

Board of Directors Meeting Agenda

Thursday, August 10, 2017

10:00 a.m. – 11:00 a.m.

(916) 233-1968

Code: 3043



Meeting Locations:

California Institute for Behavioral Health

Solutions

2125 19th Street
Sacramento, CA 95818

Riverside County

4095 County Circle Drive, MS #3790
Riverside, CA 92503

California Mental Health Service Authority
(CalMHSA)
Board of Directors Meeting
Agenda

Thursday, August 10, 2017

10:00 a.m. – 11:00 a.m.

In compliance with the Americans with Disabilities Act, if you are a disabled person and you need a disability-related modification or accommodation to participate in this meeting, please contact Laura Li at (916) 859-4818 (telephone) or (916) 859-4805 (facsimile). Requests must be made as early as possible, and at least one full business day before the start of the meeting.

Materials relating to an item on this agenda submitted to this Board after distribution of the agenda packet are available for public inspection at 3043 Gold Canal Drive, Suite 200, Rancho Cordova, CA, 95670, during normal business hours.

A. CLOSED SESSION

a. CALL TO ORDER

b. ROLL CALL AND INSTRUCTIONS

c. CONFERENCE WITH LEGAL COUNSEL – PENDING LITIGATION – Government Code section 54956.9(d)(1) – In the Matter of Mental Health America of California, Case No. MH17-1214-361-RD before the DHCS Office of Administrative Hearings and Appeals.

B. BOARD OF DIRECTORS REGULAR MEETING

1. CALL TO ORDER

2. ROLL CALL AND INTRODUCTIONS

3. INSTRUCTIONS FOR PUBLIC COMMENT AND STAKEHOLDER INPUT

The Board welcomes and encourages public participation in its meetings. This time is reserved for members of the public (including stakeholders) to address the Board concerning matters on the agenda. Items not on the agenda are reserved for the end of the meeting. Comments will be limited to three minutes per person and 20 minutes total.

For agenda items, public comment will be invited at the time those items are addressed. Each interested party is to complete the Public Comment Card and provide it to CalMHSA staff prior to start of item. When it appears there are several members of the public wishing to address the Board on a specific item, at the outset of the item, the Board President may announce the maximum amount of time that will be allowed for presentation of testimony on that item. Comment cards will be retained as a matter of public record.

4. CLOSED SESSION REPORT OUT

5. CONSENT CALENDAR.....5

A. Routine Matters

 1. Minutes from the June 15, 2017 Board of Directors Meeting.....6

 2. Minutes from the May 24, 2017 Executive Committee Meeting.....13

B. Reports / Correspondence

 1. Cash Balance as of July 31, 2017.....15

 2. Projected Cash Flow as of July 31, 2017.....16

 3. Treasurer’s Report as of June 30, 2017.....17

Recommendation: Approval of the Consent Calendar.

6. PROGRAM PRESENTATION

A. Active Minds.....21

- Active Minds Presentation slide deck
- 2016 – 2017 At a Glance

Recommendation: None, information only.

7. PROGRAM MATTERS

A. Project Exploration – Mental Health Plan Handbook Translation.....33

Recommendation: Direction requested.

8. GENERAL DISCUSSION

A. Report from CalMHSA President – Terence M. Rooney.....35

- General
- CalMHSA Meetings After By-law Changes of June 15, 2017

B. Report from CalMHSA Executive Director – Wayne Clark.....36

- General
- Member Services

C. Report from CalMHSA Program Director – Ann Collentine.....37

- General

Recommendation: Discussion and/or action as deemed appropriate.

9. PUBLIC COMMENTS

A. Public Comments Non-Agenda Items

This time is reserved for members of the public to address the Board relative to matters of CalMHSA not on the agenda. No action may be taken on non-agenda items unless authorized by law. Comments will be limited to three minutes per person and 20 minutes in total. The Board may also limit public comment time regarding agenda items, if necessary, in the case of a lengthy agenda.

10. NEW BUSINESS

General discussion regarding any new business topics for future meetings.

11. CLOSING COMMENTS

This time is reserved for comments by Board members and staff to identify matters for future Board business.

12. ADJOURNMENT

CONSENT CALENDAR
Agenda Item 5

SUBJECT: Consent Calendar

ACTION FOR CONSIDERATION:

Approval of the Consent Calendar.

BACKGROUND AND STATUS:

The Consent Calendar consists of items that require approval or acceptance but are self-explanatory and require no discussion. If the Board would like to discuss any item listed, it may be pulled from the Consent Calendar.

A. Routine Matters:

1. Minutes from the June 15, 2017 Board of Directors Meeting
2. Minutes from the May 24, 2017 Executive Committee Meeting

B. Reports / Correspondence

1. Cash Balance as of July 31, 2017
2. Projected Cash Flow as of July 31, 2017
3. Treasurer's Report as of June 30, 2017

FISCAL IMPACT:

See staff reports for fiscal impact.

RECOMMENDATION:

Approval of the Consent Calendar.

TYPE OF VOTE REQUIRED:

Majority vote.

REFERENCE MATERIAL(S) ATTACHED:

- June 15, 2017 Board of Directors Minutes
- Minutes from the May 24, 2017 Executive Committee Meeting
- Cash Balance as July 31, 2017
- Projected Cash Flow as of May 31, 2017
- Treasurer's Report as of June 30, 2017



"A George Hills Company Administered JPA"

**CalMHSA Board of Directors
Meeting Minutes from June 15, 2017**

BOARD MEMBERS PRESENT

Alpine County – **Alissa Nourse**
Butte County – **Dorian Kittrell**
Colusa County – **Terence M. Rooney**
Contra Costa County – **Warren Hayes** (*Alternate*)
El Dorado County – **Patricia Charles-Heathers**
Fresno County – **Dawan Utecht**
Kern County – **Bill Walker**
Kings County – **Ahmad Bahrami** (*Alternate*)
Los Angeles County – **William Arroyo**
Madera County – **Dennis P. Koch**
Marin County – **Suzanne Tavano**
Mendocino County – **Karen Lovato**
Merced County – **Yvonnia Brown**
Modoc County – **Karen Stockton**
Monterey County – **Amie Miller**
Napa County – **William J Carter**
Orange County – **Mary Hale**
Placer County – **Marie Osborne** (*Alternate*)
Plumas County – **Bob Brunson**
Riverside County – **Steve Steinberg**
Sacramento County – **Uma Zykofsky**
San Benito County – **Maria Sanchez** (*Alternate*)
San Bernardino County – **Veronica Kelley**
San Diego County – **Holly Salazar** (*Alternate*)
San Francisco City/County – **Kavoos Ghane Bassiri**
San Luis Obispo County – **Anne Robin**
Shasta County – **Dean True** (*Alternate*)
Solano County – **Tracy C. Lacey** (*Alternate*)
Sonoma County – **Michael Kennedy**
Tri-City Mental Health Center – **Toni Navarro**
Trinity County – **Noel O'Neill**
Yolo County – **Karen Larsen**

BOARD MEMBERS ABSENT

Alameda County
Berkeley, City of
Del Norte County
Glenn County
Humboldt County
Imperial County

Inyo County
Lake County
Lassen County
Mariposa County
Mono County
Nevada County
San Joaquin County
San Mateo County
Santa Barbara County
Santa Clara County
Santa Cruz County
Siskiyou County
Stanislaus County
Sutter/Yuba Counties
Tulare County
Tuolumne County
Ventura County

MEMBERS OF THE PUBLIC

Norma Rivera, RSE
Jonathan Bolivar, RSE
Nicole Jarred, The Social Changery
Joseph Robinson, O&E
Luis I. Molina, Stanislaus County
Linnea Koopmans, CBHDA
Paula Wilhelm, CBHDA

STAFF PRESENT

Wayne Clark, CalMHSA Executive Director
John Chaquica, CalMHSA Chief Operations Officer
Ann Collentine, CalMHSA Program Director
Kim Santin, CalMHSA Finance Director
Laura Li, CalMHSA JPA Administrative Manager
Douglas Alliston, CalMHSA Legal Counsel
Theresa Ly, Program Manager
Aubrey Lara, Assistant Program Manager
Armando Bastida, CalMHSA Executive Assistant

A. Board of Directors Regular Meeting

1. CALL TO ORDER

CalMHSA President Terence M. Rooney, Colusa County, called the Board of Directors meeting of the California Mental Health Services Authority (CalMHSA) to order at 10:01 A.M. on June 15, 2017, at the Courtyard by Marriott Sacramento Cal Expo, California.

President Rooney welcomed those in attendance as well as those listening in on the phone, and asked all present to introduce themselves.

President Rooney asked CalMHSA JPA Administrative Manager Laura Li to call roll, in order to confirm a quorum of the Board.

2. ROLL CALL AND INTRODUCTIONS

Ms. Li called roll and informed President Rooney that a quorum was reached.

3. INSTRUCTIONS FOR PUBLIC COMMENT AND STAKEHOLDER INPUT

CalMHSA Legal Counsel, Douglas Alliston reviewed the instructions for public comment, and noted that items not on the agenda would be reserved for public comment at the end of the agenda. Public comment cards to be submitted to Laura Li and individuals on the phone were instructed to email Laura Li with their comments.

4. CONSENT CALENDAR

President Rooney acknowledged the consent calendar and asked for comment from Board members. President Rooney entertained a motion for approval of the Consent Calendar.

Action: *Approval of the consent calendar.*

Motion: *Patricia Charles-Heathers, El Dorado County*

Second Motion: *Anne Robin, San Luis Obispo County*

Motion passed unanimously.

Public comment was heard from the following individual(s):

None

5. PROGRAM PRESENTATION

Representatives from Runyon Saltzman, Inc. (RSE) presented on Each Mind Matters Social Marketing and Social Media Impact. Following the presentation, they fielded questions from the Board members.

Action: *None, information only.*

Public comment was heard from the following individual(s):

None.

6. FINANCIAL MATTERS

A. CalMHSA Contract with George Hills

Executive Director, Wayne Clark, introduced this agenda item, with Treasurer, Bill Walker providing an overview and presenting the recommendation from the Finance Committee and Executive Committee regarding the George Hills contract for a term of two years with an optional one year.

Action: Approval of the Fourth Amendment to the George Hills contract.

Motion: Anne Robin, San Luis Obispo County

Second: Patricia Charles-Heathers, El Dorado County

Motion passed unanimously.

Public comment was heard from the following individual(s):

None

B. CalMHSA Annual Proposed Revenue and Expenditure Report – June 20, 2018

Executive Director, Wayne Clark presented an overview of the Annual Proposed Revenue and Expenditure Report. Finance Director, Kim Santin noted page 61, which highlights the program contracts which will be further discussed in the Sustainability Taskforce Program Update agenda item. Kim indicated last year's program contracts amounts were sustained by carry over funds, which have now run out. This year program contract amounts will rely solely on current contributions. Discussion regarding the Fund Development budget and current status of contributions ensued. Budgets are scaled down as actual contract amounts are known.

Action: Approval of the CalMHSA Proposed Revenue and Expenditure Report – June 30, 2018

Approved by majority vote.

Motion passed.

Public comment was heard from the following individual(s):

None.

7. PROGRAM MATTERS

A. Sustainability Task Force – Phase III Statewide PEI Project – FY 17/18 Contracts

Sustainability Taskforce member, Jane Ann LeBlanc presented the Phase III Statewide PEI Project -FY 17/18 Contracts. Board discussion included clarification on the second action item and clarification on the different contractors' scope of work and contract amounts.

Action:

1. a. Approve contract funding recommended by the Sustainability Taskforce for FY 17/18 implementation of the Phase III Statewide PEI Project for a maximum of \$3.7 million, as follows:

- **RSE, Inc. - \$1,150,000**
- **Each Mind Matters Outreach & Engagement - \$300,000**
- **NAMI California - \$200,000**
- **Active Minds - \$350,000**
- **Foundation for California Community Colleges - \$400,000**
- **Your Social Marketer - \$450,000**
- **The Social Changery - \$400,000**
- **Directing Change - \$150,000**
- **RAND Corporation - \$300,000**

b. Delegate authority to the Sustainability Taskforce to direct staff on allocating up to \$2 million in additional funds to Phase III contractors if funds become available.

2. Authorize the Executive Director to execute new contracts and/or contract extensions with selected contractors consistent with the foregoing approvals.

Motion: Karen Stockton, Modoc County

Second: Anne Robin, San Luis Obispo County

Motion passed.

Public comment was heard from the following individual(s):
None.

8. ADMINISTRATIVE MATTERS

A. Officers / Executive Committee / Finance Committee Election

President Terence Rooney presented the slate of Officers, Executive Committee member and Finance Committee members for election. Upon presenting the slate President Terence Rooney indicated that any unfilled positions can be filled by anyone interested, or by his appointment.

Action: Approve recommended slate of officers, Executive Committee members representing the five CMHDA regions, and Finance Committee Members.

Motion: Anne Robin, San Luis Obispo County

Second: Patricia Charles-Heathers, El Dorado County

Motion passed unanimously.

Public comment was heard from the following individual(s):

None.

B. Proposed Bylaw Changes

CalMHSA Attorney Doug Alliston presented proposed changes to the JPA Bylaws which would allow flexibility of the Board of Directors and Executive Committee in scheduling meetings and taking actions. Board discussed attendance challenges and processes in order to help secure a quorum.

Action: Approve the proposed amendments to the Bylaws as shown in the Exhibit to this Agenda item.

Motion: Dennis Koch, Madera County
Second: Steve Steinberg, Riverside County

Motion passed unanimously.

Public comment was heard from the following individual(s):
None.

9. GENERAL DISCUSSION

A. Each Mind Matters Outreach and Engagement Presentation

Joseph Robinson presented examples of new Each Mind Matters partnerships across the state.

B. Report from CalMHSA President – Terence M. Rooney

CalMHSA President, Terence Rooney,

C. Report from CalMHSA Executive Director

Executive Director, Dr. Clark, presented a state of the authority on the following items:

- DHCS Audit Update
- Lester Consulting Group Update
- Encourage Attendance at Payment Reform Educational Session

D. Report from CalMHSA Program Director – Ann Collentine

Program Director, Ann Collentine, expressed CalMHSA's appreciation for CalMHSA Staff member Aubrey Lara, who is leaving CalMHSA to pursue new endeavors.

Action: Discussion and/or action on items above, as deemed appropriate.

Public comment was heard from the following individual(s):
None.

10. PUBLIC COMMENTS

President Rooney invited members of the public to make comments on non-agenda items.

Public comment was heard from the following individual(s):
None

11. NEW BUSINESS

General discussion regarding any new business topics for future meetings.

12. CLOSING COMMENTS

13. ADJOURNMENT

Hearing no further comments, the meeting was adjourned at 12:33 p.m.

Respectfully submitted,

Michael Kennedy, MFT
Secretary, CalMHSA

Date



CalMHSA Executive Committee

TELECONFERENCE MINUTES FROM MAY 24, 2017

Executive Committee Members

Present

- Terence M. Rooney, Colusa County
- Alfredo Aguirre, San Diego County
- William Arroyo, Los Angeles County
- Dorian Kittrell, Butte County

Absent

- Dawan Utecht, Fresno County
- Michael Kennedy, Sonoma County
- William Walker, Kern County
- William Carter, Napa County

CalMHSA Staff

- Wayne Clark, Executive Director
- John Chaquica, Chief Operating Officer
- Kim Santin, Finance Director
- Ann Collentine, Program Director
- Laura Li, JPA Administrative Manager
- Armando Bastida, Executive Assistant

1. **Call to Order**

The CalMHSA Executive Committee teleconference was called to order at 1:08 p.m. on May 24, 2017 by CalMHSA President, Terence M. Rooney.

2. **Roll Call and Public Comment Instructions**

JPA Administrative Manager, Laura Li, CalMHSA, called roll and a quorum was established. All participants were asked to introduce themselves. CalMHSA President, Terence M. Rooney, proceeded to review the public comment instructions, noting that items not on the agenda would be reserved for public comment at the end of the meeting.

3. **CalMHSA Agreement for Administrative and Financial Services with ORA (George Hills Company):**

CalMHSA President, Terence M. Rooney provided an overview of the staff report providing justification for the sole source contract with George Hills Company. Executive Director, Wayne Clark provided the committee with history of previous discussions from the Finance Committee and Board meetings, where the item was discussed. Terence Rooney opened it up for discussion and questions. A motion was made for a three-year Agreement as it was found to be justified, however in consideration of the Board 's previous comments, William Arroyo, Los Angeles county, made a friendly amendment, by recommending a two (2) year term with the option of a one (1) extension, which was approved and supported by all committee members present.

Action: Recommend for Board of Directors approval of the Fourth Amendment to the George Hills contract, for a term of two (2) years, with the option of a one (1) year extension.

Motion: Los Angeles County – William Arroyo

Second: San Diego County – Alfredo Aguirre

Public comment was heard from the following individual(s):

None

4. **General Public Comment**

This time is reserved for members of the public to address the Committee relative to matters of CalMHSA not on the agenda. No action may be taken on non-agenda items unless authorized by law. Comments will be limited to three minutes per person and twenty minutes in total. The Committee may also limit public comment time regarding agenda items, if necessary, due to a lengthy agenda.

Public comment was heard from the following individual(s):

None

5. **Closing Comments**

CalMHSA President, Terence M. Rooney asked for any closing comments.

6. **Adjournment**

With no further comments, the meeting was adjourned at 1:22 p.m.

CalMHSA
Cash Balance
As of July 31, 2017

Cash Balance, 6/30/2017	6,316,053.82
Cash Received 07/01 to 07/31/2017	202,111.69
Cash Payments 07/01 to 7/31/2017	(590,059.19)
Cash Balance, 07/31/2017	5,928,106.32

Cash Balance by Institution	
California Bank & Trust	209,571.32
Morgan Stanley Smith Barney	1,471.13
Local Agency Investment Fund	5,717,063.87
Cash Total 7/31/2017	5,928,106.32

California Mental Health Services Authority
Projected Cash Flow
2017/2018

As of July 31, 2017

	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Totals
Beginning Cash Balance	6,316,053	5,928,106	5,058,273	6,902,923	8,598,934	7,988,633	7,381,832	6,793,530	6,212,966	5,632,402	5,065,838	4,485,274	6,316,053
Cash Receipts:													
Phase III - Sustainability 17-18	102,570	1,680,251	1,680,251	1,680,251									5,143,322
Private Fund Develop - Member Fee 16-17		88,258	88,258	88,258									264,773
Private Fund Develop - Member Fee 17-18	27,391	148,851	148,851	148,851									473,943
Suicide Prevention Hotline 17-18		181,278	181,278	181,278									543,833
State Hospital Beds 16-17		161,138	161,138										322,276
State Hospital Beds 17-18	51,874	189,676	189,676	189,676									620,902
Other (LAIF Interest, donations, etc.)	20,277			18,000			16,000			14,000			68,277
Total Cash Receipts	202,112	2,449,451	2,449,451	2,306,313	-	-	16,000	-	-	14,000	-	-	7,437,326
Cash Expenses:													
Phase II Obligations 2016/17	247,895	2,119,170	-	-	-	-	-	-	-	-	-	-	2,367,064
Phase III Obligations 2017/18		308,333	308,333	308,333	308,333	308,333	308,333	308,333	308,333	308,333	308,333	308,333	3,391,667
Suicide Prevention Hotline	57,749	42,718	42,718	42,718	42,718	42,718	42,718	42,718	42,718	42,718	42,718	42,718	527,646
Plumas Wellness Center	8,573												8,573
TTACB Contract		11,895	11,895	11,895	11,895	11,895	11,895	11,895	11,895	11,895	11,895	11,895	130,846
State Hospital Beds	88,750	40,282	40,282	40,282	40,282	40,282	40,282	40,282	40,282	40,282	40,282	40,282	531,853
Fiscal Modernization Project	3,648	3,223	3,223	3,223	3,223	3,223	3,223	3,223	3,223	3,223	3,223	3,223	39,097
Sutter	13,183	23,737	23,737	23,737	23,737	23,737	23,737	23,737	23,737	23,737	23,737	23,737	155,606
WET Program Expenditures		12,373	12,373	12,373	12,373	12,373	12,373	12,373	12,373	12,373	12,373	12,373	136,098
Private Fund Development	15,000	21,328	21,328	21,328	21,328	21,328	21,328	21,328	21,328	21,328	21,328	21,328	249,606
Total Administrative Expenses	155,262	140,413	140,913	146,413	146,413	142,913	140,413	140,413	140,413	140,413	140,413	175,413	1,749,801
Total Cash Expenses	590,059	3,319,283	604,801	610,301	610,301	606,801	604,301	580,564	580,564	580,564	580,564	615,564	9,883,669
Ending Cash Balance	5,928,106	5,058,273	6,902,923	8,598,934	7,988,633	7,381,832	6,793,530	6,212,966	5,632,402	5,065,838	4,485,274	3,869,710	3,869,710



"A George Hills Company Administered JPA"

Treasurer's Report

As of June 30, 2017

	Book Balance	Market Value	Effective Yield
Local Agency Investment Fund	\$6,250,187	\$6,243,566	0.98%
Morgan Stanley – Money Trust	1,471	1,471	0.01%
Cash with California Bank & Trust	64,396	64,396	0.00%
Total Cash and Investments	\$6,316,054	\$6,309,433	0.97%

Attached are the Local Agency Investment Fund (LAIF) statements detailing all investment transactions.

The LAIF market value was derived by applying the June 2017 fair value factor of 0.998940671 to the book balance.

I certify that this report reflects all cash and investments and is in conformance with the Authority's Investment Policy. The investment program herein shown provides sufficient cash flow liquidity to meet the Authority's expenditures for the next six (6) months.

Respectfully submitted,

Accepted,



Kim Santin, Finance Director

William Walker, Treasurer

Local Agency Investment Fund
 P.O. Box 942809
 Sacramento, CA 94209-0001
 (916) 653-3001

www.treasurer.ca.gov/pmia-laif/laif.asp
 May 04, 2017

CALIFORNIA MENTAL HEALTH SERVICES
 AUTHORITY
 STAFF
 3043 GOLD CANAL DRIVE, SUITE 200
 RANCHO CORDOVA, CA 95670

PMIA Average Monthly Yields

Account Number:
 40-34-021

Tran Type Definitions

April 2017 Statement

Effective Date	Transaction Date	Tran Type	Tran Confirm Number	Authorized Caller	Amount
4/14/2017	4/13/2017	QRD	1534243	SYSTEM	16,715.67
4/21/2017	4/20/2017	RW	1535676	KIM SANTIN	-900,000.00

Account Summary

Total Deposit:	16,715.67	Beginning Balance:	8,258,471.33
Total Withdrawal:	-900,000.00	Ending Balance:	7,375,187.00

Local Agency Investment Fund
P.O. Box 942809
Sacramento, CA 94209-0001
(916) 653-3001

www.treasurer.ca.gov/pmia-laif/laif.asp
June 01, 2017

CALIFORNIA MENTAL HEALTH SERVICES
AUTHORITY
STAFF
3043 GOLD CANAL DRIVE, SUITE 200
RANCHO CORDOVA, CA 95670

PMIA Average Monthly Yields

Account Number:
40-34-021

Tran Type Definitions

May 2017 Statement

Effective Date	Transaction Date	Tran Type	Confirm Number	Authorized Caller	Amount
5/30/2017	5/26/2017	RW	1538172	KIM SANTIN	-525,000.00

Account Summary

Total Deposit:	0.00	Beginning Balance:	7,375,187.00
Total Withdrawal:	-525,000.00	Ending Balance:	6,850,187.00

Local Agency Investment Fund
P.O. Box 942809
Sacramento, CA 94209-0001
(916) 653-3001

www.treasurer.ca.gov/pmia-laif/laif.asp
July 03, 2017

CALIFORNIA MENTAL HEALTH SERVICES
AUTHORITY
STAFF
3043 GOLD CANAL DRIVE, SUITE 200
RANCHO CORDOVA, CA 95670

PMIA Average Monthly Yields

Account Number:
40-34-021

Tran Type Definitions

June 2017 Statement

Effective Date	Transaction Date	Tran Type	Confirm Number	Authorized Caller	Amount
6/22/2017	6/21/2017	RW	1539754	KIM SANTIN	-600,000.00

Account Summary

Total Deposit:	0.00	Beginning Balance:	6,850,187.00
Total Withdrawal:	-600,000.00	Ending Balance:	6,250,187.00

PROGRAM PRESENTATION
Agenda Item 6.A.

SUBJECT: Active Minds

ACTION FOR CONSIDERATION:

None, information only.

BACKGROUND AND STATUS:

In 2016, the CalMHSA Board requested that meetings incorporate more program updates and presentations from contractors. This presentation provides an overview of the activities of Active Minds, a contractor of the CalMHSA Statewide PEI Project Each Mind Matters.

Active Minds (www.activeminds.org) is the nation's premier nonprofit organization supporting mental health awareness and education for students. Through award-winning programs and services, Active Minds is empowering a new generation to speak openly, act courageously, and change the conversation about mental health for everyone. Active Minds has been a contractor with CalMHSA since 2015. Today's presentation highlights their efforts in California since being funded through CalMHSA.

FISCAL IMPACT:

None.

RECOMMENDATION:

None, information only.

TYPE OF VOTE REQUIRED:

None, information only.

REFERENCE MATERIAL(S) ATTACHED:

- Active Minds Presentation slide deck
- 2016 – 2017 At a Glance



Peer-to-Peer Approaches to Mental Health Prevention and Early Intervention

In Partnership with California Counties and CalMHSA



What is Active Minds?

Active Minds empowers students to change the perception about mental health on college campuses.



A glimpse...

Programs

- Campus and community events
- Awareness Campaign Kits
- Online courses
- Student-led policy change on diverse campuses
- Speakers Bureau
- Send Silence Packing
- Healthy Campus Award
- Transform Your Campus
- Mental Health Unity Pledge
- And more...

Reach

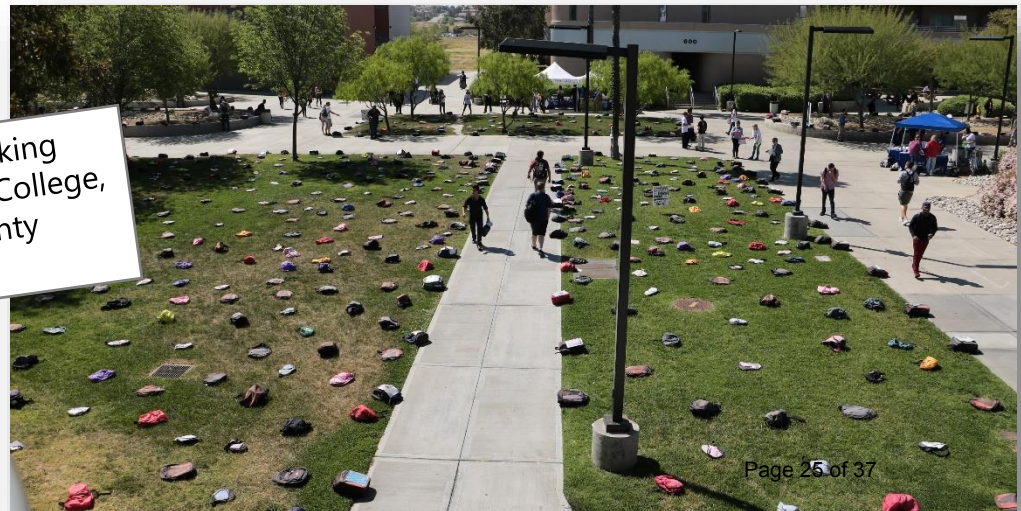
- 400+ chapters in 50 states, 17 countries, and The Commonwealth of Puerto Rico
 - 18 Historically Black Colleges and Universities
 - 35 Community Colleges
 - 63 Hispanic Serving Institutions
- 12,400 chapter members, reaching 5.4 million peers



Since Partnering with CalMHSA...

- 30 Send Silence Packing Displays, in three tours
- 2 National Conferences
- 1,152 students involved with major RAND Evaluation
- 18 chapters directly involved in CalMHSA chapter cohort projects
- 248 students trained in QPR suicide prevention
- More than 1,500 student-led, awareness-building, stigma-busting events
- 21 California counties currently involved with Active Minds activities

Send Silence Packing
Mount San Jacinto College,
Riverside County
April 2017



Sadaf, San Jose State Santa Clara County

“This project brought so many more students to our table, especially in monthly meetings. This project definitely impacted our chapter for the better: it increased our connections with students throughout California, and opened opportunities at our own campus. Many people shared how they made friends through Active Minds and that they (especially new freshman and Transfer students) felt more connected to the school and welcomed, thanks to us.”



Becky, Cerritos College Los Angeles County

"I am really excited about the level of member engagement and the prominence of our chapter on campus. We started out with about 8 individuals coming to our meetings in Fall 2016... Fast-forward to the end of Spring 2017, and we have about 13-15 members coming to each meeting."



Kirsten, UCLA Los Angeles County

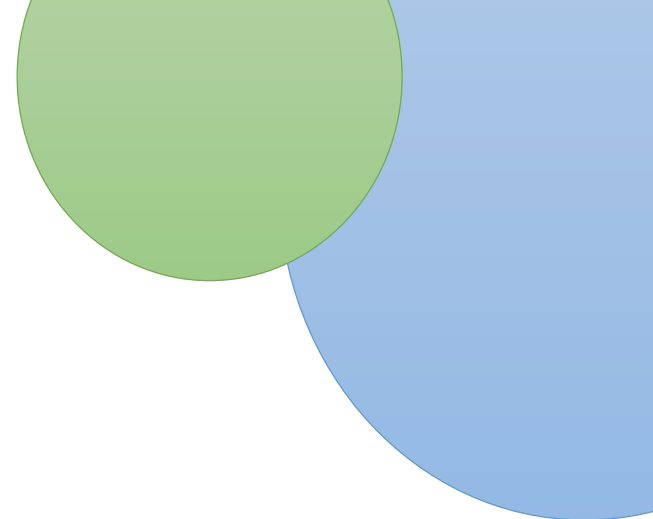
“Being a fellow for the [CalMHSA] project opened the door to many valuable opportunities, new learning experiences, and lasting relationships formed that truly impacted my development this year.”



Ashley, CSU Fullerton Orange County

“I think this project allowed me to be more comfortable talking about mental health issues and telling people about the tangible work we are doing to combat stigma. People were fascinated with the work that the State of California is doing. This project created an interest in me to explore career options in public health research. We grew our [Active Minds leadership] board from 3 to 6 members within 6 months. We also nearly tripled our membership.”





Becky Fein, MPH

becky@activeminds.org

California Statewide Program Manager

Based in Sonoma County



2016-2017 At a Glance

Send Silence Packing

- ◆ 17 displays
- ◆ 9 counties
- ◆ Approximately 28,125 people

Mental Health on Campus Conference 2016

- ◆ 372 Attendees (with 44% from California)
- ◆ Represented 32 states and 69 different colleges/universities (25 CA campuses)

Mental Health Policy Day

- ◆ 66 attendees: 29 UC students, 17 CSU, 7 CCC, and 13 mental health professionals
- ◆ **Partners:** CalMHSA, Foundation for California Community Colleges, Each Mind Matters, the Steinberg Institute, California Homeless Youth Project, California State Student Association, University of California Student Association, Mental Health America, California Youth Empowerment Network

Student Cohorts

- ◆ **Outcomes Cohort:** 12 schools (3 CCCs, 5 CSUs, 4 UCs) participated in the statewide RAND evaluation
 - ◆ **Purpose:** Each school had two Project Fellows who led the ground efforts of the RAND evaluation and outcome-oriented programming throughout the year.
 - ◆ 1,153 student participants in longitudinal study, implemented by RAND
 - ◆ 74% of survey-takers completed all three waves of the survey
 - ◆ Data cleaning underway, analysis anticipated for release in the coming months
- ◆ **Active Minds for Every Mind Cohort:** 6 schools (1 UC, 2 CSUs, 2 CCCs, 1 private college)
 - ◆ **Purpose:** Each school had a trained Ambassador who conducted a Campus Needs Assessment with the ultimate goal of identifying a specific population to reach out to with targeted mental health messaging and programming.
 - ◆ 147 students attended 7 events at the 6 campuses. Among them, Active Minds at CSULB presents **Latinx & Mental Health "Oye Mi Gente, Hablemos de Una Sana Mente**, Active Minds at UCSB presents **Chican/x latin/x Mental Health Awareness In Our Communities**, & Active Minds at Moreno Valley presents **Active Minds for All Minds: Exploring Trans Identities**
 - ◆ Highlights from attendee evaluations:
 - ◆ Before event, **28%** of students reported being somewhat or very familiar with Each Mind Matters
 - ◆ After event, **79%** of students reported being somewhat or very familiar with Each Mind Matters
 - ◆ **41%** of attendees identified as Hispanic/Latino
 - ◆ **20%** identified as LGBTQ
 - ◆ **53%** reported having never attended a mental health event before this one

Mark Your Calendars...

National Mental Health on Campus Conference in Washington, DC: November 3-5, 2017

Send Silence Packing tours in CA: Late November 2017, and March—May 2018

National Day Without Stigma: October 9, 2017

Healthy Campus Award Call for Applications: opens October 10, 2017

Stress Less Weeks: December 3-9, 2017 & April 15-21, 2018

Active Minds Chapter events throughout the state: Ongoing



California's Mental Health Movement

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Funded by counties through the voter-approved Mental Health Services Act (Prop. 63.)

What is Active Minds up to next?

Expand and enhance Active Minds for Every Mind Cohort

Using lessons learned and best practices, students will lead advocacy efforts on their campuses that specifically aim to embolden and diversify mental health messaging/Each Mind Matters dissemination

Policy advocacy work

Engage young adults and student advocates with their county-level Mental Health Services Act efforts.

Send Silence Packing & Active Minds Speakers Bureau Tour

Send Silence Packing in the Fall and Spring semesters. (Now accepting applications!)

Speakers Bureau events in Fall and/or Spring. Stay tuned for application opportunity!

Engaging non-affiliated campuses

Focusing on strengthening existing chapters, and reaching campuses/counties that are not currently affiliated with Active Minds. Opportunities for non-affiliated campuses: Speakers Bureau, Active Minds for Every Mind Cohort project, Send Silence Packing, awareness campaigns

Creating and promoting new materials for young adults

VAR: Validate, Affirm, Refer handout, discussion guide, and accompanying online materials intended to support action-oriented, peer-led discussions

Post-vention Guide: Resource for students to activate and respond in the wake of a campus loss to suicide

Emphasizing partnerships

Mutually elevating CalMHSA partners' goals, efforts, and endeavors

PROGRAM MATTERS
Agenda Item 7.A.

SUBJECT: PROJECT EXPLORATION - MENTAL HEALTH PLAN HANDBOOK TRANSLATION

BACKGROUND AND STATUS:

Formation of Programs:

CalMHSA has the authority to use administrative funds for the purpose of exploring the feasibility of new Programs. Programs involving more than one member and contributions made directly by such Members requires a vote of the full Board. Participants in any given program shall adopt and maintain a Participation Agreement to establish the operating guidelines of that Program.

Project to be Explored:

In July 2017, Kirsten Barlow (CBHDA), Mary Hale (Orange County), and Suzanne Tavano (Marin County) requested that CalMHSA explore the possibility of implementing a Statewide Project to support counties in translating the state section of the Mental Health Plan Handbook, per the requirements of the California Department of Healthcare Services.

CalMHSA requests interest and urgency from member counties in exploring the development of the Mental Health Plan Handbook Translation Project.

Next Steps:

Staff seeks member input on regarding exploration for this project, to include interest and priority level. Upon obtaining this information from the Board, staff will report back at the October 2017 meeting with a detailed scope of work, estimated costs, defined minimum participation and recommendations. At the October meeting, the Board would be asked to vote on approving the Program as a JPA, followed by soliciting member involvement to ascertain if critical minimum amount is achieved in order to move forward.

It is anticipated that project exploration will take up to 25 hours for the vetting process and preparation of a comprehensive report to allow the Members to consider and make informed decisions.

FISCAL IMPACT:

To be determined.

ACTION FOR CONSIDERATION:

Staff seeks direction from the Board as to the following:

1. Whether staff should further explore this project.

2. Whether to make project a priority or table it for a future date.
3. Whether staff should bring project back to Board in October with more detailed information and a budget that includes exploration costs and estimated project costs for board consideration.

TYPE OF VOTE REQUIRED:

Direction Requested

REFERENCE MATERIAL(S) ATTACHED:

None

GENERAL DISCUSSION
Agenda Item 8.A.

SUBJECT: **Report from CalMHSA President – Terence M. Rooney**

ACTION FOR CONSIDERATION:

Discussion and/or action on items below, as deemed appropriate.

BACKGROUND AND STATUS:

CalMHSA President, Terence M. Rooney, will be reporting on the following items.

- General
- CalMHSA Meetings Post By-law Changes

FISCAL IMPACT:

None.

RECOMMENDATION:

Discussion and/or action on items above, as deemed appropriate.

TYPE OF VOTE REQUIRED:

Majority vote.

REFERENCE MATERIAL(S) ATTACHED:

- None.

GENERAL DISCUSSION
Agenda Item 8.B.

SUBJECT: Report from CalMHSA Executive Director – Wayne Clark

ACTION FOR CONSIDERATION:

Discussion and/or action on items below, as deemed appropriate.

BACKGROUND AND STATUS:

CalMHSA Executive Director, Wayne Clark, will be presenting a State of the Authority and will be reporting on the following items.

- General
- Member Services

FISCAL IMPACT:

None.

RECOMMENDATION:

Discussion and/or action on items above, as deemed appropriate.

TYPE OF VOTE REQUIRED:

Majority vote.

REFERENCE MATERIAL(S) ATTACHED:

- None.

GENERAL DISCUSSION
Agenda Item 8.C.

SUBJECT: Report from CalMHSA Program Director – Ann Collentine

ACTION FOR CONSIDERATION:

Discussion and/or action on items below, as deemed appropriate.

BACKGROUND AND STATUS:

CalMHSA Program Director, Ann Collentine, will be reporting on the following items.

- General

FISCAL IMPACT:

None.

RECOMMENDATION:

Discussion and/or action on items above, as deemed appropriate.

TYPE OF VOTE REQUIRED:

Majority vote.

REFERENCE MATERIAL(S) ATTACHED:

- None.