

CalMHSA Express Week of January 27, 2014

Extra! Extra!  
CalMHSA Express



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### **Week In Review:**

- *RAND Interim Evaluation Publications Now Available!*
- *Mental Health Association of San Francisco is Accepting Mini-Grant Applications*
- *Disability Rights California Releases New Mental Health Resources*
- *San Luis Obispo County Holds Resource Fair for Families with Children*
- *UC Berkeley Trains Students in Question, Persuade, and Refer*
- *The University of California Joins Partnership for Directing Change*

### **Hot News (funded by CalMHSA and Proposition 63)**

***RAND Interim Evaluation Publications Now Available!*** A series of preliminary reports from the RAND Corporation on progress and initial findings from its evaluation of the CalMHSA administration of Statewide Prevention and Early Intervention (PEI) Initiatives on behalf of counties are now available. The reports provide the first statewide snapshot of the work completed to implement groundbreaking PEI programs, and underscore the importance of sustained county coordination to realize the longer-term benefits of these investments in statewide PEI strategies. View all the documents [here](#). Contact: Nicole Eberhart at [eberhart@rand.org](mailto:eberhart@rand.org).

***Mental Health Association of San Francisco (MHASF) is Accepting Mini-Grant Applications:*** MHASF is seeking applications for mini-grants for community-based consumer-run and consumer-operated organizations and programs in California. MHASF anticipates awarding between 6-8 mini-grants to organizations and programs for organizational capacity and infrastructure support or assistance with developing stigma and discrimination reduction projects. A conference call will be held on Friday, **January 31<sup>st</sup>, 2014** to answer questions about the application, which is due Wednesday, **February 12<sup>th</sup>, 2014**. For more information, and to begin an application [click here](#). Contact: Monica Martinez at [monica@mentalhealthsf.org](mailto:monica@mentalhealthsf.org).

**Disability Rights California (DRC) Releases New Mental Health Resources:** DRC has released a new publication, "[What is Mental Health Parity?](#)" to help consumers understand that health insurance must provide equal coverage for physical and mental health conditions. The resource is available in English, Spanish, Vietnamese, Tagalog and Arabic. DRC also has a [new website](#) that will contain fact sheets, flyers and training materials, as well as a Tip of the Month. Contact: Margaret Jakobson-Johnson at [margaret.jakobson@disabilityrightsca.org](mailto:margaret.jakobson@disabilityrightsca.org).

**UC Berkeley Trains Students in Question, Persuade, and Refer (QPR):** UC Berkeley has started to train student leaders in QPR, a nationally recognized way to help support others who may be thinking of suicide. The school has already trained several resident advisers and health workers during the Fall and will continue to train student leaders. Contact: Aaron Cohen at [acohen@berkeley.edu](mailto:acohen@berkeley.edu).

**The University of California Joins Partnership for Directing Change:** The University of California is the first university to join Each Mind Matter's Directing Change, a student video contest that encourages students to end the silence about mental illness and prevent suicide by creating a 60-second public service announcement. The winners will receive a cash prize and be recognized for this accomplishment at an award ceremony. Visit [www.directingchange.org](http://www.directingchange.org) for more information. Contact: Taisha Caldwell at [Taisha.caldwell@ucop.edu](mailto:Taisha.caldwell@ucop.edu).

### **Prop. 63 in the News**

The [Tahoe Daily Tribune](#) highlighted the Know the Signs campaign as part of the Tahoe Truckee Suicide Prevention Task Force's outreach to help prevent youth suicide.

### **Down the Pipeline**

**San Luis Obispo County Holds Resource Fair for Families with Children:** On Wednesday, January 29<sup>th</sup>, 2014 from 4:30-6:30 PM at Laguna Middle School in San Luis Obispo, San Luis Obispo County will hold the Second Annual Resource Fair for Mental Health Providers and Families with Children Ages 0-5. 44 Providers will be in one place to provide information, advice, and resources to parents at no cost. Eligible families will receive shelf-stable products, bread and fresh produce at the event. Free flu shots for children and adults will also be available. Contact: Shannon White Bond at [swbond@slocoe.org](mailto:swbond@slocoe.org) or (805) 782-7272.

**Save the Date for New RAND Training:** On Wednesday, March 5<sup>th</sup>, 2014, RAND will be hosting an in-person work group "Planning and Using County Data Systems for PEI." The workgroup will provide a forum for counties to share with other counties on the development and use of electronic data systems for capturing PEI process and outcomes information. RAND will provide background and context and structured facilitation for a main session and breakout sessions. If you are interested in participating, contact Kerry Newsome at [knewsome@rand.org](mailto:knewsome@rand.org).

Do you have news to share? Send submissions to Jenna Thompson at [Jenna@paschalroth.com](mailto:Jenna@paschalroth.com).