



JOIN US!

FREE EVENT

Los Angeles County Department of Mental Health is hosting “Take Action” events near you!

Come and enjoy:

- Free food, music & giveaways
- Free community resources
- Meditation, yoga & other wellness activities

Monday, May 5, 2025, 11 am - 3 pm

Service Area 6
Los Angeles Southwest College
1600 W. Imperial Hwy., Los Angeles



IN PARTNERSHIP WITH:



WELLNESS • RECOVERY • RESILIENCE

For ADA accommodations, community members should reach out to:

Email: ADA@dmh.lacounty.gov

Phone: (213) 943-8120
(213) 947-6837

Check out all events at: www.takeactionla.com