



JOIN US!

FREE EVENT

**Los Angeles County
Department of Mental Health
is hosting “Take Action” events near you!**

Come and enjoy:

- Free food, music & giveaways
- Free community resources
- Meditation, yoga & other wellness activities

Tuesday, May 13, 2025, 11 am - 3 pm

**Service Area 7
Rio Hondo College
(Quad)
3600 Workman Mill Rd., Whittier**



IN PARTNERSHIP WITH:



**RÍO HONDO
COLLEGE**



WELLNESS • RECOVERY • RESILIENCE

For ADA accommodations, community members should reach out to:

Email: ADA@dmh.lacounty.gov

Phone: (213) 943-8120
(213) 947-6837

Check out all events at: www.takeactionla.com