Overview of Gatekeeper Training and Education and Evaluation Components

**Example Program**

- Training and education of gatekeepers (i.e., health care professionals, educators, first responders, hotline staff)

**What is developed?**

- Outreach materials to recruit participants
- Training curriculum and accompanying educational materials

**What is delivered, and to whom?**

- Training and educational materials provided to target audience(s) (i.e., gatekeepers)

**What changes are expected?**

- Increased knowledge and more supportive attitudes about mental illness and recovery
- Improved screening, identification, and referral skills

**Are there public health benefits?**

- Reduced involvement in high-end services (e.g., emergency room, crisis intervention)
- Increased access to and utilization of quality mental health services
- Decreased suicide risk and completion

**Program implementation outcomes**

**Short-term or client outcomes**
Evaluation of Gatekeeper Training Services

**Example Program**

**What is developed?**
- Training and educational materials provided to target audience(s) (i.e., gatekeepers)
  - Is training content evidence-based, relevant, and appropriate to target populations?
  - Is the delivery of the training high quality?

**What is delivered, and to whom?**
- Training and educational materials provided to target audience(s) (i.e., gatekeepers)
  - What is the reach of the training? (What stakeholders participate?)
  - To what degree is training conducted with fidelity?

**What changes are expected?**
- Increased knowledge and more supportive attitudes about mental illness and recovery
  - Improved screening, identification, and referral skills

**How will it be evaluated?**
- Survey of training participants
- Review of training materials/events

**What proportion of training participants increased their knowledge and improved their attitudes?**

**Training and educational materials provided to target audience(s) (i.e., gatekeepers)**

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**Survey of training participants (pre, post, follow-up)**

**Referral rates**
Sample Program Descriptions

Gatekeeper Training Services
Training and education is provided to service providers, the schools, other system partners, gatekeepers, and the community at large. Training and educational strategies include the use of consumers, family members, system partners, advocates, cultural brokers, and others to identify and assist with mental health issues, to improve the effectiveness of services, and to reduce stigma and discrimination toward those living with mental illness.

Specific Services
- Training and educational materials provided to target audience(s) (i.e., gatekeepers) in various formats (e.g., online, in person, train-the-trainer)