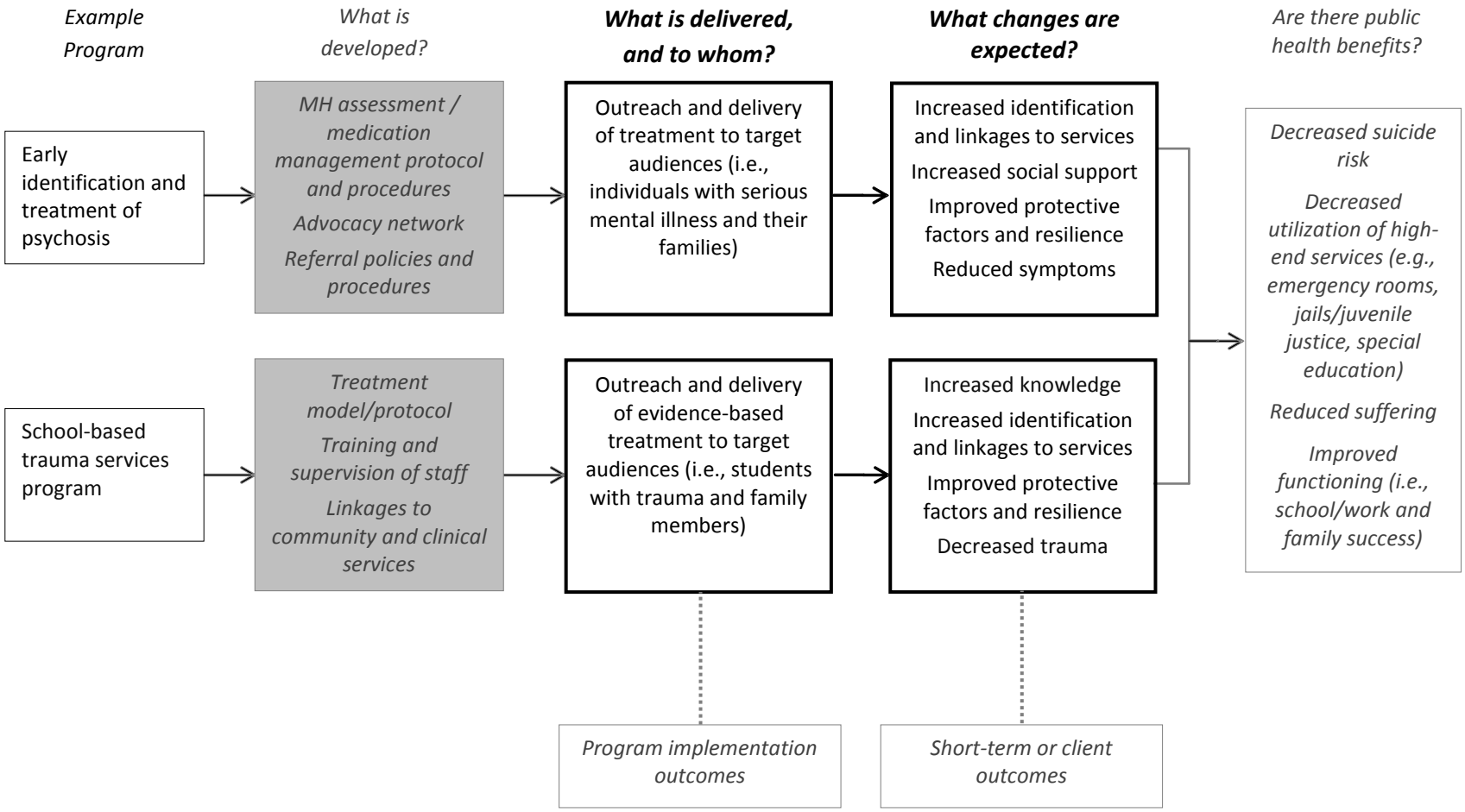
Early Intervention Clinical Services and Evaluation Components (Sample)



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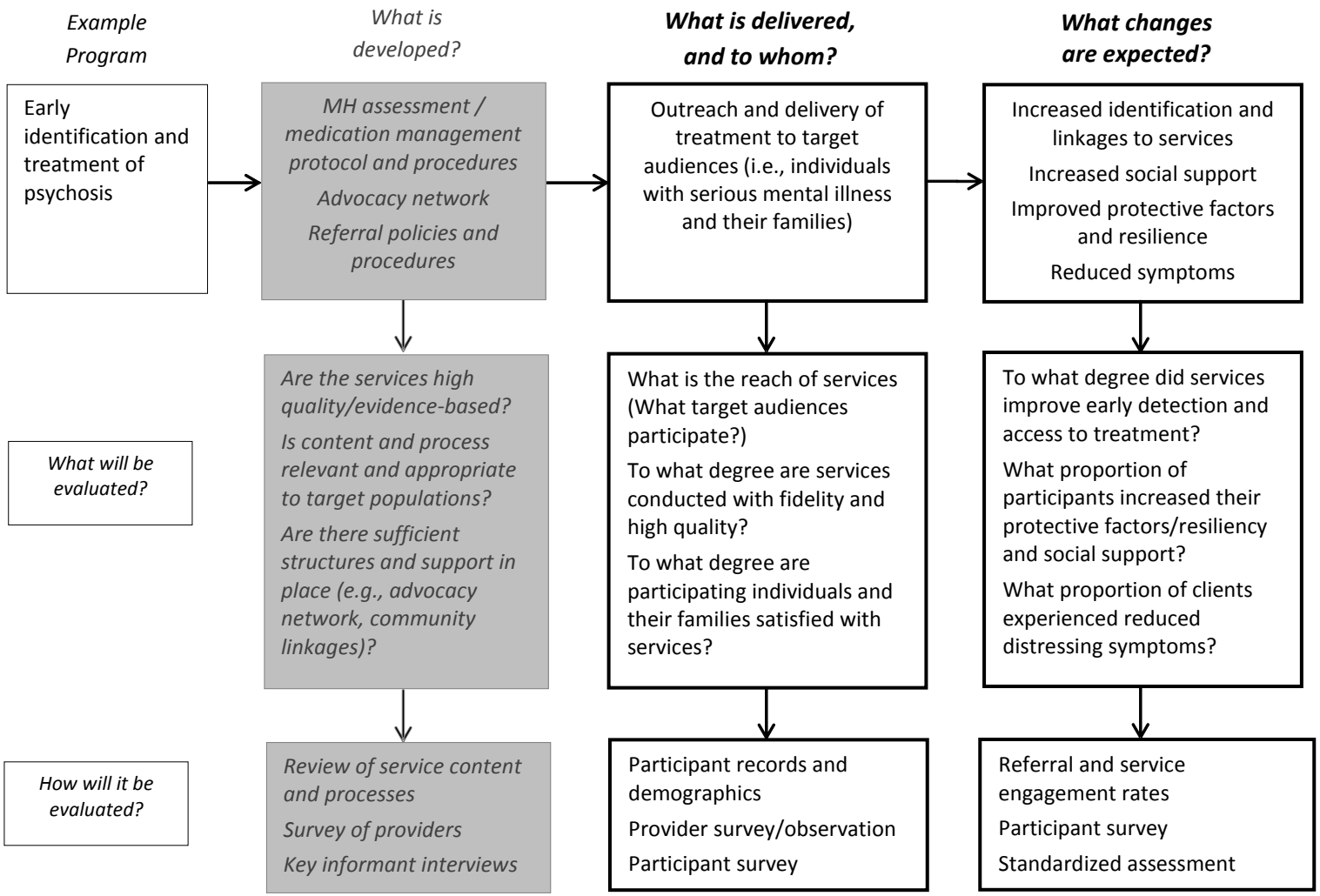
Evaluation of Early Identification and Treatment of Psychosis



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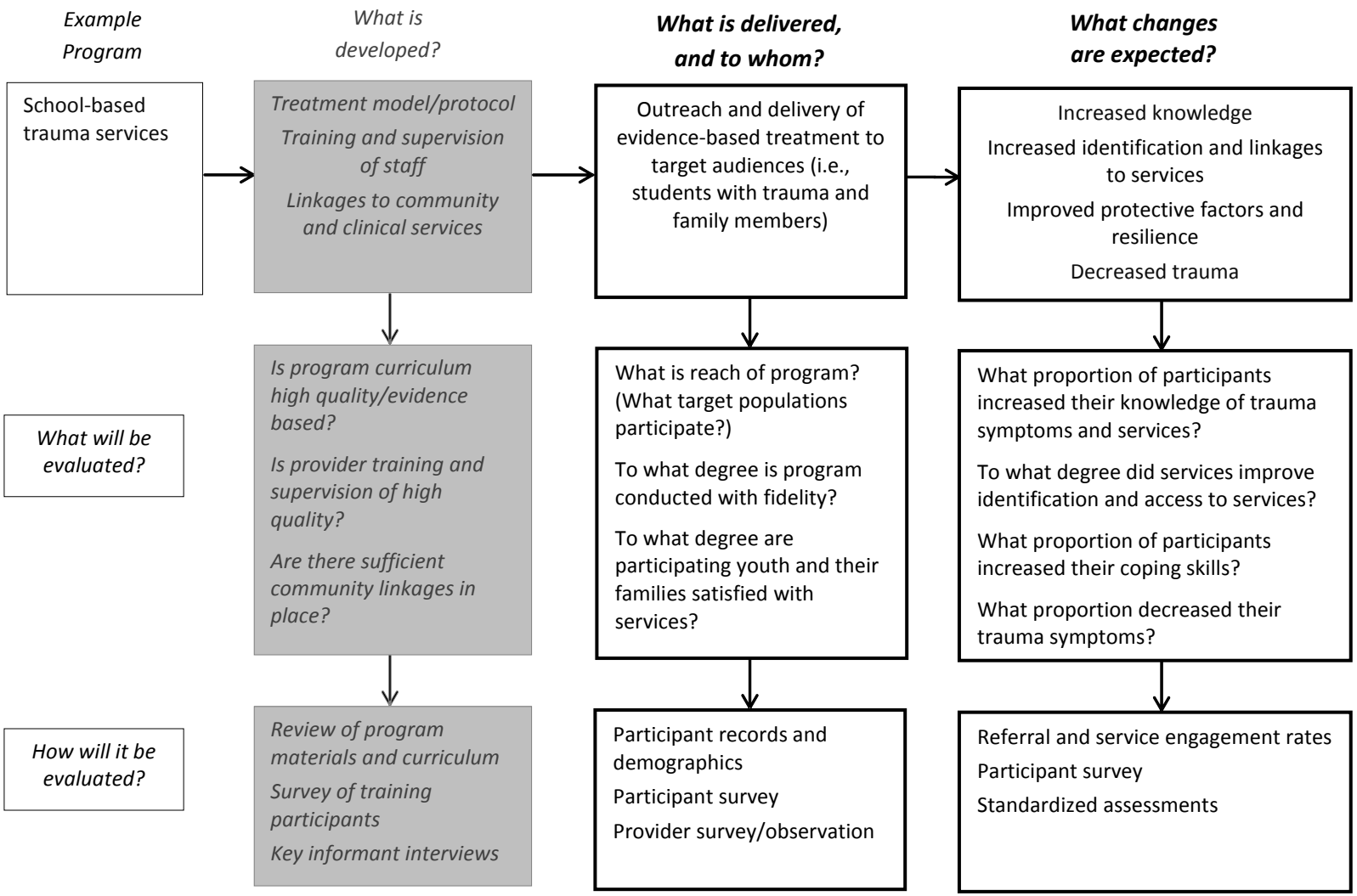
Evaluation of School-Based Trauma Services



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Sample Program Descriptions

Early Identification and Treatment of Psychosis Program

The goal of the Early Identification and Treatment of Psychotic Disorders Program is to detect and intervene early enough in the onset of the illness to promote healthy, productive, and empowered individuals in managing what otherwise may be a debilitating condition. The program will work with the individual and family/primary support persons in developing culturally competent treatment and services plans, illness management, and (when indicated) to provide advocacy and support to the individual with his/her external needs, such as education and employment.

Specific Services

- Comprehensive psychiatric, medical, and psychosocial assessments conducted by multidisciplinary professionals
- Individualized medication treatment and management and service planning
- Individual, family, and group therapy and education
- Family and peer advocate support
- Skill development and supported education and employment

School-Based Trauma Services

The School-Based Trauma Services Program helps youth ages 12- to 17-years deal with the impact of trauma symptoms. Participants have experienced a variety of events that led to mental health problems, including community and domestic violence, child abuse and neglect, war and refugee experiences, and natural disasters. The program helps students develop coping skills and reduce distressing mental health symptoms. It is being offered across a wide array of secondary (middle and high school) campuses.

Specific Services

- Universal screening of students' exposure to trauma
- Education for families, caregivers, and educators on the impact of trauma
- Trauma-based cognitive behavioral group and individual therapy, including:
    - Communication skills training
    - Emotional regulation; relaxation training
    - Anger management and coping skills training
    - Real-life exposure
    - Social problems-solving
- Linkage to community resources and mental health services (as needed)

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