

CalMHSA Express Week of June 16, 2014

Extra! Extra!  
CalMHSA Express



WELLNESS • RECOVERY • RESILIENCE

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### **Week In Review:**

- *Each Mind Matters Website Features Local Events and Information*
- *Entertainment Industries Council (EIC) Engages University of California Irvine (UCI) Students to Give Voice to Those Living With Mental Health Challenges*
- *San Diego Celebrates Mental Health Social Worker Day at Petco Park*
- *Applicants Wanted for Assessing and Managing Suicide Risk (AMSR) New Leader Training*
- *Disability Rights California (DRC) June Tip of the Month*

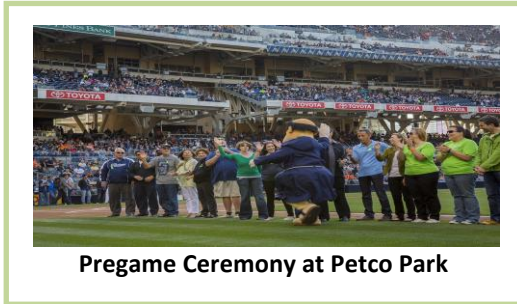
### **Hot News (Funded by County Members of CalMHSA and Prop 63.)**

***Each Mind Matters Website Features Local Events and Information:*** The Each Mind Matters website has a new [Events page](#) where you can find community mental health events and information about prevention, early intervention, and stigma and discrimination reduction efforts taking place all over California. Post your events to increase your outreach and grow the statewide movement for mental health awareness. Contact: Each Mind Matters at [info@eachmindmatters.org](mailto:info@eachmindmatters.org).

***Entertainment Industries Council (EIC) Engages University of California Irvine (UCI) Students to Give Voice to Those Living With Mental Health Challenges:*** As part of its Generation Next TEAM Up program, EIC partnered with UCI students to create an introductory video to the theatrical performance, [Piece of Mind](#). The video includes students performing monologues they wrote based on their interactions with community volunteers who live with mental health challenges. “Piece of Mind” was inspired by Congresswoman Grace Napolitano’s dedication to mental health awareness. UCI’s Drama department and its Wellness, Health, and Counseling Center jointly created the program and hope to inspire other schools across the country to create similar collaborations that help define what is considered “normal” and “not normal.” The introductory video was first shown to representatives of Vice President Joe Biden’s office in

a recent meeting at the White House. Contact: Sabine Sighicelli at [ssighicelli@eiconline.org](mailto:ssighicelli@eiconline.org).

**San Diego Celebrates Mental Health Social Worker Day at Petco Park:** Social Workers gathered from around the county for an annual collaboration between the San Diego Padres, San Diego State University, Point Loma Nazarene University, California State University San Marcos, University of Southern California-San Diego Academic Center, San Diego Coalition for Mental Health, the County of San Diego, CalMHSA, and the National Association of Social



Pregame Ceremony at Petco Park

Workers, California Chapter to honor this year's "Mental Health Social Worker Day" at Petco Park. All partners participated in a pregame ceremony to honor locally nominated professionals, were honored in an on field ceremony prior to the first pitch and sat with over 500 other social workers and supporters to cheer on the San Diego Padres in a victory over the Giants. Contact: Jennifer Parga at [jparga@usc.edu](mailto:jparga@usc.edu).

**Applicants Wanted for Assessing and Managing Suicide Risk (AMSR) New Leader Training:** The California Department of Health Care Services is seeking applicants to become authorized [Assessing and Managing Suicide Risk \(AMSR\)](#) trainers by participating in a dynamic two-and-a-half day workshop that equips new and experienced clinicians with the skills to address numerous clinical dilemmas encountered while assisting individuals at risk for suicide. AMSR provides an up-to-date review of what experts consider to be the most essential knowledge, attitudes, and skills for providing suicide safer care. Mental Health Professionals from Mendocino, Shasta, Humboldt, Placer, and Marin counties are especially encouraged to apply. Applications are due by June 19<sup>th</sup>, 2014. Contact: Jeffrey Kukral at [Jeffrey.Kukral@dhcs.ca.gov](mailto:Jeffrey.Kukral@dhcs.ca.gov).

**Disability Rights California (DRC) June Tip of the Month:** In order to reduce the stigma and discrimination surrounding mental illness, DRC is ensuring the enforcement of both the California Mental Health Parity Law and the Federal Mental Health Parity and Addiction Equity Act by providing information and trainings so that people are aware of their rights, as well as a monthly tip. This month, DRC is answering the question: [I've seen articles about the federal parity law and I'm confused about the non-quantitative treatment limitations. What are they?](#) Find other tips online on [DRC's website](#). Contact: Margaret Jakobson-Johnson at [margaret.jakobson@disabilityrightsca.org](mailto:margaret.jakobson@disabilityrightsca.org).

### **Prop. 63 in the News**

The [Contra Costa Times](#) highlighted a Community Dialogue and Wellness Fair that brought together faith and community leaders, and the public, to talk about how to overcome stigma and connect African-Americans experiencing mental health challenges to appropriate services.

### **Down the Pipeline**

**The Center for Dignity, Recovery, and Empowerment is Training Promotoras in Stanislaus County:** The Center is offering a training to county employees, community partners, and service providers to increase the capacity of community members and health outreach workers who

*serve as liaisons between their community and social service organizations. A training on the Importance of Addressing Stigma will be held on June 25<sup>th</sup>, 2014. Contact: Daniel Esparza at [Daniel@mentalhealthsf.org](mailto:Daniel@mentalhealthsf.org) or (415) 341-9524.*

*Do you have news to share? Send submissions to Jenna Thompson at [Jenna@paschalroth.com](mailto:Jenna@paschalroth.com).*

*CalMHSA is an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and Early Intervention programs implemented by CalMHSA are funded by counties through the voter-approved Mental Health Services Act (Prop. 63). Prop. 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California's diverse communities.*