

Medi-Cal Peer Certification Stakeholder Advisory Council

Date: June 16, 2023

Time: 1:00-2:00p

Zoom link: <https://us02web.zoom.us/j/87812257014>

or Dial In: 1-669-444-9171 **Meeting ID:** 878 1225 7014

Participants	
Name	County
Maria Arteaga	Santa Barbara County
Kristen Mungcal	San Bernardino County
Martha Contreras	LA county
Min Suh	Lake County
Patricia Barrett	San Joaquin County

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Topic	Notes
Roll Call	We asked the Stakeholder Advisory Council members to type in their name and county in the Zoom chat to indicate their attendance.
Housekeeping	We reviewed the ways to raise your hand once called on, how to mute/unmute yourself when dialed in by phone. We also provided information regarding Spanish interpretation and live transcripts. Also, we reminded everyone to use the Q&A feature so that their questions will be recorded in the notes. We also gave everyone the reminder to speak for a maximum of one minute during public comment to ensure everyone has a chance to speak.
Meeting Agreements	As a group, we reviewed the meeting agreements that have been previously established – no changes were made.
Program Updates	<p>CalMHSA has open applications for Stakeholder Advisory Council members, deadline to apply is 06.30.23.</p> <p>CalMHSA has selected and awarded the Request for Proposals for the Unhoused, Crisis Care, & Justice Involved specializations, we are currently in the contracting phase. This list of awardees is posted on CalMHSA’s website: Current Announcements - California Mental Health Services Authority (calmhsa.org).</p> <p>CalMHSA has updated the exam accommodation’s form and there is a new comfort aid list, which doesn’t require an accommodation’s request form.</p> <p>As a reminder, CalMHSA’s grandparenting deadline is quickly approaching, June 30th, 2023.</p>
Data Snapshots	<p>Since May 2, 2022, CalMHSA has received 3,924 applications as of 15th June 2023.</p> <p>The majority, 65%, of these applicants are for the Initial Certification pathway, while the remaining 35% have opted for the Grandparenting pathway.</p> <ul style="list-style-type: none"> • Scholarships: <ul style="list-style-type: none"> • 2,392 awarded for Initial Certification pathway • 1,258 awarded for grandparenting pathway <p>Currently, 1225 applicants have received certification for Medi-Cal Peer Support Specialists!</p> <p>Application Status as follows:</p>

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- In Revision: 311
- Training in progress: 1303
- Approved for exam: 978
- Exam not passed 107
- Certified 1225

Demographic of Data Applicants

Applicants age:

- 60 years +: 10%
- 18-25 years: 9%
- 26-59 years: 81%

Applicant language:

- English: 92%
- Spanish: 5%
- Other: 3%

Applicant Race/Ethnicity:

- White or Caucasian: 31%
- Hispanic or Latinx: 35%
- Black or African American: 16%
- Native American or Alaskan Native: 1!
- Asian or Pacific Islander: 5%
- Multi-racial: 7%
- Decline to answer: 4:

Applicant Gender:

- Female: 70%
- Male: 26%
- Genderqueer: 2%
- Transgender: 1%
- Decline to answer: 1%

Applicant's Lived Experience Data:

Parent, Caregiver, Family member:

Mental Health: 68%

SUD: 54%

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	<p>Personal Recovery: Mental Health: 75% SUD: 48%</p> <ul style="list-style-type: none"> •
<p>Best Practice Guidelines</p>	<div style="border: 2px solid black; padding: 10px;"> <ol style="list-style-type: none"> 1. Introduction <ol style="list-style-type: none"> a. Purpose of the guidelines b. History of Peer movement 2. Overview of Peer Work in Behavioral Health Settings <ol style="list-style-type: none"> a. Value of peer workers in behavioral health settings b. Unique needs and challenges of peer workers in behavioral health settings 3. Recruitment and Hiring <ol style="list-style-type: none"> a. Identifying job requirements and qualifications b. Conducting interviews and selecting candidates <ol style="list-style-type: none"> i. <u>Evaluate for discriminatory practices</u> (i.e., formal education or on-the job experience requirements) c. Compensation and benefits <ol style="list-style-type: none"> i. Ensure fair compensation and <u>benefits</u> d. Offering flexible work arrangements e. Opportunity for career advancement (career ladder) 4. Work Environment <ol style="list-style-type: none"> a. Establishing a welcoming and inclusive workplace culture <ol style="list-style-type: none"> i. Addressing discrimination and harassment b. Encouraging team collaboration and communication c. Developing and implementing policies and procedures that support peer <u>work</u> d. Creating a feedback mechanism for peer workers to provide input on policies and <u>procedures</u> 5. Training and Professional Development <ol style="list-style-type: none"> a. Providing initial and ongoing training b. Supporting continuing education and professional development opportunities </div>

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	<div style="border: 2px solid black; padding: 10px;"> <ul style="list-style-type: none"> 6. Peer Support <ul style="list-style-type: none"> a. Scope of Services <ul style="list-style-type: none"> i. Engagement ii. Educational Skill Building Groups iii. Therapeutic Activity b. Evidence-based peer practices: <ul style="list-style-type: none"> i. The Helper Therapy Principle ii. Peer Listening and Disclosing iii. Recovery Planning iv. Self-Help Support Groups v. Peer Bridging 7. Supervision and Support <ul style="list-style-type: none"> a. Providing regular and effective supervision b. Offering emotional support and encouragement c. Knowledge of Code of Ethics for Medi-Cal Peer Support Specialists d. Supervision of peer workers training (link to resource) 8. Workplace Readiness Checklist </div>
<p>Public Comment</p>	<p>A member from the public took the time to advocate for the Best Practice Guidelines to include recommendations for a livable wage for Peer support workers.</p> <p>A Stakeholder member asked for the Best Practice Guidelines to include billing details, another stakeholder member also asked for the guidelines to include demographic of certified peer support specialists in California.</p> <p>A stakeholder also asked if we could include demographic of other professions that have certified personnel compared to certified peer specialists. Another stakeholder member also asked for the Best Practice Guidelines to include information on ADA accommodation that is allowed in the workplace.</p> <p>A member from the community asked the pricing for the specialization training, CalMHSA stated pricing is up-to the training vendor.</p> <p>A member also asked about CEUs, CalMHSA will provide an update on CEUs soon.</p> <p>A member from the community also asked if CalMHSA is obtaining feedback/evaluations from training vendors.</p>

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Upcoming General Meetings	Our next meeting is: Friday July 21, 2023 <u>Zoom Dial-in Information:</u> Dial-In: 1-669-444-9171 Webinar ID: 895 6617 3539 Weblink: https://us02web.zoom.us/j/89566173539
Adjourn	Thank you for your participation