

Early Intervention Clinical Services

Examples of programs	<ul style="list-style-type: none"> • Early intervention clinical services for depression, anxiety, trauma, early onset psychosis, etc. • Early childhood mental health consultation (to provide services for serious emotional/behavioral problems)
Sample short-term outcomes and benchmarks	<ul style="list-style-type: none"> • Improved functioning (home/family, school, and work) • Increased well-being, resiliency • Decreased distress/symptoms; improved recovery (prevention of relapse) • Reduced crisis escalation
Key evaluation questions	<p>Program implementation questions:</p> <ul style="list-style-type: none"> • Who is being reached by the program? • How closely do participants match the intended audience? • How many sessions are being delivered and how frequently? • What is program retention and/or completion rate? • How satisfied are participants with the program? <p>Outcome evaluation questions:</p> <ul style="list-style-type: none"> • What proportion of clients experience reduced symptoms and distress? • What proportion of clients increases their well-being and resiliency? • For what proportion of clients is functioning improving? • To what degree has there been a reduction in the number of crisis events? • Do improvements in outcomes meet your county benchmark goals?
Potential data sources	<ul style="list-style-type: none"> • Participant attendance and demographic records • Referral and service engagement rates • School records (behavioral incidences, attendance) • Focus group or key informant interviews • Participant surveys • Standardized assessments
Sample measures and tools	<ul style="list-style-type: none"> • Screening measures (for clinical treatment/services): Global Appraisal of Individual Needs (GAIN), Healthy Living Questionnaire • Global assessment of functioning: Global Assessment of Functioning (GAF), Children’s Global Assessment Scale (CGAS) • Comprehensive assessment (i.e., functioning, strengths, needs, risks): Adult Needs and Strengths (ANS), Child and Adolescent Needs and Strengths (CANS), Strengths and Difficulties Questionnaire (SDQ), Youth Outcome Questionnaire (YOQ) • Psychological distress: Kessler 6 or 10 • Well-being: Mental Health Continuum-Short Form (MHC-SF) • Anxiety: Beck Anxiety Inventory, General Anxiety Disorder Scale (GAD-7) • Depression: PHQ-9, Center for Epidemiological Studies Depression Scale (CES-D) • Trauma: Trauma Symptom Checklist
Relevant analysis methods	<ul style="list-style-type: none"> • Basic descriptive statistics, including frequencies, means, and standard deviations • Inferential statistics: comparison of outcomes across different groups (participants vs. non-participants) or across points in time for the same individuals (pre-post) • Examination of level and direction of changes scores in comparison to benchmarks • Examination of implementation fidelity (e.g., sufficiency of dosage, proportion of clients retained in program)