MINUTES

CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY (CalMHSA)
STRATEGIC PLANNING SESSION AND BOARD OF DIRECTORS MEETING
Sacramento, California

June 13, 2013

MEMBERS PRESENT
Wayne Clark, PhD, CalMHSA President, Monterey County
Maureen F. Baumann, LCSW, CalMHSA Vice President, Placer County
Karen Baylor, PhD, MFT, CalMHSA Secretary, San Luis Obispo County
Scott Gruendl, MPA, CalMHSA Treasurer, Glenn County
Brad Luz, PhD, Central Region Representative, Sutter/Yuba County
Rita Austin, LCSW, Central Region Representative, Tuolumne County
William Arroyo, MD, Los Angeles Region Representative, Los Angeles County
CaSonya Thomas, MPA, CHC, Southern Region Representative, San Bernardino County
Karen Stockton, PhD, MSW, Superior Region Representative, Modoc County
Anne Robin, MFT, Superior Region Representative, Butte County
Terence M. Rooney, PhD, Colusa County
Patricia Charles-Heathers, El Dorado County
Dawan Utecht, Fresno County
Barbara LaHaie, Humboldt County
Kristy Kelly, MFT, Lake County
John Lawless, LCSW, Mariposa County (alternate)
Tom Pinizzotto, Mendocino County (alternate)
Jaye Vanderhurst, LCSW, Napa County
Jenny Qian, MA, Orange County (alternate)
Jerry Wengerd, LCSW, Riverside County
Mary Ann Carrasco, Sacramento County
Nancy Pena, PhD, Santa Clara County
Donnell Ewert, MPH, Shasta County
Madelyn Schlaefer, PhD, Stanislaus County
Noel J. O'Neill, MFT, Trinity County
Meloney Roy, LCSW, Ventura County
Kim Suderman, Yolo County

MEMBERS/ALTERNATES LISTENING IN
Debby Estes, LCSW, Madera County (alternate)

ALTERNATES PRESENT
Tom Sherry, Sutter/Yuba (alternate)
MEMBERS ABSENT
Michael Kennedy, MFT, Sonoma County
Jo Robinson, Bay Area Region Representative, San Francisco City and County
Karyn Tribble, PsyD, LCSW, City of Berkeley
Mary Roy, MFT, Contra Costa County
Gary R. Blatnick, Del Norte County
Michael Horn, MFT, Imperial County
Gail Zwier, PhD, Inyo County
Jim Waterman, PhD, Kern County
Mary Ann Ford Sherman, MA, Kings County
Barbara Pierson, Lassen County
Margaret Kisliuk, HHS, Marin County
Robin Roberts, MFT, Mono County
Michael Heggarty, MFT, Nevada County
Alan Yamamoto, LCSW, San Benito County
Stephen Kaplan, San Mateo County
Alfredo Aguirre, San Diego County
Vic Singh, LCSW, San Joaquin County
Stephen Kaplan, San Mateo County
Rama Khalsa, PhD, Santa Cruz County
Terry Barber, Siskiyou County
Halsey Simmons, MFT, Solano County
Jesse Duff, Tri-City Mental Health Center
Timothy Durick, PsyD, Tulare County

STAFF PRESENT
John Chaquica, CPA, MBA, ARM, CalMHSA Executive Director
Doug Alliston, Legal Counsel, Murphy Campbell Guthrie & Alliston
Kim Santin, CPA, CalMHSA Finance and Administration Director
Ann Collentine, MPPA, CalMHSA Program Director
Allan Rawland, Associate Administrator – Government Relations
Stephanie Welch, MSW, CalMHSA Senior Program Manager
Sarah Brichler, MEd, CalMHSA Program Manager
Maya Maas, CalMHSA Executive Assistant
Michelle Yang, CalMHSA Executive Assistant
Jaikelle Meeks, CalMHSA Executive Assistant

MEMBERS OF THE PUBLIC
Stacie Hiramoto, Racial and Ethnic Mental Health Disparities Coalition (REMHDCO)
1. **CALL TO ORDER**
The regular meeting of the Board of Directors of the California Mental Health Services Authority (CalMHSA) was called to order by President Wayne Clark, PhD, Monterey County, at 2:46 p.m. on June 13, 2013, at the Doubletree Hotel Sacramento, located at 2001 Point West Way, Sacramento, California. President Clark welcomed those in attendance as well as those listening in on the phone.

President Clark asked Doug Alliston, Legal Counsel, Murphy Campbell Guthrie & Alliston, to call roll in order to confirm a quorum of the Board.

2. **ROLL CALL AND INTRODUCTIONS**
Mr. Alliston called roll and informed President Clark and fellow Board members a quorum had been met.

3. **INSTRUCTIONS FOR PUBLIC COMMENT AND STAKEHOLDER INPUT**
Mr. Alliston reviewed the instructions for public comment, including the process of public comment cards, and noted items not on the agenda would be reserved for public comment at the end of the agenda.

President Clark presented Karen Baylor, San Luis Obispo County, who has served as a CalMHSA officer since the JPA’s inception, with a plaque acknowledging her dedication and service to mental health services in California as well as the development of CalMHSA.

4. **CMHDA STANDING REPORT**
President Clark invited Pat Ryan, CMHDA Executive Director, to provide a report on CMHDA. Ms. Ryan gave a quick overview of CMHDA’s budget review noting the 1991 realignment revenue sources remain stable and unchanged. The Steinberg Mental Health Wellness Proposal has been included in the budget (AB 82).

CMHDA has been approached by the Department of Health Care Services to participate and contribute financially in a feasibility study to change the current Short-Doyle 2 claims processing system. One alternative being considered is having CalMHSA administer the study on behalf of the counties.
Work continues on the state hospital beds project and staff will be meeting soon with the Department of State Hospitals (DSH) and the Department of Finance. DSH has informed CMHDA they will provide an opportunity for feedback on any language put forth for future legislation.

**Action:** None, information only.

5. STATEWIDE PEI PROGRAMS

A. Program Partner Presentation – University of California Office of the President – Student Mental Health Initiative: University of California Student Mental Health Program (UCSMHP)

Ann Collentine, CalMHSA Program Director, introduced Dr. Taisha Caldwell, University of California Office of the President. Dr. Caldwell provided the Board with an overview of the UC’s projects throughout the state. The UC team is committed to prevention and early intervention, focusing on resilience and overall wellness. She reviewed some of the collaboration and networking efforts between the UC campuses and counties as well as the resources made available to UC staff and students. Dr. Caldwell screened a public service announcement (PSA) focusing on veterans—one of the customizable PSAs being provided to the campuses and counties. The PSAs will be hosted on Vimeo.

**Action:** None, information only.

Public comment was heard from the following individual(s):
Susan Gallagher, Mental Health America of Northern California (MHANCA)

6. APPROVAL OF AGENDA AS POSTED (OR AMENDED)

President Clark called for approval of the agenda as posted and asked for comment from Board members. Hearing none, President Clark entertained a motion to approve the agenda as posted.

**Action:** A motion was made to approve the agenda as posted.

**Motion:** William Arroyo, Los Angeles County
**Second:** Karen Stockton, Modoc County

Motion carried by unanimous consent.

Public comment was heard from the following individual(s):
None

7. CONSENT CALENDAR

President Clark acknowledged the consent calendar and asked for comment from Board members. Hearing none, President Clark entertained a motion to approve the consent calendar.
Action: A motion was made to approve the consent calendar.

Motion: Kristy Kelly, Lake County
Second: Jaye Vanderhurst, Napa County

Motion carried unanimously.

Public comment was heard from the following individual(s):
None

8. MEMBERSHIP
A. CalMHSA New County Membership Application(s)
President Clark called on Maureen Bauman, Placer County, to announce the membership application of Alameda County. They will be the 51st member of CalMHSA.

Action: A motion was made to approve CalMHSA membership for Alameda County.

Motion: Brad Luz, Sutter/Yuba County
Second: Karen Stockton, Modoc County

Motion carried unanimously.

Public comment was heard from the following individual(s):
None

B. County Outreach Report
Allan Rawland, CalMHSA Associate Administrator — Government Relations, provided an update on outreach efforts. Eight counties have yet to pursue membership with two in the queue—Sierra and Merced counties.

Mr. Rawland reminded the Board of the amended JPA agreement. Staff have received 18 signed agreements with 13 in the queue.

Action: None, information only.

Public comment was heard from the following individual(s):
None

9. FINANCIAL MATTERS
A. Report from the CalMHSA Finance Committee — Scott Gruendl

Scott Gruendl, CalMHSA Treasurer, introduced John T. Liddle, Morgan Stanley Smith Barney (MSSB), who gave an update on the CalMHSA investments. The goal was to have a conservative portfolio while outperforming riskless investments within the Local
Agency Investment Fund (LAIF). MSSB has done this successfully with $1.3 million in net income, almost double what has been achieved in LAIF. At the Finance Committee meeting, maturities were extended to mid June 2015 based on extension of projects.

Mr. Gruendl gave an update on the Finance Committee Task Force’s review of the George Hills Company contract. The current contract ends on June 30, 2014. The Task Force has two recommendations to be presented for action at a later date. The first would be based on administrative cost staying below 7.5% (4.1% for FY 2013-2014). The second would be based on performance.

Action: None, information only.

Public comment was heard from the following individual(s):
None

B. CalMHSA Annual Revenue and Expenditure Report – Proposed Budget June 30, 2014

Mr. Gruendl directed the Board to the proposed budget for the upcoming year provided in the agenda packet and asked Kim Santin, CalMHSA Finance Director, to review the budget as well as the allocation form presented on page 109. Statewide PEI Programs make up 97% of the CalMHSA budget. The budget is built on the Implementation Plan and addendums approved by the Mental Health Services Oversight and Accountability Commission (MHSOAC). Ms. Santin reviewed the funds, which include various projects being implemented by CalMHSA, project planning and development dues, and interest earnings. The estimated carryover of funds from the previous fiscal year is $90 million due to Programs have been slower to expend than anticipated. CalMHSA estimates ending the 2013-2014 fiscal year with a carryover of $30 million. Originally $10.8 million was designated for administrative costs, but it has been determined, based on expenditure pattern that amount is not needed and can be reduced in half. This budget reflects $5 million, currently in administrative costs to be moved into program funds. This reduces the administrative costs percentage to 4.1% from 7.5%. The remaining balance is shown at $2.8 million, which represents the interest earnings.

Mr. Gruendl then provided a background on the project planning development dues line item of $300,000. This line item was placed in the budget to start a conversation.

Following discussion at the April 12, 2013 Strategic Planning Session, the Board voted for the development of a process for counties to be able to act jointly. Following the planning session, the Finance Committee took up the topic of a general funding process for how to fund the development of programs beyond PEI Statewide efforts. There was general agreement as to the need to plan for and develop projects prior to them being presented to the JPA for implementation. The cost of program planning and development could be allocated based on PEI assignment percentage or other provisions. A mechanism is needed to fund project planning and development as well as
basic ongoing operation costs. A thoughtful discussion ensued regarding how to fund program planning and development. As a result, the Finance Committee was directed to go back, look at the various alternatives, and come up with a more specific process for Board members to consider. President Clark added that this discussion flows from the Strategic Planning Session discussion and will be focused on various options for pursuing potential projects in the future—FTE assigned solely to development, revolving pre-fund approach, county staff assigned, CMHDA staff developing project concept papers for potential projects. Mr. Gruendl will take the Board's feedback to the Finance Committee for further discussion and development of reasonable options to be presented at a future Board meeting.

**Action:** Adopt the Annual Revenue and Expenditure Report – Proposed Budget, June 30, 2014 without the $300,000 dues structure.

**Motion:** Brad Luz, Sutter/Yuba County  
**Second:** Kim Suderman, Yolo County

**Motion carried unanimously.**

Public comment was heard from the following individual(s):  
None

10. PROGRAM MATTERS

A. Report from CalMHSA Program Director – Ann Collentine  
President Clark called on Ann Collentine, CalMHSA Program Director, for a review of program activities. Ms. Collentine stated all regional contract specialist positions have been filled to assist with connecting the regional and local projects with the statewide projects and thanked the Board for authorizing the extension of their contracts through June 2014. Each Mind Matters was launched during May with Mental Health Month activities. September is Suicide Prevention Month. The higher education program partners are working with the county liaisons to enhance collaboration and participation through the Send Silence Packing exhibit.

**Action:** None, information only.

Public comment was heard from the following individual(s):  
None

B. Report from the CalMHSA Advisory Committee – Maureen Bauman  
Maureen Bauman, CalMHSA Vice President, Placer County, who serves as CalMHSA Advisory Committee Co-chair, gave an update on the Committee’s May 9, 2013 meeting. The Committee reviewed the continuation of the Stigma and Discrimination Reduction (SDR) Consortium (Item 10.C), the plan update (Item 10.D), the efforts to reduce disparities (Item 10.E), planning framework, and levels for sustainability.
The Committee has lost Joseph Robinson as the Stakeholder Co-chair of the Committee. He has joined the SDR Consortium project as Project Manager.

**Action:** None, information only.

Public comment was heard from the following individual(s):
None

**C. SDR Consortium Administration**
Stephanie Welch, CalMHSA Senior Program Manager, updated the Board on the administration of the SDR Consortium. Following direction given by the CalMHSA Executive Committee, a contract has been executed with George Hills Company. Several staff positions have been filled and Adele James has been hired to facilitate Consortium meetings.

**Action:** None, information only.

Public comment was heard from the following individual(s):
None

**D. Plan Update Contract Amendments**
Ms. Welch presented the two contract amendments, which have both been vetted by the review committee process as well as the Advisory Committee. Following the approval of the Plan Update on August 9, 2012, CalMHSA’s Program Partners had the opportunity to ask for more funding to improve their geographic and cultural reach. The amendments are for the Mental Health Association in California (to expand the number of Wellness Works trainings their regional hubs offer and adapt their tools for Spanish and Chinese employers) and for the Community Care Initiative – Integrated Behavioral Health Project (to partner with CASRA to enhance the integrated behavioral health toolkit).

**Recommendation:** Authorize staff to negotiate amended contracts for Program Partners, as recommended by the Advisory Committee, and authorize the Executive Director and President to execute such amendments on behalf of CalMHSA.

**Motion:** Karen Stockton, Modoc County
**Second:** Jerry Wengerd, Riverside County

*Motion carried unanimously.*

Public comment was heard from the following individual(s):
None
E. Enhancing Efforts to Reduce Disparities – Supporting Cultural Responsiveness

Ms. Welch provided a quick background on enhancing efforts to reduce disparities and supporting cultural responsiveness. A needs assessment of the Program Partners was conducted by CIMH to help identify areas of strength and areas where technical assistance is needed. The recommendation supports the next phase of this process. CIMH will provide technical assistance in the areas of improving strategies for collecting and analyzing demographic data by race, ethnicity, sexual orientation and gender identity; enhancing linguistic competency and language access; strengthening skills in terms of culturally appropriate community defined practices and learning how to adapt those practices for particular racial and ethnic populations; adapting the work our Partners do for traditionally underserved communities. Trainings would begin in the new fiscal year.

CaSonya Thomas, San Bernardino County, recommended staff work with the CMHDA Committee that includes Ethnic Services Manger to provide guidance on the project with CRDP partners.

Recommendations:

1. Approval to extend contract with CIMH for up to $100,000 to coordinate and deliver expedited training and technical assistance based on findings from the assessment to enhance efforts to reduce disparities.
2. Approve contracting with interested California Reducing Disparities Project (CRDP) contractors, or their identified partners, to develop tool kits or other relevant resources, based on the findings of their population reports and extensive knowledge of underserved communities, that identify key cultural considerations for Suicide Prevention, Stigma and Discrimination Reduction, and Student Mental Health efforts no later than the third quarter of FY 13-14 for a total of no more than $150,000.

Motion: CaSonya Thomas, San Bernardino County
Second: William Arroyo, Los Angeles County

Motion carried unanimously.

Public comment was heard from the following individual(s):
Stacie Hiramoto, Racial and Ethnic Mental Health Disparities Coalition (REMHDCCO)
Susan Gallagher, Mental Health America of Northern California (MHANCA)

F. State Hospital Beds

John Chaquica, CalMHSA Executive Director, provided an update on the state hospital beds project. CalMHSA has been working on this project for one year and since January has been meeting with DSH. The five critical areas are bed type, bed payment (WIC 17601), bed commitment, Medicare, and indemnification. Mr. Chaquica emphasized the
importance of the counties acting jointly. Documents have been provided for counties to take this item to Boards of Supervisors.

**Recommendation:** Approval to continue negotiations for a joint contract and operationalize the DSH Beds with CalMHSA for FY 2013-14.

**Motion:** William Arroyo, Los Angeles County  
**Second:** Jerry Wengerd, Riverside County  
**Abstain:** Barbara LaHaie, Humboldt County  
Kristy Kelly, Lake County  
Karen Stockton, Modoc County  
Mary Ann Carrasco, Sacramento County  
Madelyn Schlaepfer, Stanislaus County

**Motion carried unanimously.**

Public comment was heard from the following individual(s):  
None

11. **ADMINISTRATIVE MATTERS**

A. **Executive Committee Election**

President Clark explained the nominating committee process used to determine the Executive Committee slate being presented. Nominations were requested from the Board, which the Committee used to create the slate. Ms. Bauman noted President Clark has agreed to a one year term instead of the allotted two year term.

- **President**  
  Wayne Clark, Monterey County
- **Vice President**  
  Maureen Bauman, Placer County
- **Secretary**  
  CaSonya Thomas, San Bernardino County
- **Treasurer**  
  Scott Gruendl, Glenn County
- **Bay Area**  
  Jo Robinson, San Francisco City & County
- **Central**  
  Brad Luz, Sutter/Yuba Counties
- **Los Angeles**  
  Marvin Southard, Los Angeles County
- **Southern**  
  Alfredo Aguirre, San Diego County
- **Superior**  
  Karen Stockton, Modoc County

**Action:** Approve recommended slate of officers and Executive Committee members representing the five CMHDA regions.

**Motion:** Jerry Wengerd, Riverside County  
**Second:** William Arroyo, Los Angeles County

**Motion carried unanimously.**
Public comment was heard from the following individual(s):
None

B. Strategic Planning Session Follow-up
Ms. Collentine presented on the Strategic Planning Task Force, made up of Board members. President Clark will appoint the members during his report. At the request of Board members during the Strategic Planning meeting, staff created a document which showed preliminary funding needed from each county to sustain PEI Statewide projects at half the current funding. The goal of the Task Force will be to discuss development of a PEI Statewide Projects Sustainability Plan and vet milestones related to this plan prior to presentation to the full Board.

At the April Strategic Planning Session, a return on investment document was presented to the Board. The Task Force, along with the RAND Corporation, will assist with refining that document to show the local impact and/or outcomes of PEI Statewide Project dollars.

Mr. Chaquica directed the Board to the project vote conducted at the April Strategic Planning Session. The Agenda Review team has created a list of the top seven projects based on those votes.

**Action:** No action needed.

Public comment was heard from the following individual(s):
None

12. GENERAL DISCUSSION

A. Report from CalMHSA President – Wayne Clark
President Clark presented the members of the Strategic Planning Task Force:

William Arroyo, Los Angeles County, Los Angeles Region
Martin Malin, Napa County, Bay Area Region
Alfredo Aguirre, San Diego County, Southern Region
Jane Anne LeBlanc, Sacramento County, Central Region
Donnell Ewert, Shasta County, Superior Region

**Recommendation:** Discussion and/or action as deemed appropriate.

Public comment was heard from the following individual(s):
None

B. Report from CalMHSA Executive Director – John Chaquica
Mr. Chaquica reported while a verbal extension of the DHCS has been given, nothing in writing has been obtained. The CalMHSA website now includes a Media page for any articles or media postings related to CalMHSA projects.
Recommendation: None, Information only.

Public comment was heard from the following individual(s):
None

President Clark called on Mr. Gruendl to provide an alternative to the closed session originally planned to follow the meeting. The closed session was to discuss the evaluation process for the administration contract. In place of the closed session, Mr. Gruendl requested the officers create a template to be distributed to the Board the results of which will be discussed at a future meeting.

13. PUBLIC COMMENTS
A. Public Comments – Non-Agenda Items
President Clark invited members of the public to make comments on non-agenda items.

Public comment was heard from the following individual(s):
None

14. NEW BUSINESS AND CLOSING COMMENTS
President Clark asked the Board if there was any new business or closing comments. Hearing none, he entertained a motion to adjourn.

15. ADJOURNMENT
There being no further comments, the meeting was adjourned at 5:01 p.m.

Action: To adjourn meeting.

Motion: Kim Suderman, Yolo County
Second: Karen Stockton, Modoc County

Motion carried unanimously.

Respectfully submitted,

CaSonya Thomas, MPA, CHC
Secretary CalMHSA

Date 10/12/13
CalMHSA PUBLIC COMMENT CARD
(Please Print)

All cards should be returned to staff prior to the start of the meeting. You will be called upon at the appropriate
time to speak. Public Comment may be limited to three minutes per speaker. If you wish to remain anonymous,
you can omit your name and organization, write your comment on the blank lines below and the President will
read your comment/question.

(ONE COMMENT CARD PER AGENDA ITEM)

AGENDA ITEM: WPA Stigma Conference

PAGE NUMBER: 

NAME: Eugenia Vega

ORGANIZATION: Mental Health Association of San Francisco

FOR ACTION BEING TAKEN ___________ AGAINST ACTION BEING TAKEN ___________

(Speakers should address the Board, not each other or the audience, and are expected to conduct themselves in an appropriate
manner. No debate or argument between speakers and/or members of the audience shall be permitted. Comments relative to
any issues that are currently the subject of active litigation will not be heard in the meeting.)

Comment/Question:

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INSTRUCTIONS FOR PUBLIC COMMENT AND STAKEHOLDER INPUT

The Board welcomes and encourages public participation in its meetings. This time is reserved for members of the
public (including Stakeholders) to address the Board concerning matters on the Agenda. Comments will be limited
to three minutes per person and twenty minutes total. Those who wish to remain anonymous can submit written
comments/questions which will be read during the relevant public comment period.

For Agenda items, public comment will be taken at the time those items are addressed. Each interested party is
invited to complete the Public Comment Card and provide it to CalMHSA staff prior to start of meeting. When it
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the item the Board President may announce the maximum amount of time that will be allowed for presentation of
testimony on that item.
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(ONE COMMENT CARD PER AGENDA ITEM)

AGENDA ITEM: 9.A

PAGE NUMBER: 12

NAME: Eduardo Vega

ORGANIZATION: National Coalition for Mental Health Recovery

FOR ACTION BEING TAKEN __________ AGAINST ACTION BEING TAKEN __________

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Comment/Question:

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(ONE COMMENT CARD PER AGENDA ITEM)

AGENDA ITEM: 11B

PAGE NUMBER: 25

NAME: Sally Spencer-Thomas

ORGANIZATION: Carson J Spencer Foundation

FOR ACTION BEING TAKEN ____________ AGAINST ACTION BEING TAKEN ____________

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Comment/Question:

Addressing concerns about Man Therapy project

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