSU Stanislaus Campus MSR 130	View short films about suicide awareness and messages of hope. Panel of campus and community members to dialogue about suicide prevention and achieving wellness.	Open to all students, faculty and staff	None	Jennifer Johnson – Coordinator - PEER Project jljohnson@csustan.edu
9/9/2013	UCB Counseling and Psychological Services launch “Look for the Signs Campaign”	UCB Campus Berkeley	Awareness Campaign	Students, Faculty and Staff	None	Aaron S. Cohen, PhD acohen@berkeley.edu
9/9/2013 – 9/10/2013	Suicide Awareness Lawn Campaign	CSU, Dominguez Hills North Lawn	Increase awareness of facts and myths about suicide	Open to everyone	None	Student Health & Psychological Services Cal State University Dominguez Hills Tiffany Herbert therbert@csudh.edu (310) 243-3818
9/9/2013 – 9/12/2013	Field of Memories Memorial	South Quad CI, CSU Channel Islands	Create awareness of the 1100 suicide deaths that occur each year on college campuses. Tabling by Student Health Center, Veterans Program and Multicultural Center.	Students, faculty, staff	None	Kathleen J. Roach, MPH, MBA Kathleen.roach@csuci.edu
9/9/2013 – 9/13/2013	Suicide Awareness Activities: Out of Darkness walk & Before I die project	Butte College & CSU Chico	Suicide Prevention Awareness Event	Open to everyone	None	Stephanie Jimenez jimenezSt@Butte.edu
9/9/2013 – 9/13/2013	Suicide Prevention Week	Cuesta Community College- San Luis Obispo & North County Campus location	To increase awareness and reduce the stigma around suicide. To give resources and support to the student body.	Cuesta College students	None	Kelsey Kehoe Kelsey_kehoe@cuesta.edu (805) 546-3100 x. 2213

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9/10/2013	Art with Impact	UHUB, CSU Chico campus	Facilitate suicide awareness and mental illness stigma reduction through discussion of short films	Open to everyone	None	Juni Banerjee-Stevens CSU Chico Counseling and Wellness Center dbanerjee-stevens@csuchico.edu 530-898-6345
9/10/13	Stomping out stigma video	TBD	Show campus support for reducing stigma surrounding mental illnesses	Students, faculty, staff, visitors	None	Kristen Mar kmar@csupomona.edu
9/10/2013	Active Minds Inc.- Send Silence Packing awareness campaign	Riverside Community College 4800 Magnolia Ave. Riverside	Each backpack has information about college student mental health.	Open to the public	None	Riverside County Department of Mental Health, Janine Moore, Prevention and Early Intervention Coordinator Jamoore@rcmhd.org Angela Boland, Angela.boland@rcc.edu (951) 222-8000 x.4025
September 2013 onwards (Monitors); 9/9/13-9/13/13 (Marquee)	Suicide Prevention Signage	Monitors in common areas and the marquee at the entrance to the CPP campus	Inform students, faculty, staff, and visitors to suicide prevention messages	Students, faculty, staff, visitors	none	Kristen Mar kmar@csupomona.edu
9/11/2013	Candlelight Vigil	CSU, Dominguez Hills Palm Court	Increase awareness of facts and myths about suicide	Open to everyone	None	Student Health & Psychological Services Cal State University Dominguez Hills Tiffany Herbert therbert@csudh.edu (310)243-3818
9/12/2013	Adult Suicide Prevention Presentation	Mt. San Antonio College (Mt. Sac)	Increasing awareness about suicide and suicide prevention	College Aged Adults	Closed to the public and is for invited Mt. San Antonio College students only	Melissa Egan Mt. San Antonio College 1100 North Grand Avenue Walnut, CA 91789 megan@mtsac.edu
9/12/2013	"Bully"	First Baptist Church of Chico	Raise awareness of the dimensions of bullying as well as the relationship of bullying and suicide through viewing and discussing the film "Bully"	Open to everyone	None	Keith Slaughter, slaughtk@pacbell.net 530-521-6445 Tom Kelem, Board Chair, Stonewall Alliance Center, tkelem@stonewallchico.org 530-893-3336

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9/14/2103	AFSP Suicide Prevention Walk in Chico	Chico Downtown Plaza	Raise awareness about suicide and reduce mental illness stigma; offer suicide survivors an opportunity to grieve and honor loved ones	Open to everyone	None	Mike Gonzales suzyslaw@gmail.com 530-520-6696
9/17/2013	Send Silence Packing	Santiago Canyon College	Enhance mental health awareness; help reduce college student suicide by starting a dialogue about suicide and encouraging peers to reach out	Students, campus staff and community	None	Active Minds Candace Daniels Candace@activeminds.org
9/21/2013	Coastal Trail Walk	Window on the Bay Park, Monterey	Remember those we have lost and raise awareness about and support for Suicide Prevention Service of the Central Coast	General community, families, survivors of suicide loss, suicide attempt survivors, service providers, etc.	None	Evan Marsh, Suicide Prevention Service of the Central Coast evanmfsa@gmail.com , (831) 459-9373 x5 www.coastaltrailwalk.org (877) 311-9255
9/22/2013	15th Annual Alive and Running 5K walk/run for suicide prevention	North of LAX West 88th St. & La Tijera Blvd., Los Angeles, CA 90045	A walk/run to raise funds and awareness for DHMHS's Suicide Prevention Center	Open to everyone	Register online or at the day of the event	Didi Hirsch Mental Health Services Register online at: www.aliveandrunning.org Or register same day in person from 6:30-7:45am
9/27/2013	Send Silence Packing	UU Plaza, Cal Poly	Raise awareness through a program that brings 1,100 backpacks to campus, representing the college students lost annually to suicide	Cal Poly students, faculty and staff	None	Hannah Roberts, Psy.D. Campus Program Coordinator, Cal Poly Counseling Services San Luis Obispo, CA 93407 805.756.2511, hrober02@calpoly.edu
9/28/2013 Time TBD	Walking Toward Awareness	Carson Park, Eureka	Raise awareness suicide is preventable, provide hope, support for families, friends and community	Whole community	None	Kris Huschle (707) 441-5554 khuschle@co.humboldt.ca.us
10/18/2013	Send Silence Packing	San Francisco State University, Quad	To bring to life the personal stories of students who have completed suicide	Students, faculty, staff, providers, community partners	None	Yolanda Gamboa ygamboa@sfsu.edu

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September 2013 Suicide Prevention Events

Suicide Prevention Training Opportunities

Applied Suicide Intervention Skills Training (ASIST) Workshop (2 days): Interactive, experiential workshop that prepares caregivers to provide suicide first aid interventions.

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
9/2013 TBD	ASIST	Siskiyou County	Train Crisis Line Volunteers & local schools and FRC Directors	Open to anyone involved in providing mental health services	None	Siskiyou County Behavioral Health Arden Carr, acarr@co.siskiyou.ca.us (530) 841-4100
9/9/2013-9/10/2013 and TBD (End of 9/2013)	ASIST Training	Cal Poly	Train Campus Community Members in ASIST	Open to anyone on campus	None	Patricia Ponce, California Polytechnic State University, 805-756-1380 pponce@calpoly.edu
9/25/2013 – 9/26/2013 8:30am to 4:30pm	ASIST	Aquatic Center, Eureka, CA	Train community in suicide first aid.	Regional partners, community members	Registration is required.	DHHS_TES@co.humboldt.ca.us or call (707) 441-5520 to reserve a spot
November 2013 TBA	ASIST trainings in November	Santa Clara / South County	Gatekeeper Training	Community	None	Evelyn Tirumalai Evelyn.Tirumalai@hhs.sccgov.org

SafeTALK: Prepares helpers to identify persons with thoughts of suicide and connect them to suicide first aid resources.

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
9/9/2013	SafeTalk Training	CSU Chico	Train students and community members	Open to everyone	None	Juni Banerjee-Stevens CSU Chico Counseling and Wellness Center dbanerjee-stevens@csuchico.edu 530-898-6345
9/9/2013	SafeTalk Training	First Baptist Church of Chico	Train community members	Open to everyone	Register at http://web.bcoe.org/calendar/ . Select 9/9 and then select SafeTalk	Bruce Baldwin Butte County Office of Ed bbaldwin@bcoe.org 530-532-5842
9/13/2013	Safe Talk Training	Butte-Glenn Community College	Train students and community members	Open to everyone	None	Juni Banerjee-Stevens CSU Chico Counseling and Wellness Center dbanerjee-stevens@csuchico.edu 530-898-6345

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September 2013 Suicide Prevention Events

Question, Persuade, Refer (QPR) (about 1 hour): Just as people trained in CPR help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
TBD	Question, Persuade, Refer (QPR) Training	TBA	Teach Question, Persuade, Refer (QPR) approach to suicide assessment	UCB Students	None	Counseling and Psychological Services Aaron S. Cohen, PhD acohen@berkeley.edu
9/9/13	QPR Gatekeeper Instructor Training	San Joaquin County Office of Education, Stockton	To train QPR Gatekeeper Instructors	Anyone interested in becoming an instructor in QPR	Participants have been selected through the sponsoring agencies	Ken Fitzgerald, Stanislaus COE kfitzgerald@stancoe.org
9/10/2013 3:30pm-5:00pm	Question, Persuade & Refer Training	Library, Room 2206	To educate the campus community	Fresno State Students, Staff & Faculty	Registration with Melissa Watkins	Melissa Watkins melissaw@csufresno.edu (559) 278-1023
9/10/2013	QPR Training	UCLA	Train Office of Residential Life (ORL) governance representatives and Resident Advisors on QPR	ORL governance representatives ORL Resident Advisors	None	UCLA CAPS Melissa Magaro mmagaro@caps.ucla.edu (310) 825-0768
9/11/2013	Suicide Prevention Event and QPR training	Fairfield, Solano County	Commemorate suicide prevention week, generate awareness, offer QPR training	Mental health providers, General public	None	Sandra Black, sblack@edc.org Family Service Agency of Marin, Melissa Ladrech, mladrech@fsamarin.org 415-491-5715
9/13/2013 11:00am-12:30pm	Question, Persuade & Refer Training	Library, Room 2206	To educate the campus community	Fresno State Students, Staff & Faculty		Register with Melissa Watkins: melissaw@csufresno.edu , (559) 278-1023 Seats are limited.
9/15/2013	Question, Persuade, Refer(QPR) Training	Gavilan College Teaching and Learning Center	Suicide prevention	Gavilan College faculty	None	Carla Velarde-Barros, MSW cvelardebarros@gavilan.edu
9/19/2013	Kinesiology Department, Cal Poly	QPR for Kinesiology Orientation	Train Kinesiology Department Faculty and Staff in QPR	Kinesiology Department Faculty & Staff	None	Hannah Roberts, Psy.D. Campus Program Coordinator, Cal Poly Counseling Services San Luis Obispo, CA 93407 805.756.2511, hrobero2@calpoly.edu

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September 2013 Suicide Prevention Events

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
9/25/2013	QPR Workshop	Riverside City College classroom	Suicide prevention and intervention	Students	None	Angela Boland Angela.boland@Rcc.edu (951) 222-8000 x.4025
9/30/2013	QPR Gatekeeper Training	Stanislaus County Office of Education	To train suicide prevention "gatekeepers"	School personnel and other youth-serving agencies and community partners	None	Erikka Perry, Stanislaus COE eperry@stancoe.org , (209) 238-1367
10/28/13	Suicide Prevention and QPR Gatekeeper Training	Santa Clara	Gatekeeper Training	Santa Clara DADS county contracted service providers	None	Evelyn Tirumalai Evelyn.Tirumalai@hhs.sccgov.org

Mental Health First Aid Training: A basic training course that helps the public identify, understand and respond to signs of suicide, mental illnesses and substance use disorders until professional help arrives

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
9/12/2013	Youth Mental Health First Aid	Stanislaus County Office of Education	To train adults who work with youth to provide mental health first aid	Adults who work with youth	None	Erikka Perry, Stanislaus COE eperry@stancoe.org , (209) 238-1367
9/12/2013-9/13/2013	Mental Health First Aid	Recovery Education Institute 401 S. Tustin St. Orange, CA 92866	Mental Health First Aid basic training course	Open to the public, (Note: This training is not designed for clinicians and does not offer CE credits)	Register with the Center of Excellence	For more information, please contact the Center of Excellence at: 714-667-5600 or HCACenterofExcellence@ochca.com
9/16/2013	Youth Mental Health First Aid	Stanislaus County Office of Education	To train adults who work with youth to provide mental health first aid	Adults who work with youth	None	Erikka Perry, Stanislaus COE eperry@stancoe.org , (209) 238-1367

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September 2013 Suicide Prevention Events

Other Suicide Prevention Training Opportunities:

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
9/4/2013	Resident Assistant Training	Cal Poly Residential Life & Education	Training Resident Assistants to recognize and respond to distress through Active Listening Workshops and Behind Closed Doors.	Residential Life and Education Staff	None	Hannah Roberts, Psy.D. Campus Program Coordinator, Cal Poly Counseling Services San Luis Obispo, CA 93407 805.756.2511, hrober02@calpoly.edu
9/7/2013	Hotline Volunteer Training Class	Culver City, CA: Didi Hirsch Mental Health Services	Training Classes for Suicide Crisis Hotline volunteers. Welcoming 3 Chaplains from the Korean Army	Pre-registration needed. Training class opportunities are available for interested volunteers	Requires Pre-registration and screening	Didi Hirsch Mental Health Services Yamile Sanchez ysanchez@didihirsch.org
9/9/2013 – 9/12/2013	Kognito At Risk-Online Training	Campus Wide, CSU Channel Islands	Have as many faculty, staff and students participate in the online training	Students, faculty, staff	None	Kathleen J. Roach, MPH, MBA Kathleen.roach@csuci.edu
9/11/2013	RA Training	Cal Poly Residential Life & Education	Training Resident Assistants to recognize and respond to distress through Active Listening Workshops and Behind Closed Doors.	Residential Life and Education Staff	None	Hannah Roberts, Psy.D. Campus Program Coordinator, Cal Poly Counseling Services San Luis Obispo, CA 93407 805.756.2511, hrober02@calpoly.edu
9/11/2013	Crisis Intervention Training Academy- Partner with Monterey County Sheriff's Department	Monterey County	Provide training and suicide prevention and intervention for first responders and law enforcement from throughout the Central Coast	Officers enrolled in the Fall 2013 CIT Academy	None	Carly Galarneau Suicide Prevention Service of the Central Coast carlygfsa@gmail.com (831) 459-9373 x.17
9/12/2013	Kognito Training	CSU, Dominguez Hills	Increase awareness of how to deal with students/peers in distress	Open to everyone	None	Student Health & Psychological Services Cal State University Dominguez Hills Tiffany Herbert therbert@csudh.edu , (310)243-3818
9/14/2013	Presentation/training for clinicians on suicide prevention	Hollywood Sunset Free Clinic, 3324 W. Sunset Blvd. Los Angeles, Ca 90026	Increasing awareness about suicide and suicide prevention	Clinicians	Closed to the public and is for Clinicians of Hollywood Sunset Free Clinic only	Robbert Schalekamp (323) 660-2400

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September 2013 Suicide Prevention Events

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
9/27/2013	Veteran Suicide Awareness: Gatekeeper Training	Pasadena City College Crevling Lounge 8:30-10:30am	Veterans Suicide Awareness Campaign to prevent suicide among veterans	All campus staff and faculty working with veterans	None	PCC Veterans Resource Center Patricia D'Orange-Martin pddorange-martin@pasadena.edu (626) 585-7888
10/22/13	SF Police Critical Incident Team Straining on Suicide	San Francisco	Train police officers on suicide	Police officers	Police officers	David Paisley 415/984-1900 Davidp@sfsuicide.org
11/20/13	Suicide and the Attorney	Webinar	Train legal profession on suicide	Legal Profession	Legal Profession	David Paisley 415/984-1900 Davidp@sfsuicide.org

Information Dissemination Opportunities:

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
TBD	High School Campus Club Fair	Sonora, Summerville, and Casina High Schools	Distribute text message suicide prevention business cards to students	High School students	None.	Martha Golay mgolay@atcaa.org (209) 533-1397 x. 274
9/2013 TBD	Know the Signs/Wellspace	Siskiyou County	Suicide Awareness, share fliers, posters, outreach	Older Adults/Teens TAY	None	Siskiyou County Behavioral Health Camy Rightmier, (530) 841-4281 crightmier@co.siskiyou.ca.us
9/1/2013-9/30/2013	Suicide Prevention Signs/ Resources	CPP Campus/ Social Media	Provide resources and information to the CPP community	Students, faculty, staff, visitors	None	Kristen Mar kmar@csupomona.edu
9/9/2013 10:30am-1:30pm	Informational Tabling Activities focused on warning signs (behaviors & situations)	CSU, Fresno Free Speech Platform	To educate our campus community about the behaviors and situations that someone might exhibit when they are thinking about suicide.	Fresno State Students	None	Melissa Watkins melissaw@csufresno.edu (559) 278-1023

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September 2013 Suicide Prevention Events

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
9/10/2013	<i>Kick the Stigma Tabling event</i>	<i>CSU, Dominguez Hills East Walkway</i>	<i>Tabling event to promote awareness of suicide, facts, myths, and resources</i>	<i>Open to everyone</i>	<i>None</i>	<i>Student Health & Psychological Services Cal State University Dominguez Hills Tiffany Herbert therbert@csudh.edu (310)243-3818</i>
9/10/2013 1:00 – 2:00 pm	<i>Information table Survivor of Suicide Speaker</i>	<i>Willow International Community College Center</i>	<i>Awareness, anti-stigma, reduce suicide increase help seeking behavior</i>	<i>Open to everyone</i>	<i>None</i>	<i>Naomi Foray Naomi.foray@scccd.edu Michelle Scoggins Michelle.scoggins@scccd.edu</i>
9/10/2013	<i>Suicide Prevention Fair</i>	<i>San Diego City College</i>	<i>Raise awareness of signs of suicide, provide community resources to students</i>	<i>Community partners and students</i>	<i>None</i>	<i>Julie Little jlittle@sdcdd.edu (619) 388-3539</i>
9/10/2013 10:30am- 1:30pm	<i>Informational Tabling Activities focused on warning signs</i>	<i>CSU, Fresno Free Speech Platform</i>	<i>Educate our campus community about the verbal cues that someone might exhibit when they are thinking about suicide.</i>	<i>Fresno State Students</i>	<i>None</i>	<i>Melissa Watkins melissaw@csufresno.edu (559) 278-1023</i>
9/11/2013	<i>Suicide Prevention Week Health Fair</i>	<i>Golden West College, Huntington Beach CA</i>	<i>Outreach to College students during Suicide Prevention Week regarding risk factors and warning signs of suicide and how to help</i>	<i>College Aged Adults</i>	<i>Closed to the public and is for invited Golden West College students only</i>	<i>Jacquelyn Rivera Program Coordinator Survivor Support Services (714) 547-8562 Rob Bachmann rbachmann@qwc.cccd.edu</i>
9/11/2013 – 9/12/2013	<i>Suicide Prevention Resource Fair</i>	<i>Cuesta College, North County San Luis Obispo</i>	<i>To increase awareness of the resources available for preventing suicide</i>	<i>Open to the Public</i>	<i>None</i>	<i>Kelsey A. Kehoe Wellness Arts Program Coordinator Cuesta College (805) 546-3100 x.2213</i>
9/12/2013 10:30am- 1:30pm	<i>Informational Tabling & Community Resource Fair</i>	<i>Free Speech Platform</i>	<i>To educate the campus community about resources available on our campus and in our community (i.e., local hotline, Fresno SOS, etc.)</i>	<i>Fresno State Students</i>	<i>None</i>	<i>Melissa Watkins melissaw@csufresno.edu (559) 278-1023</i>

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September 2013 Suicide Prevention Events

Date	Name	Location	Purpose	Target Population (who should attend)	Prerequisites (for attendance)	Contact Information
9/12/2013	Information Table, Survivor of Suicide Speaker	Fresno City College Madera Center	Awareness, anti-stigma efforts, reduce suicide increase help seeking behavior	Open to everyone	None	Brian Olowude Brian.Olowude@fresnocitycollege.edu Sherri Scott-Hunter Sherri.scott-hunter@scccd.edu
9/14/2013 12:00 to 5:00pm	PRIDE Festival	Halvorsen Park, Eureka	Community outreach & education.	LGBTQI & all community members	None	http://humboldtpride.org
9/14/2013-9/15/2013 and 9/21/2013	Lake County Recovery Month Activities	Lake County Locations TBD	Resource Table for Suicide Prevention Marketing materials	Lake County Community members	none	Lake County Behavioral Health Linda Aldridge Linda.Aldridge@lakecountyca.gov (707) 274-9101
9/18/2013	Napa County AOD Resource Fair	Napa County Location TBD	Resource Table for Suicide Prevention Marketing materials	Napa County community members	none	Napa County Mental Health Martha Gomez-Cisneros martha.gomez-cisneros@countyofnapa.org (707) 259-8691
9/19/2013-9/20/2013	Mustang Way to Success	Week of Welcome, Cal Poly	A resource fair to raise awareness and reduce stigma.	First-year students attending Week of Welcome.	None	Andrene Kaiwi-Lenting, Student Life & Leadership, California Polytechnic State University [p] 805.756.2014 http://orientation.calpoly.edu

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