Please click the Survey Monkey link in the chat to take a quick three question survey



# Shifting our Focus: Compliance vs. Quality

**California Mental Health Services Authority (CalMHSA)** 

May 4, 2022

### Introductions

Amie Miller, PsyD Director - CalMHSA

Dawn Kaiser, LCSW, CPHQ Director of Managed Care Operations - CalMHSA

Courtney A. Vallejo, LMFT Utilization Manager - CalMHSA

### **Training Objectives**

Participants will walk away with:

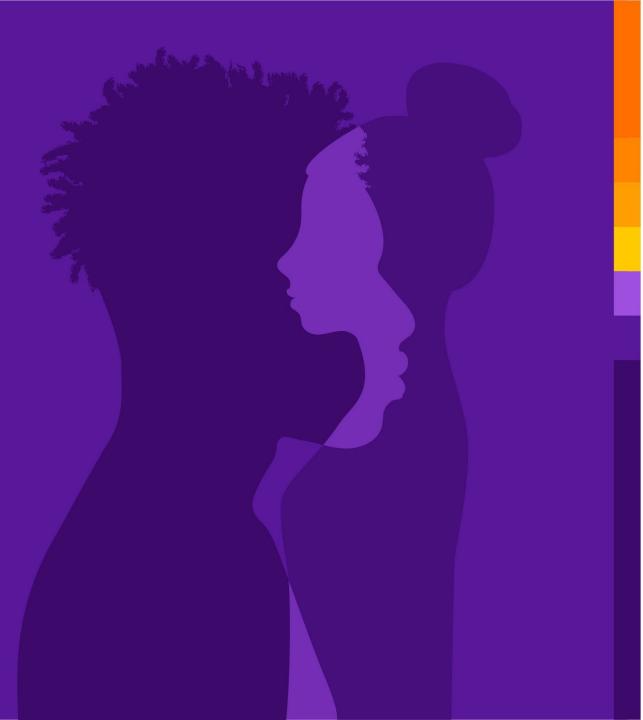
- Orientation to CalAIM Compliance (Quality Assurance)
- Understanding of Quality of Care (Quality Improvement)
- Real Life Examples



# We are Here

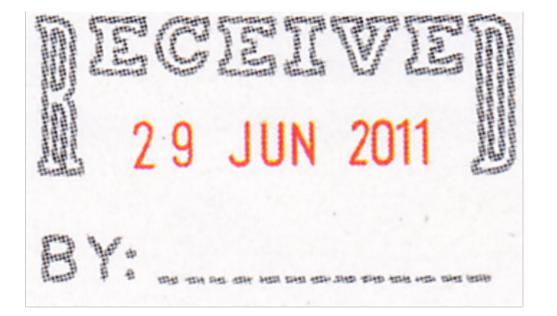
#### Transformation Webinars: For County Leadership and QI Staff

	Welcome to CalAIM: Then vs. Now	04/27/22
	Shifting our Focus: Compliance vs. Quality	05/04/22
	Communication Plans: Change Messaging	05/11/22
	Initiating Treatment: No Wrong Door/Treatment Prior to Diagnosis	05/18/22
	Standardizing Documentation: Universal Assessment	05/25/22
	Identifying Treatment Focus: Problem List	06/01/22
	Documenting Care: Progress Notes	06/08/22
	No Money, No Mission: Billable vs. Non- Billable Services	06/15/22
	Outcomes That Matter: Quality Measurement	06/22/22
	You've Got This: CalAIM – A Summary	06/09/22



# WHERE WE HAVE BEEN WHERE WE **ARE GOING HOW TO GET THERE**

### WHERE WE HAVE BEEN:









### WITH FINITE RESOURCES

### AND THE NEED TO MITIGATE RISK

### COMPLIANCE HAS TAKEN UP ALL THE SPACE

### OFTEN WITHOUT BRINGING VALUE TO OUR SYSTEMS

### **OR THE PEOPLE WE SERVE**

### **The Compliance/Quality Continuum**

Quality



Compliance

Optimized Outcomes

### Where We HAVE BEEN

Compliance

Quality

Optimized

Outcomes

- A Note for Every Service
- Treatment Plan Start and End Dates
- Client Signature Requirements
- Only Select Services Prior to a
  Treatment Plan
- No Services Prior to a Diagnosis



### Where We Are GOING

Compliance

Quality

Optimized

Outcomes

- A Note for Every Service
- Treatment Plan Start and End Dates
- Client Signature Requirements
- No Therapy Prior to a Treatment Plan
- No Services Prior to a Diagnosis



### Where We WILL BE GOING

Compliance

Measuring Performance on Key Metrics:

Quality

Optimized

Outcomes

- Follow Up Post Psychiatric Hospitalization
- Initiation and Engagement for Substance Use Treatment
- Follow Up Post ED Visit for Mental Illness (FUM)
- Follow Up Post ED Visit for Substance Use Disorder (FUA)
- Pharmacotherapy for Opioid Use Disorder (POD)



### Why We All Got Into This Business

### Compliance

Quality

### Optimized Outcomes

- Increased Life Expectancy
- Reduced Suffering In Response to Early Detection and Treatment
- Recovery
- People
- Place
- Purpose



### What Do We Need to Move Forward?

#### **National Committee on Quality Assurance:**

NCQA noted multiple challenges for Behavioral Health

- Standardized Metrics
- Meaningful Outcomes Measures
- Harmonized State Reporting Requirements
- Systematized Client to Provider Matching
- Flexible EHRs to meet Enterprise needs



### We Are On a Journey:





Special Guest: Dr. Palav Babaria Chief Quality Officer Deputy Director of Quality/Population Health Management, DHCS **DHCS Focus On Quality** 

**Thinking big: DHCS's** New Comprehensive Quality **Strategy** 

### BOLD GOALS: 50x2025



Close racial/ethnic disparities in wellchild visits and immunizations by 50%

Close maternity care disparity for Black and Native American persons by 50%



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Improve maternal and adolescent depression screening by 50%



Improve follow up for mental health and substance use disorder by 50%



Ensure all health plans exceed the 50th percentile for all children's preventive care measures



# New Mental Health Plan accountability measures to support CQS goals

#	MEASURE NAME	Measure Steward	Target (MPL)
1	Follow-Up After Emergency Department Visit for Mental Illness	NCQA	1 <sup>st</sup> year baseline reporting followed by >50 <sup>th</sup> percentile (or 5% increase over baseline if <50 <sup>th</sup> percentile)
2	Follow-Up After Hospitalization for Mental Illness	NCQA	As above
3	Antidepressant Medication Management	NCQA	As above
4	Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics	NCQA	As above
5	Adherence to Antipsychotic Medications for Individuals with Schizophrenia	NCQA	As above



# New DMC-ODS Plan accountability measures to support CQS goals

#	MEASURE NAME	Measure Steward	Target (MPL)
1	Follow-Up After Emergency Department	NCQA	1 <sup>st</sup> year baseline reporting
	Visit for Alcohol and Other Drug Abuse or		followed by >50 <sup>th</sup> percentile
	Dependence		(or 5% increase over
			baseline if <50 <sup>th</sup> percentile)
2	Pharmacotherapy of Opioid Use Disorder	NCQA	As above
2	Use of Pharmacotherapy for Opioid Use	CMS	As above
	Disorder		
3	Initiation and Engagement of Alcohol and	NQF	As above
	Other Drug Abuse or Dependence		
	Treatment		



# What is Needed to Get Us Where We Need to Go?

- Capacity-building
- Technical Expertise
- Outside Consultation
- Statewide Efforts and Supports



# Transitioning from the old way to the new way can be tricky....

### Special Guest: Dr. Shaina Zurlin Chief Medi-Cal BH Division, DHCS



### **Intake and Authorization**

Issue:

At one agency, clients were consistently enrolled without complete and signed informed consent documentation.

Compliance/Quality Concern Corrective Action Plan (CAP) General Concern Feedback only – No CAP

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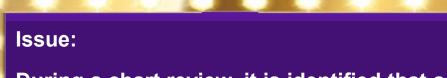
### **Compliance Game Show - Assessment**

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During a chart review, it is identified that a clinician completed an assessment for a client 90 days after intake.

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One of the 7 assessment domains is not completed; however, the remainder of the assessment as well as other documentation in the client chart clearly indicates the presenting concerns that are guiding treatment.

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#### Issue:

An assessment was completed, but not marked as "finalized" within the Electronic Health Record. Because it was never finalized, the clinician's signature is missing from the document. All required elements of the assessment are present and thorough. (This is referring to an assessment document and NOT an assessment progress note)

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#### Issue:

The progress notes indicate that staff are working with a client on family functioning concerns. However, the problem list does not include any reference to family or relational problems.

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### **Treatment Plan**

#### Issue:

A program is providing case management services without a treatment plan having been completed. The areas in which case management is being provided is present on the problem list.

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#### Issue:

During the assessment process, a client received individual rehabilitation, case management and family therapy to address needs. These services were provided and billed for prior to completion of the assessment and establishment of a diagnosis.

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#### **Issue:**

Noted interventions in a variety of progress notes describe case management interventions. However, these notes consistently utilize a collateral service procedure code.

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### **Progress Notes/Co-Occurring Treatment**

#### Issue:

Clients enrolled in a mental health program are also receiving brief intervention related to their co-occurring substance abuse needs and linkage to more comprehensive substance abuse treatment services through the county's DMC-ODS provider network.

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## Feedback? Questions?





# **Thank You!**

Please click the NEW Survey Monkey link in the chat to complete our post-training evaluation **THANK YOU!**